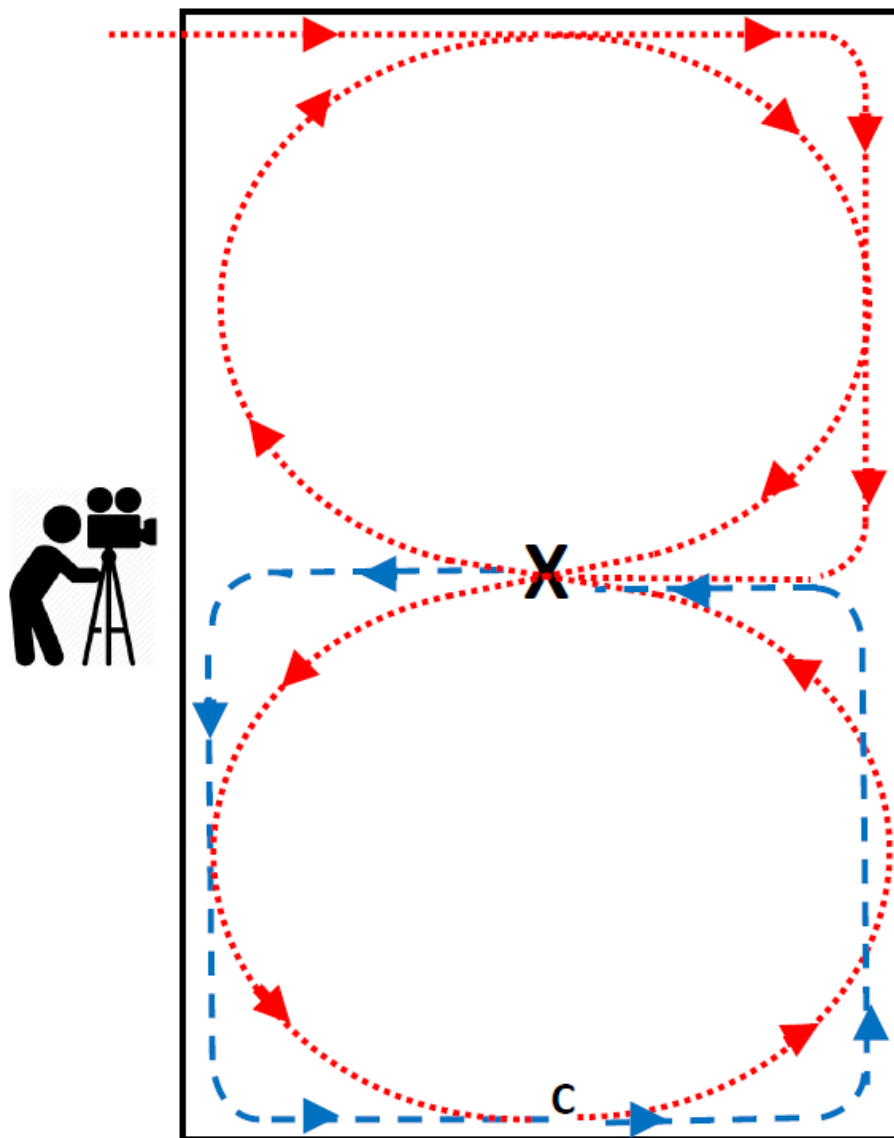


# WORKOUT Y Ridden



## Details:

- Enter arena at trot
- At top of arena turn right.
- At centre of long side, turn right towards the camera.
- At centre (X) halt for 4x seconds.
- Walk towards the camera
- Turn left.
- Turn left at end of arena.
- At the centre line trot. (C)
- Trot a figure of eight with 20 metre diameter circles
- On return to C, walk
- Turn left.
- Turn left at centre of long side, towards the camera.
- Halt at X and present in front of the camera

### KEY

Trot     .....

Walk    - - - - -