

SOMETHING IS IN MY WAY...

Sometimes the only thing that may be stopping us from moving forward is a specific fear or phobia. These can often be cleared in a single session. Eliminating fears from our life can open up many doorways and opportunities

Contents:

1. 1 x session (up to 60 minutes) face-to-face / skype with Fiona

Book a Free Discovery Session with Fiona below to discuss what might be best for you in terms of your needs. Or email Fiona at fiona@youtopiawellbeing.com.au