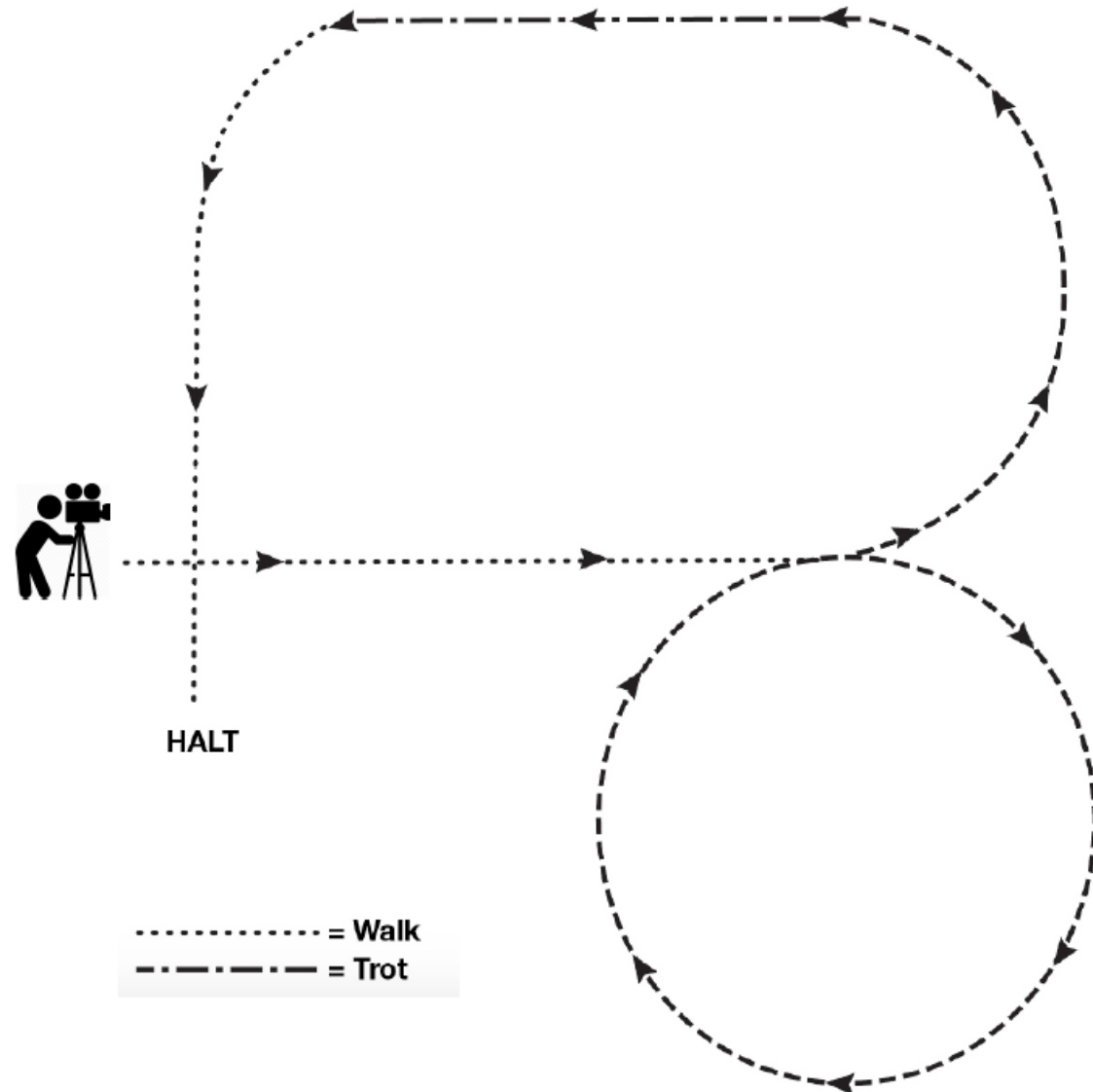


WORKOUT X Ridden



Details:

- Halt in front of the video camera
- Walk away from the camera up the centre of the arena
- At the middle point trot
- Trot a circle on the right rein
- Then continue the trot through the centre and around to the left
- Trot a half circle on the left rein
- Trot towards the camera and come back to the walk
- Continue to walk back to the camera
- Halt and present.