


WORKOUT E In Hand

-  Halt
-  Halt & Present
-  Walk
-  Trot

Details:

- Enter at walk
- Halt in front of the camera
- Walk straight up the centre of the arena away from the camera.
- At the middle, trot and continue straight.
- At the top, turn left, trot to end.
- Turn left, then turn left again at the centre
- Trot across the arena to the end
- Turn right, then turn right again.
- Walk to camera.
- Halt and present

