

Psychosocial Risk Assessments

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The tool to a mentally healthy workplace

A psychosocial risk assessment (PRA) provides a practical tool to manage the psychosocial hazards and meet the duty of care under the *Workplace Health and Safety (Psychosocial Risks) Amended Regulation 2022*, and *Managing the risk of psychosocial hazards at work Code of Practice 2022*.

We assess the following 15 potential hazard areas:

- High and low job demands
- Low job control
- Low role clarity
- High levels of emotional demands
- Exposure to traumatic events
- Poor support
- Low reward and recognition
- Poor organisational change management
- Poor organisational justice
- Poor environmental conditions
- Poor workplace relationships
- Remote or isolated work
- Violence and aggression
- Bullying
- Harrassement



We can undertake the PRA on your behalf, to **Identify** and **Assess** the psychosocial hazards to help you implement appropriate controls.

Contact us today at
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the guys who do the mental health stuff