

EAP Counselling



www.wildwellness.au

If you are a small business you may not have an Employee Assistance Program (EAP) in place. A simple way of mitigating this is to provide access to a counselling service for your workers.

Counselling available now

Wayne is a Bachelor of Counselling student dedicated to providing a down-to-earth, non-judgemental space where you can talk openly and be heard.

As a husband, father, and grandfather, Wayne understands the importance of family and the challenges life throws our way. With over 25 years of experience as a mechanical and project engineer in construction, mining, and industrial sectors, Wayne has faced his own struggles with mental health, which inspired him to become a counsellor.

Wayne brings his real-world experience and passion for men's wellbeing into his counselling practice, offering support specifically tailored to the needs of everyday men and women who might be struggling in silence.

Whether you're feeling the weight of work, family, or life's ups and downs, Wayne is here to help you find your balance and strength.

As a student, Wayne is able to provide face-to-face counselling sessions, but is working under supervision from Wayne Stevens, our other in house counsellor. Sessions are still completely confidential and full length, but are offered at a lower hourly rate.

Counselling is available face-to-face in Ipswich and Carindale (QLD), and online.

Contact us today to discuss how
we can support your workplace, at:
info@wildwellness.au

