

HOT YOGA OF DELRAY WEEK of: SEPT 13th - 19th

Mon Sept 13, 2021

	<u>Classes</u>	<u>Teacher</u>
9:00 - 10:15 am	Hot Fixed (75 min)	Jane
12:30 - 1:30 pm	Power Vinyasa (60 min)	Debi
5:15 - 6:15pm	Follow Your Heart (60 mins)	Jules
6:30 - 7:45 pm	Hot Fixed (75 min)	Jules

Tue Sept 14, 2021

9:00 - 10:15 am	Hot Fixed (75 min)	Matthew
12:30 - 1:30 pm	Power Vinyasa (60 min)	Barbara
6:30 - 7:30 pm	Power Vinyasa (60 min)	Robert

Wed Sept 15, 2021

9:00 - 10:15 am	Hot Fixed (75 min)	Alli
12:30 - 1:30 pm	Power Vinyasa (60 min)	Wally
6:30 - 7:45 pm	Hot Fixed (75 min)	Matthew

Thu Sept 16, 2021

9:00 - 10:15 am	Hot Fixed (75 min)	Jane
12:30 - 1:30 pm	Power Vinyasa (60 min)	Debi
6:30 - 7:45 pm	Vinyasa (75 min)	Andre

Fri Sept 17, 2021

9:00 - 10:15 am	Hot Fixed (75 min)	Jane
12:30 - 1:30 pm	Power Vinyasa (60 min)	Alli
6:30 - 7:45 pm	Hot Fixed (75 min)	Matthew

Sat Sept 18, 2021

10:30 - 11:45	Hot Fixed (75 min)	Jane
12:30 - 1:30 pm	Power Vinyasa (60 min)	Alli

Sun Sept 19, 2021

12:30 - 1:30 pm	Power Vinyasa (60 min)	Debi
5:00 - 6:15 pm	Hot Fixed (75 min)	Matthew

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