



2024 CSA-Food Box Program Registration Form

What is a CSA?

Community Supported Agriculture provides the customer with produce directly from the farmer. By creating a direct connection between farmer and customer, both can benefit. For the customer they have **comfort in knowing** exactly how the produce is cultivated. The farmer benefits by having a committed customer for the season. The first step for the customer is to sign up and **invest** in the farmer at the beginning of the year. The farmer can use this investment to buy seeds and equipment for the season. There is the risk of crop failure that both the farmer and customer accept, but the farmer will do their best to ensure the success of every crop. The farmer in turn provides a **weekly box** filled with the customer's share of the produce for the season. **Communication** between the customer and the farmer is valuable. The farmer can improve their selection each season based on this communication. A CSA program is very good for the local economy, community building and healthy living.

GFG's CSA Program

Green Flame Gardens understands that quality produce comes from plant selection, understanding, gardening practices and care. When choosing plants for this program we keep in mind flavor, selection, compatibility with this climate, compatibility with other plants, and yield potential. Any feedback you can provide helps improve the program.

Look at the crop list before completing this form (on a separate page)

Green Flame Gardens' CSA Program

- ❖ The program will run for 20 weeks.
- ❖ The customer can review the crops planned for the season.
- ❖ Garden methods used are companion planting, barriers and organic deterrents (e.g. Hot pepper solution for pests)
- ❖ Fee is 425.00\$
- ❖ GFG uses our own plant starts from our greenhouse.
- ❖ The pickup locations will be at 746 South Gower Drive Kemptville, the Kemptville Farmers' Market and the Manotick Farmers' Market.
- ❖ The customer will get updates regularly.
- ❖ Cleaning, storage and uses will be provided.
- ❖ Recipes for produce may also be provided.
- ❖ Based on harvests, the customer may ask for more in their box with a 5% discount on extra produce (for members only)
- ❖ Contact Amy at greenflamegardens2018@gmail.com for more information
- ❖ Find us on Facebook
- ❖ Go to GreenFlameGardens.ca for more information on the business.
- ❖ For urgent matters call Amy at 613 983 5992

Customer Information (*must be filled out)

*Name _____

*Email _____

*Phone _____

Alternate contact _____

What is your general location? (Barrhaven, Merrickville etc.)

***What is your preferred pickup location?**

- The Kemptville Farmers' Market-Sundays noon-4pm
- The Manotick Farmers' Market- Saturdays
- 746 South Gower Dr.

What do you look for in produce?

What is your favorite fruit, vegetable, or herb?

Do you have any experience with a CSA program?

Farmer Information

Green Flame Gardens

Owner Amy Dagenais Sanchez

Facebook

746 South Gower Drive Kemptville Ontario

613 983 5992

Greenflamegardens2018@gmail.com

READ THROUGH COMPLETELY

Agreement

The customer understands,

- a. that they are investing in both the risks and rewards of this program.
- b. Each week of the program they will pick up their CSA box at the selected location.
- c. They are encouraged to give feedback to the farmer.
- d. They are to notify the farmer of any changes to pickups at least 7 days before changes.
- e. Boxes that are not pick up will be held for 3 days only
- f. They are to be respectful and understanding of the farmer.

The Farmer understands,

- a. That they will maintain crops to a high standard.
- b. That they will do their best to ensure the success of every crop.
- c. That they will have the CSA box ready every week for the customer during the season.
- d. They will update the customer as needed.
- e. They will provide cleaning and storage requirements for the produce to the customer.
- f. They are to be respectful and understanding of the customer.

This program is meant to create a better connection between the farmer and the customer. You will be notified when your form has been accepted, as well as when the fee has been received. The \$425.00 fee must be paid before the program begins.

E-transfer to greenflamegardens2018@gmail.com

Money order to Green Flame Gardens

Cash in an envelope with customer information.

If you have read, understand and want to join this program, please sign and date down below.

Sign

Date

Thank you for supporting Green Flame Gardens and this Program. We look forward to working with you! Take Care.