

HOT YOGA of DELRAY - OCT. 2020

		week of 10/19	week of 10/26
Mon	9:00a Vinyasa	Matt	Matt
	12.30p Power Hr	Debi	Debi
	6.30p Hot Fixed	Jules	Jules
Tues	9:00a Hot Fixed	Jane	Jane
	12.30p Power Hr	Robert	Robert
	6:30p Power Hr	Robert	Robert
	7:45p Yin Hr	Robert	Robert
Wed	9:00a Vinyasa	Alli	Alli
	12.30p Power Hr	Debi	Debi
	6:30p Hot Fixed	Alli	Alli
Thur	9:00a Hot Fixed	Matt	Matt
	12.30p Power Hr	Robert	Robert
	6:30p Vinyasa	Jules	Jules
Fri	9:00a Vinyasa	Alli	Alli
	12.30p Power Hr	Jules	Jules
	6.30p Hot Fixed	Matt	Matt
Sat	10.30a Hot Fixed	Jane	Jane
	12.30p Power Hr	Alli	Alli
Sun	10.30a Hot Fixed	Matt	Alli
	12.30p Power Hr	Robert	Robert
	5:00p Hot Fixed	Matt	Matt

Hot Fixed = 75 mins

Vinyasa = 75 mins

Power Hr = 60 mins

Yin Hr = 60 mins

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