

THURS	26-Nov	12:30P Power Hr	THANKSGIVING
FRI	27-Nov	12:30p Power Hr	BLACK FRI
SAT	28-Nov	10:30a Hot Fixed	
		12:30p Power Hr	
SUN	29-Nov	12:30p Power Hr	
		5:00P Hot Fixed	

HOT YOGA of DELRAY: 11/30 - 12/6 [2020]:

	<u>Time</u>	<u>Class Type</u>	<u>Teacher</u>
Mon 30-Nov	9.30a	Vinyasa Express	Karen
	12.30p	Power Hr	Debi
	6.30p	Hot Fixed	Rachel
Tues 1-Dec	9:00a	Hot Fixed	Jane
	12.30p	Power Hr	Robert
	6:30p	Power Hr	Robert
	7:45p	Yin Hr	Robert
Wed 2-Dec	9:00a	Vinyasa	Alli
	12.30p	Power Hr	Debi
	6:30p	Hot Fixed	Alli
Thur 3-Dec	9:00a	Hot Fixed	Jane
	12.30p	Power Hr	Robert
	6:30p	Vinyasa	Matt
Fri 4-Dec	9:00a	Vinyasa	Alli
	12.30p	Power Hr	Alli
	6.30p	Hot Fixed	Matt
Sat 5-Dec	10.30a	Hot Fixed	Alli
	12.30p	Power Hr	Alli
Sun 6-Dec	12.30p	Power Hr	Robert
	5:00p	Hot Fixed	Matt

Vinyasa Express = 45 mins
Hot Fixed = 75 mins
Vinyasa = 75 mins
Power Hr = 60 mins
Yin Hr = 60 mins