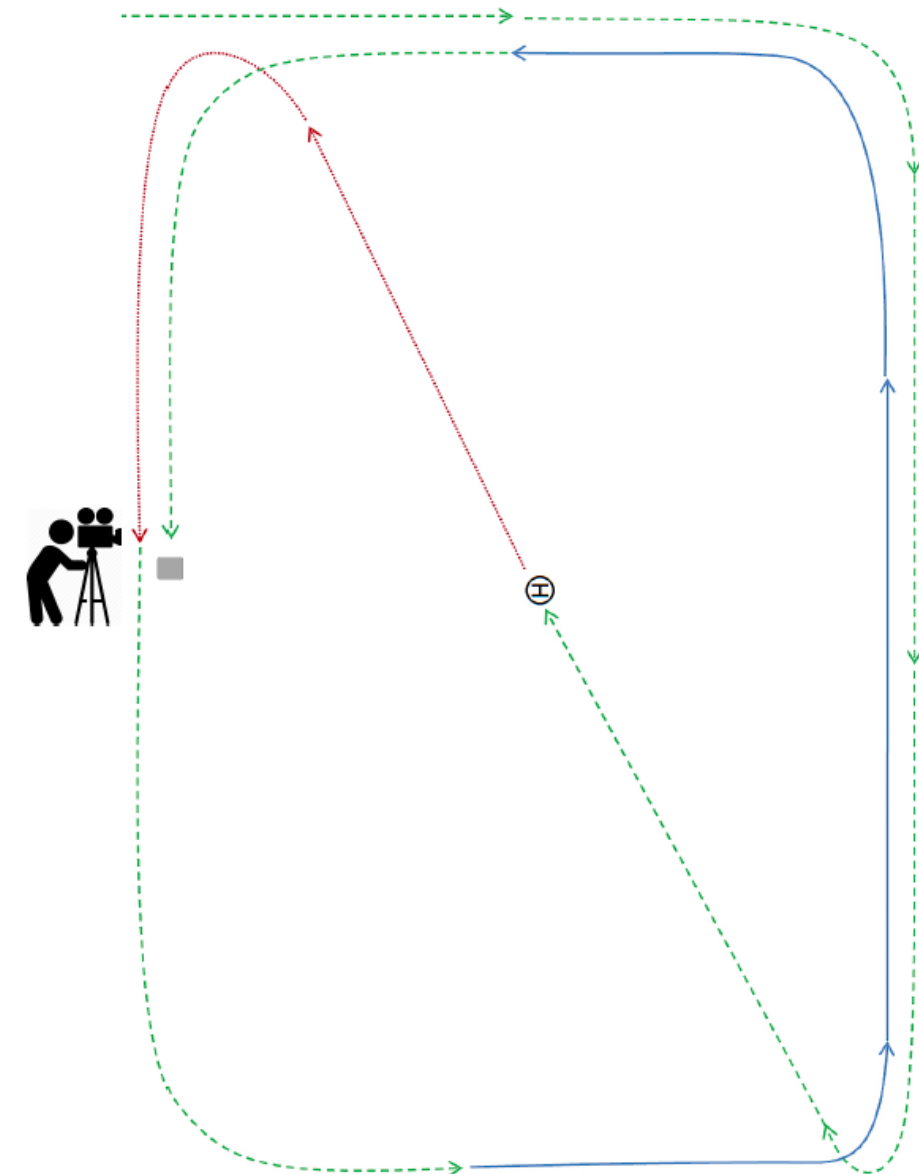
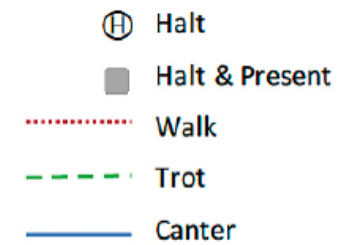


# WORKOUT D In Hand



## Details:

- Enter arena at trot
- At top of arena turn right.
- At the end of the arena, turn right across the diagonal.
- At centre halt for 4x seconds.
- Walk to the end, turn left.
- At the camera trot
- Turn left.
- At the centre canter. Canter around the arena.
- At the corner trot.
- Turn and trot to camera.
- Halt and present in front of the camera.