



Quota Club of Fort Lauderdale, Inc.
The Chatterbox – January 27, 2021

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SHARE**

**2020 – 2021
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YOU CAN HELP!

By Carole Hat

A few months ago, I was notified that I was nominated to be one of 10 Susan G. Komen 2021 Warriors in Pink and during January 5th's club zoom meeting we talked about the Susan G. Komen Race for the Cure, a 5K that is usually held in person to raise awareness for breast cancer.



Of course, with COVID, the Race this year will be virtual. I am writing to tell you about the race and opportunity to donate to this cause that is so important to me and other Quota sisters who have been affected by this awful disease.

So, on "race day" January 30TH, please join me and Team Hart by walking where you are on that day, get some fresh Florida sunshine and take pictures of yourself and your walk to share either by tagging me if you are on Facebook or email them and I will post for you. PS, you don't have to walk 5K !!

Donate if you would like to and read my story here:
[Warriors In Pink | Susan G Komen® Florida](#)

Race Day Info is here:
[Susan G. Komen® Florida - 2021 Komen South Florida Virtual Race for the Cure : Race Day Schedules \(info-komen.org\)](#)

Thank you so much and feel free to share with others!
Love and prayers for a cure in our lifetime!

Jada Strowbridge
University of Central Florida
Health Sciences
Class of 2023



As I have completed the fall semester of 2020, I wanted to keep you updated with the progress that I have made so far. I finished my classes with a 3.4 GPA so I am pretty sure that I will be on the Dean's List.

As far as clubs I did join quite a few as one of my goals for this school year was to get more involved. I joined the Residence Hall Association, Undergraduate of Physical Therapy Association, The National Society of Collegiate Scholars, Period UCF and lastly, I got inducted into the National Residence Hall Honorary.

Through RHA I now will hold two leadership positions which are Advocacy Chair and Advocacy Captain in which I help advocate for the efforts and needs of others.

I still performed community service hours and this semester I completed 25. Since COVID-19 my social life has altered a little so for fun I try to read, cook, complete a crossword puzzle or even watch a movie.

