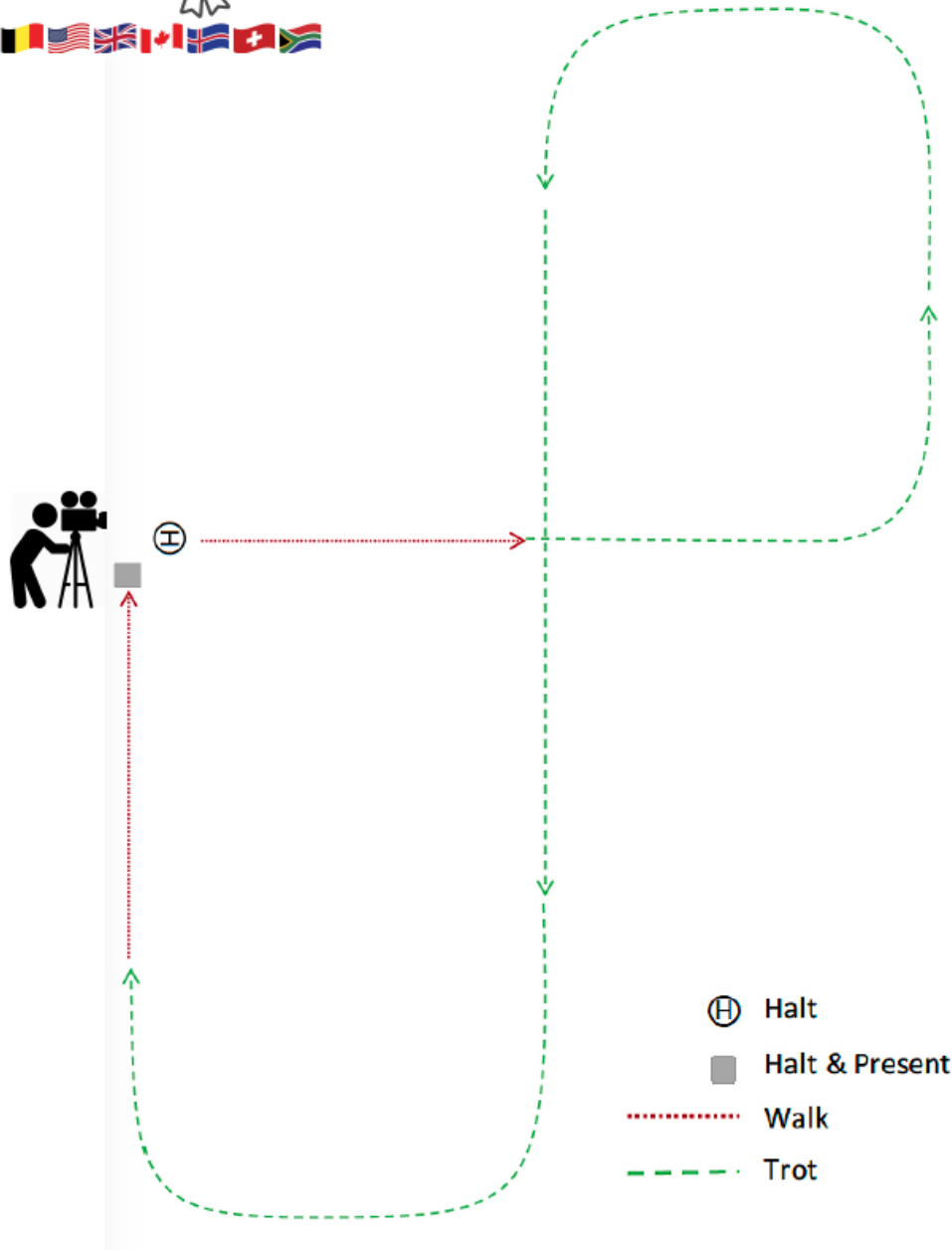


WORKOUT B In Hand



Details:

- Halt in front of the video camera
- Walk away from the camera up the centre of the arena
- At the middle point trot and continue straight
- At the top of the arena, turn left and trot to end
- Turn left
- Turn left at the centre and trot across the arena to the other side
- Turn right and then turn right again
- Walk towards the camera
- Halt and present