

# SEPTEMBER 2023

LUNCH IS SERVED AT 12:00 NOON  
PLEASE CALL BEFORE 10:00 AM TO RESERVE YOUR LUNCH  
210-695-8510

**\*\*\*Menu is subject to change\*\*\***

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 <b>Labor Day</b> <b>Casa Helotes</b> <b>CLOSED</b>	5 OVEN BAKE BBQ CHICKEN W/ POTATO SALAD & CREAMY CORN  GOLDEN BUTTER CAKE	6 SALISBURY STEAK W ONION GRAVY, RICE & VEGGIES  PISTACHIO PUDDING	7 SPICY SAUSAGE PASTA W/ GREEN SALAD & BREAD  STRAWBERRY JELLO	8 <b>Casa Helotes</b> <b>CLOSED</b>
11 MEATLOAF W/ MASHED POTATOES & MIX VEGGIES  VANILLA PUDDING	12 CHICKEN ENCHILADAS W/ RICE & REFRIED BEANS  LIME JELLO	13 SAUSAGE & PEPPERS SKILLET W/ CHARRO BEANS & RICE  STRAWBERRY CUPCAKES	14 FRY FISH W/ POTATOES & SALAD  BROWNIES	15 <b>Casa Helotes</b> <b>CLOSED</b>
18 TEXAS CHILI W/ CORNBREAD & SALAD  CARROT CAKE	19 CHICKEN SALAD SANDWICH W/ GREEN SALAD & CHIPS  FRUIT CUP	20 CREAMY POTATO & HAM SOUP W/ SALAD & BREAD  CHOCOLATE PUDDING	21 SMOKED SAUSAGE PASTA W/ BROCCOLI & BREAD  GRAPE JELLO	22 <b>Casa Helotes</b> <b>CLOSED</b>
25 CHICKEN RICE W/ VEGGIES & BREAD  BANANA PUDDING	26 FIDEO LOCO W/ FLOUR TORTILLA & SALAD  RED VELVET CUPCAKES	27 SAUSAGE AND POTATO CASSEROLE W/ MIX VEGGIES AND BREAD  RASPBERRY JELLO	28 TUNA SALAD BOWL W/ GREENS & CRACKERS  CREAMY FRUIT CUP	29 <b>Casa Helotes</b> <b>CLOSED</b>