

Please call the office by 10am to reserve lunch. Lunch is served by 12:00pm



Sign Up in Office

ASA HELOTES ACTIVITY CENTER	Lunch is se	erved by 12.00pm		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1		9:30am-11:30am SA Hospice Sponsoring Dominos/Chicken Foot All day Junk Journal 1:00pm-2:00pm	2 - Texercise 9:30am-10:30am Dominos/Chicken Foot All day Line Dancing 1:00pm-2:30pm	3 - Zumba 10:30am-11:30am Loteria 9:00am-11:00am Chicken Foot Domino All Day Junk Journal 1:00pm-2:00pm
6 - Bible Study 9:30am - 10:15am Zumba 10:00am - 11:00am Art's & Crafts 10:00 am- 11:30am Balance Class 1:00pm-2:00pm Junk Journal 1:00pm-2:00pm	7 - Texercise 9:30am-10:30am UnitedHealthcare Medicare Updates 10:45pm-11:45pm Dominos/Chicken Foot, 42 9:30am-11:00am Line Dancing 1:00pm-2:30pm	9:30am-11:30am Dominos/Chicken Foot All day Junk Journal 1:00pm-2:00pm	9 -Quilting 9:30am-11:30am Texercise 9:30am-10:30am Dominos/Chicken Foot All day Line Dancing 1:00pm-2:30pm	10 - Zumba 10:30am-11:30am Loteria 9:30am-11:00am Chicken Foot Domino All Day Junk Journal 1:00pm-2:00pm
13 - Bible Study 9:30am - 10:15am Zumba 10:00am - 11:00am Art's & Crafts 10:00 am- 11:30am Balance Class 1:00pm-2:00pm Junk Journal 1:00pm-2:00pm	14 - Texercise 9:30am-10:30am Health Planners 10:45pm-11:45pm Dominos/Chicken Foot, 42 9:30am-11:00am Line Dancing 1:00pm-2:30pm	9:30am-11:30am Dominos/Chicken Foot All day Junk Journal 1:00pm-2:00pm	16 - Texercise 9:30am-10:30am San Antonio Hospice 10:45am - 11:45am Dominos/Chicken Foot All day Line Dancing 1:00pm-2:30pm	17 - Zumba 10:30am-11:30am Loteria 9:30am-11:00am Chicken Foot Domino All Day Junk Journal 1:00pm-2:00pm
20 Bible Study 9:30am - 10:15am Zumba 10:00am - 11:00am Art's & Crafts 10:00 am- 11:30am Balance Class 1:00pm-2:00pm Junk Journal 1:00pm-2:00pm	21 - Texercise 9:30am-10:30am IGO Branch Library 10:45pm-11:45pm Dominos/Chicken Foot, 42 9:30am-11:00am Line Dancing 1:00pm-2:30pm	9:30am-11:30am Dominos/Chicken Foot All day Junk Journal 1:00pm-2:00pm	23 - Quilting 9:30am-11:30am Humana Mental Health 10:45pm-11:45pm Texercise 9:30am-10:30am Dominos/Chickenfoot All day Line Dancing 1:00pm-2:30pm	24 - Zumba 10:30am-11:30am Loteria 9:30am-11:00am Chicken Foot Domino All Day Junk Journal 1:00pm-2:00pm
27 - Bible Study 9:30am - 10:15am Zumba 10:00am - 11:00am Art's & Crafts 10:00 am- 11:30am Balance Class 1:00pm-2:00pm	28 - Texercise 9:30am-10:30am Dominos/Chicken Foot, 42 9:30am-11:00am Line Dancing 1:00pm-2:30pm	9:30am-11:30am Dominos/Chicken Foot All day Junk Journal 1:00pm-2:00pm	30 - Texercise 9:30am-10:30am Dominos/Chickenfoot All day Line Dancing 1:00pm-2:30pm	10:30am-2:00pm Sign Up in Office