

<b>Monday Mar 2</b> Beef Lasagna(250) Tossed Caesar Salad(200) Garlic Bread(180) Peaches(78) Italian Ice(170) 878 Calories	<b>Tuesday Mar 3</b> Pulled Pork Tacos(450) Spanish Rice(154) Pinto Beans(121) Fruit Cocktail(100) Rice Pudding (125) 950 Calories	<b>Wednesday Mar 4</b> Chicken Chow Mein (440) Broccoli (40) Peaches (110) Fortune Cookie (35) 625 Calories	<b>Thursday Mar 5</b> Pork Loin Chops(550) Mushroom Gravy(100) Squash Medley(75) Mashed Potatoes(125) Apple Sauce(55) 905 Calories	<b>Friday Mar 6</b> Fish and Chips(800) Sweet Peas(70) Fruit Cocktail(100) Jello Cup (5) 975 Calories
<b>Monday Mar 9</b> Hamburger w/Onion Gravy (320) Mashed Potatoes (125) Broccoli (30) Mixed Fruit (70) Jello Cup (90) 635 Calories	<b>Tuesday Mar 10</b> Beef and Cheese Enchilada(362) Spanish Rice(150) Refried Beans(136) Mango Chunks(90) Chocolate Chip Cookies (160) 898 Calories	<b>Wednesday Mar 11</b> BBQ Pulled Pork Sandwich (525) Cole Slaw (175) BBQ Beans (120) Grapes (50) Banana Pudding (125) 995 Calories	<b>Thursday Mar 12</b> Chicken Parisienne (150) Rich White Gravy (100) Mashed Potatoes (125) Green Beans (45) Pineapple (78) Watergate Salad (167) 665 Calories	<b>Friday Mar 13</b> Panko Crusted Fish (300) Seasoned Rice (160) Normandy Vegetables (30) Peaches (80) Ice Cream Cup (130) 700 Calories
<b>Monday Mar 16</b> Spaghetti W/Meat Sauce (368) Caesar Salad (200) Garlic Bread (175) Peaches (78) Jello Cup (90) 911 Calories	<b>Tuesday Mar 17</b> Shepherds Pie (450) Sweet Peas (70) Green Fruit Salad (100) Green Jello (100) 720 Calories	<b>Wednesday Mar 18</b> BBQ Chicken Quarter (420) Melting Skillet Potatoes (275) Fried Okra (110) Green Grapes (50) Ice Cream Cup (110) 965 Calories	<b>Thursday Mar 19</b> Hot Dog Party (450) Potato Chips (150) Corn on the Cob (80) Apple Sauce (55) Jello Cup (90) 825 Calories	<b>Friday Mar 20</b> Fish and Chips(800) Peas and Carrots (50) Mandarin Salad (100) 950 Calories
<b>Monday Mar 23</b> Salisbury Steak w/Gravy (400) Mashed Potatoes (125) Green Beans(40) Mixed Fruit(70) Jello Cup (90) 725 Calories	<b>Tuesday Mar 24</b> Crunchy Beef Tacos (415) Lettuce Tomato Onion (40) Spanish Rice(154) Refried Beans(135) Orange Smiles(70) 814 calories	<b>Wednesday Mar 25</b> Gr Turkey Cabbage Rolls (285) Steamed Rice (115) Mixed Vegetables (70) Banana (95) Nutter Butter Cookie (135) 700 Calories	<b>Thursday Mar 26</b> Cheeseburger (500) Caramelized Onions (45) French Fries (250) Brussel Sprouts (roasted) (38) Peaches (78) Sherbet (80) 991 Calories	<b>Friday Mar 27</b> Fish Po Boy (600) Lemony Coleslaw (41) Potato Wedges (150) Pineapple Chunks (80) Pudding Cup (100) 971 Calories
<b>Monday Mar 30</b> Black Eyed Pea Italian Sausage Stew with Combread Dumplings (450) Sauteed Spinach (60) Mixed Fruit (70) Ice Cream Cup (130) 710 Calories	<b>Tuesday Mar 31</b> Beef and Cheese Enchilada(362) Spanish Rice(150) Refried Beans(136) Mango Chunks(90) Chocolate Chip Cookies (160) 898 Calories	 Area Agency on Aging <small>Funded through the Texas Department of Aging and Disability Services</small> <b>Alamo Area Council of Governments</b>	 <b>AACOG</b> <b>Alamo Area Council  of Governments</b>	