



FEBRUARY LUNCH MENU



Mon, Feb 2, 2026	Tues, Feb 3, 2026	Wed, Feb 4, 2026	Thurs, Feb 5, 2026	Fri, Feb 6, 2026
Cheese Tortellini w/Crab and Feta (500) Squash Medley (75) Banana (105) Ice Cream Cup (130) <i>805 Calories</i>	Tortilla Casserole w/chicken (700) Black Beans (125) Southwest Corn (80) Pineapple Pieces (80) <i>985 calories</i>	Salisbury Steak w/Gravy (400) Roasted Red Potatoes (110) Green Beans(40) Mixed Fruit(70) Pudding Cup (100) <i>720 Calories</i>	Bacon Wrapped Pork Roast(550) Mushroom Onion Gravy(100) Yellow Squash Noodles(75) Mashed Potatoes (125) Mango chunks (90) <i>940 Calories</i>	Fish and Chips(800) Sweet Peas(70) Fruit Cocktail(100) <i>970 Calories</i>
Mon, Feb 9, 2026	Tues, Feb 10, 2026	Wed, Feb 11, 2026	Thurs, Feb 12, 2026	Fri, Feb 13, 2026
Beef Bolognese Lasagna(250) Tossed Caesar Salad(200) Garlic Bread(180) Peaches(78) Italian Ice(170) <i>878 Calories</i>	Beef and Cheese Enchilada(362) Spanish Rice(150) Refried Beans(136) Mango Chunks(90) <i>738 Calories</i>	Beef Tips and Gravy(340) Mashed Potatoes(125) Broccoli (30) Pears (84) Ice Cream Cup (130) <i>709 Calories</i>	Pork Loin Chops(550) Mushroom Gravy(100) Squash Medley(75) Roasted Red Potatoes(110) Apple Sauce(55) <i>890 Calories</i>	Chicken Fried Steak(300) Creamed Spinach(350) Mashed Potatoes(125) Strawberry Spinach Salad(125) Baguette (70) <i>970 Calories</i>
Mon, Feb 16, 2026	Tues, Feb 17, 2026	Wed, Feb 18, 2026	Thurs, Feb 19, 2026	Fri, Feb 20, 2026
Tuna Noodle Casserole(450) Peas and Carrots(80) Sliced Bread(70) Pineapple Chunks(80) Sherbet Cup(80) <i>760 Calories</i>	Pulled Pork Tacos(450) Spanish Rice(154) Pinto Beans(121) Fruit Cocktail(100) <i>825 calories</i>	Old School Pot Roast With Potatoes & Carrots (600) Steamed Broccoli (30) Pears (84) Ice Cream Cup (130) <i>844 Calories</i>	Chicken Parisienne (150) Rich White Gravy (100) Mashed Potatoes (125) Green Beans (45) Peaches (78) Watergate Salad (167) <i>665Calories</i>	Fish Piccata (265) Steamed Yellow Squash (20) Rice Pilaf (220) Dinner Roll (80) Pineapple (80) Pudding Cup(100) <i>765Calories</i>
Mon, Feb 23, 2026	Tues, Feb 24, 2026	Wed, Feb 25, 2026	Thurs, Feb 26, 2026	Fri, Feb 27, 2026
Black Eyed Pea Italian Sausage Casserole with Combread Dumplings (450) Sauteed Spinach (60) Mixed Fruit (70) Ice Cream Cup (130) <i>710 Calories</i>	Chicken/Cheese Quesadilla (400) Elote (1/2 ear) (100) Refried Beans (136) Pears (84) <i>720 Calories</i>	Cheeseburger (500) Caramelized Onions (45) French Fries (250) Brussel Sprouts (roasted) (38) Peaches (78) Sherbet (80) <i>991 Calories</i>	Jägerschnitzel (500) (<i>Breaded Fried Pork</i>) Rich Brown Gravy (100) Mashed Potatoes (125) Asparagus (30) Cinnamon Apples (65) <i>820 Calories</i>	Fish Po Boy (600) Lemony Coleslaw (41) Potato Wedges (150) Pineapple Chunks (80) Pudding Cup (100) <i>971 Calories</i>

Approved 1.30.26
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