

LAMARIUS TUTORS

The Parent's Guide to Helping Your Student Succeed

Practical strategies to improve learning, reduce homework stress, and build your student's confidence.

Your student has potential. The right support can help them unlock it.

A Note for Parents

Every student struggles sometimes.

A difficult subject, a challenging assignment, a disappointing test grade, or a busy schedule can make school feel overwhelming. When those challenges continue, they can affect more than grades—they can affect a student's confidence, motivation, and attitude toward learning.

As a parent, you want to help. But you may not always have the time, resources, or subject knowledge to provide the support your student needs.

That's okay.

Your job isn't to have every answer. Your job is to help your student find the support and resources that can help them move forward.

This guide will help you recognize common signs of academic struggles, reduce homework stress, build better study habits, and understand when additional tutoring support may be beneficial.

1. 5 Signs Your Student May Need Extra Academic Support

Not every bad grade means a student needs tutoring. However, consistent patterns can be a sign that additional support could help.

1. Homework Takes Much Longer Than It Should

If a simple assignment regularly turns into hours of frustration, your student may be struggling with a concept, skill, organization, or study strategy.

2. Grades Are Consistently Declining

One poor grade happens to everyone. But repeated low grades, missed assignments, or declining test scores may indicate that your student needs additional help understanding the material.

3. Your Student Is Losing Confidence

Listen to what your student says.

Statements like:

"I'm just bad at math."

"I can't do this."

"I'm never going to understand it."

can be signs that academic frustration is beginning to affect their confidence.

4. Learning Gaps Are Starting to Show

Students build new knowledge on top of skills they learned previously.

For example, difficulty with multiplication can make later math concepts harder. Difficulty understanding vocabulary can affect reading comprehension.

A small learning gap can become a bigger challenge if it isn't addressed.

5. Schoolwork Is Creating Constant Stress

If homework frequently leads to arguments, frustration, procrastination, or tears, the issue may be more than simply not wanting to do the work.

Your student may need a different approach, additional explanation, or individualized support.

Parent Takeaway

Don't wait until your student is failing to pay attention.

Early support can help prevent small academic challenges from becoming larger ones.

2. How to Make Homework Less Stressful

Homework doesn't have to become a nightly battle.

A few simple changes can create a better environment for learning.

Create a Consistent Study Space

Your student should have a reasonably quiet place where they can focus.

It doesn't need to be fancy. A table, chair, school supplies, and a distraction-free environment can be enough.

Create a Routine

Try to establish a consistent time for homework.

A predictable routine can make it easier for students to transition from their day into schoolwork.

Break Large Assignments Into Smaller Steps

Instead of:

"Finish your science project."

try:

Step 1: Read the instructions.

Step 2: Choose your topic.

Step 3: Find your sources.

Step 4: Create an outline.

Step 5: Complete the first section.

Large assignments become less intimidating when students can focus on one step at a time.

Reduce Distractions

Phones, television, video games, and unnecessary browser tabs can make it much harder to concentrate.

Create a study environment where your student can focus on the task in front of them.

Take Reasonable Breaks

Students aren't designed to sit and focus indefinitely.

Short, planned breaks can help students reset and return to their work with better focus.

Ask Questions Instead of Giving Answers

When your student is stuck, try asking:

"What do you understand so far?"

"What is the question asking you to find?"

"What have you tried?"

The goal is to help your student learn how to solve problems—not simply give them the answer.

3. Build Confidence, Not Just Grades

Grades matter, but they aren't the only measure of progress.

A student who becomes more confident, independent, and willing to tackle difficult work is developing skills that can benefit them far beyond one class.

Focus on Progress

Instead of only asking:

"What grade did you get?"

try:

"What did you understand better this time?"

or:

"What was easier for you today?"

This helps students recognize their own progress.

Recognize Effort and Strategy

Praise useful behaviors.

For example:

"I like how you kept trying different ways to solve that problem."

"You did a good job checking your work."

"You started your assignment earlier this time."

Specific praise helps students understand what behaviors lead to improvement.

Let Your Student Make Mistakes

Mistakes are part of learning.

A wrong answer can show a student what they need to work on. Help them understand the mistake rather than making them feel embarrassed about it.

Normalize Asking for Help

Students should understand that asking for help isn't a weakness.

Successful students ask questions, seek clarification, practice difficult skills, and use available resources.

Encourage Independence

The ultimate goal isn't for a student to need someone beside them forever.

The goal is to help them develop the knowledge, confidence, and strategies to eventually handle more work independently.

