

In Person **50-Hour Hot Mat Pilates**
Certification at:

Hot Yoga of Delray

600 N. Congress Ave #220

Delray Beach, FL 33445

tel: **561.266.2075** email: **yoga@hotyogaofdelray.com** IG: **@hotyogaofdelray**

\$695 paid via check, Debit, or Zelle

(\$716 if paid by credit card)

Mandatory in-person times are **Feb 21st & Feb 28th** (Saturdays):

11am – 12pm Hot Mat Pilates Class / 2pm – 8pm in person training

***** SPACE IS LIMITED *****

- No Prior Experience Necessary
- Perfect for those wishing to learn in-depth Pilates for personal education, health, & growth
- Reference & training materials in the form of a manual provided at no extra cost
- Upon Completion of training each Participant receives a 50-Hour Pilates Certification
- Upon enrollment, Hot Pilates classes offered at Hot Yoga of Delray are free to the Participants through 2/28/26