

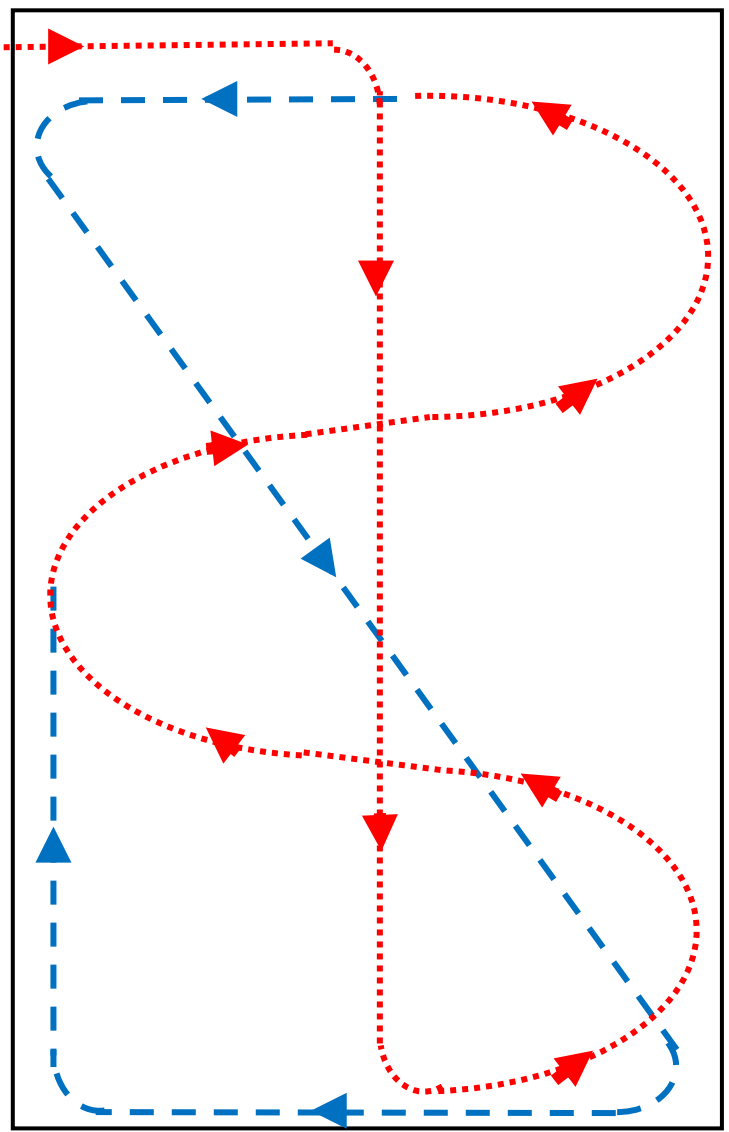
# WORKOUT R Ridden

## A

KEY	
Trot	.....
Walk	- - - -

Details:

- Enter arena at trot
- At centre of arena turn right. Trot across the arena
- At end, turn left
- Trot a 3 loop serpentine
- At A walk
- Walk to corner, turn left across long diagonal of arena
- At corner, turn right down the short side of the arena
- At the corner, turn right
- Walk to camera position.
- Halt 8x seconds
- Leave arena in walk



C