

HOT YOGA OF DELRAY WEEK of: NOV 29th - DEC 05th

Mon Nov 29, 2021

	<u>Classes</u>	<u>Teacher</u>
9:00 - 10:15 am	Hot Fixed (75 min)	Alli
12:30 - 1:30 pm	Power Vinyasa (60 min)	Matthew
5:15 - 6:15pm	Follow Your Heart (60 mins)	Jules
6:30 - 7:45 pm	Hot Fixed (75 min)	Jules

Tue Nov 30, 2021

9:00 - 10:15 am	Hot Fixed (75 min)	Matthew
12:30 - 1:30 pm	Power Vinyasa (60 min)	Barbara
6:30 - 7:30 pm	Power Vinyasa (60 min)	Robert

Wed Dec 01, 2021

9:00 - 10:15 am	Hot Fixed (75 min)	Alli
12:30 - 1:30 pm	Power Vinyasa (60 min)	Jules
6:30 - 7:45 pm	Hot Fixed (75 min)	Matthew

Thu Dec 02, 2021

9:00 - 10:15 am	Hot Fixed (75 min)	Jane
12:30 - 1:30 pm	Power Vinyasa (60 min)	Robert
6:30 - 7:45 pm	Vinyasa (75 min)	Andre

Fri Dec 03, 2021

9:00 - 10:15 am	Hot Fixed (75 min)	Matthew
12:30 - 1:30 pm	Power Vinyasa (60 min)	Alli

Sat Dec 04, 2021

9:30 - 10:45 am	Hot Fixed (75 min)	Jane
12:30 - 1:30 pm	Power Vinyasa (60 min)	Alli

Sun Dec 05 2021

9:30 - 10:45 am	Hot Fixed (75 min)	Lisa RS
12:30 - 1:30 pm	Power Vinyasa (60 min)	Tracey
5:00 - 6:15 pm	Hot Fixed (75 min)	Matthew

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