4. When Should You Consider a Tutor?

Tutoring isn't only for students who are failing.

A tutor can provide additional instruction, practice, accountability, and individualized attention when a student needs more support than they are currently receiving.

Consider tutoring if:

Your Student Doesn't Understand a Subject

If your student continues to struggle with the same concepts despite classroom instruction and homework practice, additional explanation may help.

Your Student Needs Individualized Attention

A classroom teacher may have many students to support.

Tutoring provides an opportunity for instruction to focus specifically on your student's needs.

Your Student Needs Additional Practice

Sometimes students understand a concept but simply need more practice before they feel comfortable using it independently.

Your Student Is Preparing for an Important Test

Additional preparation can help students review material, identify weak areas, and develop better test-taking strategies.

Your Student Is Falling Behind

Getting help early can be better than waiting until learning gaps become more difficult to overcome.

Your Student Wants to Get Ahead

Tutoring can also be proactive.

Students who already perform well may use additional support to strengthen their skills, prepare for advanced coursework, or challenge themselves.

5. Questions to Ask Before Choosing a Tutor

Choosing a tutor is an important decision.

Before getting started, consider asking:

1. Does the tutor work with my student's grade level?

Different age groups and academic levels require different approaches.

2. Does the tutor specialize in the subject my student needs?

Make sure the tutor has the knowledge necessary to provide meaningful support.

3. How will the tutor identify what my student needs?

A good tutoring experience should begin by understanding the student's challenges and goals.

4. Will the sessions be personalized?

Students learn differently. Ask how instruction will be adapted to your student's needs.

5. How will progress be measured?

Parents should have a general understanding of how their student's progress will be monitored.

6. What happens if my student doesn't understand something?

The ability to explain a concept in different ways is an important part of effective tutoring.

7. Does the format work for my family?

Consider whether virtual, in-person, or another format works best with your schedule and your student's learning needs.

8. Is the cost realistic for my family?

Quality academic support should be accessible. Choose an option that fits your family's needs and budget.

6. The Parent Academic Support Checklist

Use this checklist to identify areas where your student may need additional support.

Academic

- ☐ My student understands the subjects they are currently taking.
- ☐ My student is completing assignments on time.
- ☐ My student's grades are generally where they should be.
- ☐ My student understands how to prepare for tests.
- ☐ My student knows how to ask for help when they are confused.

Study Habits

- ☐ My student has a consistent place to study.
- ☐ My student has a reasonable homework routine.
- ☐ My student knows how to break large assignments into smaller tasks.
- ☐ My student can manage their time effectively.
- ☐ My student can study without constant reminders.

Confidence

- ☐ My student feels capable of learning difficult material.
- ☐ My student is comfortable asking questions.
- ☐ My student can recover from a poor grade without giving up.
- ☐ My student recognizes their own academic strengths.
- ☐ My student believes they can improve with practice and support.

If you checked several boxes that concern you...

It may be worth talking with your student's teacher or exploring additional academic support.

The earlier you identify a challenge, the more options you have to address it.

7. Remember: Your Student Doesn't Have to Figure It Out Alone

Academic struggles can feel overwhelming for students and parents.

But struggling with a subject doesn't mean a student isn't capable.

Sometimes they need:

More explanation.

More practice.

A different way of learning.

More individualized attention.

Someone who believes they can succeed.

The right support can help a student move from:

"I don't understand this."

to:

"I think I can do this."

And eventually:

"I know how to do this."

That's the kind of progress that matters.

How Lamarius Tutors Can Help

At **Lamarius Tutors**, we believe every student deserves access to the support they need to succeed.

We provide affordable tutoring designed to help students understand challenging subjects, strengthen academic skills, build confidence, and become more independent learners.

Our goal isn't simply to help a student complete tonight's homework.

It's to help them understand what they're learning and develop the confidence and skills they can carry into their next assignment, next test, next class, and next academic year.

Your Student Has the Potential.

We're Here to Help Them Reach It.

Ready to see if tutoring is right for your student?

Start With a Free Session

Visit **www.lamariustutors.com** to learn more about our tutoring options and get started.

Lamarius Tutors

Affordable support. Stronger students. Brighter futures.

A Final Reminder for Parents

You don't have to know every answer to be a great support system for your student.

Listen to them.

Encourage them.

Celebrate their progress.

Ask for help when they need it.

And remind them that one difficult subject, one bad grade, or one frustrating assignment does not define their ability or their future.

With the right support, students can learn, grow, and succeed.