

HOGA4W / 2020

Showdown International Yoga for Horses Walk Suppleness

Test: HOGA4W



Rider Name:

Horse Name:

Judge Name:

Date:

	Movement	Comments	Max	Mark
A	Enter in medium walk and proceed down the centre line		10	
X to E	Half circle 10 metre diameter left			
K	Halt			
K	Encouraging stretch in neck half turn on the forehand right (horse's flexion is right, quarters move to the left) to face E		10	
K to E	Proceed in stretch			
E to M	Change rein in stretch			
C	Four loop serpentine in stretch with the sides touching the $\frac{3}{4}$ and $\frac{1}{4}$ line to finish at A		10	
K to X	On the diagonal stretch		10	
X	6 metre diameter circle left in stretch			
X	6 metre diameter circle right in stretch			
X to H	Leg yield left in stretch		10	
HCM	Gradually retake reins for medium		10	
M	Halt			
M	With some stretch half turn on the forehand left (horse's flexion is left, quarters move to the right) Proceed to C in stretch		10	
C	Commence a four loop serpentine in stretch touching the long side (HEK) and centre line and finishing at K		10	

K to D	Half 10 metre diameter circle right		10	
D to F	Half 10 metre diameter circle left			
F to X	On the diagonal- maintain stretch through long neck in all movements			
X	6 metre diameter circle right in stretch		10	
X	6 metre diameter circle left in stretch			
X to M	Leg yield right in stretch		10	
MCH	Proceed in stretch		10	
H to X	On diagonal maintain stretch			
X	Commencing with a 6 metre diameter left circle and using X as the centre, gradually spiral out to a 20 metre diameter circle then spiral back in to a 6 metre diameter circle, keep stretch throughout ** some positional adjustments of your own making will be needed and number of spirals is your choice		10 X 2	
X	Reposition to X and take reins for 10 metre diameter circle right medium walk		10	
X	Commencing with a 6 metre diameter right circle and allowing stretch ,using X as the centre, gradually spiral out to 20 metre diameter circle then spiral back to a 6 metre diameter circle **some positional adjustments of your own making will be needed to get X as centre but number of spirals is your choice		10 X 2	
X	Reposition to X and take reins for medium walk and 10 metre diameter circle left		10	
X to D	Proceed down the centre line		10	
A	Turn right. Allow stretch			
K to X	On diagonal in stretch			
X to G	Retake reins for medium walk		10	
G	Halt, immobility. Salute, reward horse Leave the arena on a long rein where appropriate			

Collective Marks	Comments	Max	Mark
Paces (fluent, active steps, with ground cover and correct footfalls)		10 X 2	
Suppleness (rounding stretching, and swing over back)		10 X 2	
Stretch (ability to stretch and connect with consistent elastic forward contact)		10 X 2	
Rider's position and seat; rider's aids and effectiveness		10 X 2	

TOTAL MARKS	Marks Available: 280	Marks Awarded:
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Judge's Comments