

**In Person 50-Hour Hot Mat Pilates  
Certification at:  
Hot Yoga of Delray**

**600 N. Congress Ave #220  
Delray Beach, FL 33445**

**tel: 561.266.2075 email: [yoga@hotyogaofdelray.com](mailto:yoga@hotyogaofdelray.com) IG: @hotyogaofdelray**

**\$695 paid via check, Debit, or Zelle  
(\$716 if paid by credit card)**

**Mandatory in-person times are Feb 21<sup>st</sup> & Feb 28<sup>th</sup> (Saturdays):  
11am – 12pm Hot Mat Pilates Class / 2pm – 8pm in person training  
\*\*\* SPACE IS LIMITED \*\*\***

- No Prior Experience Necessary
- Perfect for those wishing to learn in-depth Pilates for personal education, health, & growth
- Reference & training materials in the form of a manual provided at no extra cost
- Upon Completion of training each Participant receives a 50-Hour Pilates Certification
- Upon enrollment, Hot Pilates classes offered at Hot Yoga of Delray are free to the Participants through 2/28/26