

November 2024 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 AACO Alamo Area Council of Governments	 Area Agency on Aging <small>Funded through the Texas Department of Aging and Disability Services</small> Alamo Area Council of Governments			November 1, 2024 Spanish Rice Casserole Tortillas Salsa & Sour Cream Sugar Free Jello 765
Monday	Tuesday	Wednesday	Thursday	Friday
November 4, 2024 Corn Chowder with Bacon Half Turkey Sandwich Tossed Salad SF Jello 826	November 5, 2024 Chicken & Dumpling Casserole Sautéed Zucchini & Squash Banana 643	November 6, 2024 Lemon Baked Tilapia Scalloped Potatoes Glazed Carrots Berry Dump Cake 756	November 7, 2024 Italian Wedding Soup Baked Sweet Potato Wedges Caesar Salad Garlic Bread SF Jello 768	November 8, 2024 Baked Mushroom Chicken White Rice Roasted Vegetables 777
Monday	Tuesday	Wednesday	Thursday	Friday
November 11, 2024 Veterans Day Casa Helotes Closed	November 12, 2024 Chicken Salad Sandwich Roasted Broccoli Potato Chips Fruit Salad 634	November 13, 2024 Chef Salad Half BLT Mixed Veggies Mandarin Oranges 735	November 14, 2024 Chicken Rotini w/ Spinach Roasted Asparagus Chocolate Pudding 752	November 15, 2024 Beef Taco Casserole Avocado Spread Chips Sliced Peaches 837
Monday	Tuesday	Wednesday	Thursday	Friday
November 18, 2024 Half Tuna Sandwich Tomato Soup Fruit salad Pita Chips 732	November 19, 2024 Beef Stroganoff Egg Noodles Roasted Brussel Sprouts SF Jello 762	November 20, 2024 Herb Baked Chicken Roasted Cauliflower Baked Potatoe Bites Peanut Butter Cookie 646	November 21, 2024 Egg Salad Sandwich Mixed Veggies Sun Chips Activia 718	November 22, 2024 Taco Soup Cornbread Muffin Cucumber & Tomato Salad Blueberry Crumble Bars 898
Monday	Tuesday	Wednesday	Thursday	Friday
November 25, 2024 Chicken & Spinach Stuffed Shells Garden Salad Garlic Stick Oatmeal Cookie 822	November 26, 2024 Roasted Turkey Dressing Gravy Green Bean Casserole Hawaiian Roll 1037	November 27, 2024 Creamy Tarragon Chicken Roasted Asparagus Diced Red Potatoes Banana Pudding 829	Closed for Thanksgiving	November 29, 2024 Casa Helotes Closed

Approved
 30-Oct-24
 Carey Stites MS, RDN, LD