Monday, Sep 1, 2025	Tuesday, Sept 2, 2025	Wednesday, Sep 3, 2025	Thursday, Sep 4, 2025	Friday, Sep 5, 2025
*****	2 Pancakes (174)	Oatmeal (160)	Waffle (90)	Country Sausage, Egg
	Syrup & Butter (160)	Toast, Butter, Jelly (165)	Syrup & Butter (160)	Taco (350)
****	2 Strips Bacon (40)	Fresh Banana (100)	Sausage Link (96)	Picante Salsa (10)
HAPPY	Sliced Pears (80)	2% Milk (60)	Warm Peaches (70)	Warm Apple Slices (50)
LABOR DAY	2% Milk (60)	Cranberry Juice (50)	2% Milk (60)	2% Milk (60)
	Orange Juice (55)	1	Apple Juice (60)	Cranberry Juice (50)
	'	1	1	1
	569 calories	535 calories	536 calories	520 calories
Monday, Sep 8, 2025	Tuesday, Sep 9, 2025	Wednesday, Sep 10, 2025	Thursday, Sep 11, 2025	Friday, Sep 12, 2025
Honey Nut Cereal (140)	French Toast Casserole (382)	Bacon & Cheese Egg Bites	Scrambled Eggs (200)	Potato, Egg Taco (250)
Toast, Butter, Jelly (165)	2% Milk (60)	(260)	2 Strips Bacon (40)	Picante Salsa (10)
2% Milk (60)	Apple Juice (60)	Toast, Jelly (105)	Toast, Jelly (105)	Strawberries (45)
Fresh Banana (100)	Strawberries (45)	Sliced Peaches (70)	2% Milk (60)	2% Milk (60)
Orange Juice (55)	1	2% Milk (60)	Orange Juice (55)	Apple Juice (65)
520 calories	547 calories	Cranberry Juice (50)	Sliced Peaches (70)	1
	'	545 calories	530 calories	430 calories
Monday, Sep 15, 2025	Tuesday, Sep16, 2025	Wednesday, Sep 17, 2025	Thursday, Sep 18, 2025	Friday, Sep 19, 2025
French Toast Sticks (248)	Corn Flakes Cereal (140)	2 Pancakes (174)	Oatmeal (160)	Bacon , Egg Taco (240)
Syrup (100)	Toast, Butter, Jelly (165)	Syrup & Butter (160)	Toast, Butter, Jelly (165)	Picante Salsa (10)
2% Milk (60)	2% Milk (60)	2 Strips Bacon (40)	Fresh Banana (100)	2% Milk (60)
Cranberry Juice (50)	Fresh Banana (100)	Sliced Pears (80)	2% Milk (60)	Orange Juice (50)
Warm Peaches (70)	Orange Juice (55)	2% Milk (60)	Cranberry Juice (50)	Mango, Berry Cup (70)
1	'	Apple Juice (60)		1
528 calories	515 calories	574 calories	535 calories	430 calories
Monday, Sep 22, 2025	Tuesday, Sep 23, 2025	Wednesday, Sep 24, 2025	Thursday, Sep 25, 2025	Friday, Sep 26, 2025
Waffle (90)	Bacon & Cheese Egg Bites	Honey Nut Cereal (140)	2 Pancakes (174), Syrup &	Country Sausage, Egg
Syrup & Butter (160)	(260), Toast, Jelly (105)	Toast, Butter, Jelly (165)	Butter (160), 2 Strips	Taco (350), Salsa (10)
Sausage Link (96)	Sliced Peaches (70)	2% Milk (60)	Bacon (40), Sliced Pears	Warm Apple Slices (50)
Warm Peaches (70)	2% Milk (60)	Fresh Banana (100)	(80), 2% Milk (60)	2% Milk (60)
2% Milk (60)	Cranberry Juice (50)	Orange Juice (55)	Orange Juice (55)	Cranberry Juice (50)
Apple Juice (60) 536 calories	545 calories	520 calories	569 calories	520 calories
Monday, Sep 29, 2025	Tuesday, Sep 30, 2025			
Oatmeal (160), Toast, Butter,	French Toast Sticks (248)	Area Agency	<u> </u>	1
Jelly (165), Warm Apple Slices	Syrup (100), 2% Milk (60)	on Aging	A 400G	1
(50), 2% Milk (60), Orange Juice	Cranberry Juice (50)		AACOG	1
(55) 490 calories	Peaches (70) 588 Calories	Funded through the Texas Department of Aging and Disability Services Alamo Area Council of Governments	Alamo Area Council of Governments	1
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