### HEALTH

*comes from* Above→Down *and from the* Inside→Out

Anything that enhances the general health of the organism will have a positive effect on any specific problem, and anything that diminishes the overall health of the organism will have a negative impact on any specific problem.

When you scrape your knee, you don't have to think about "how to heal it"... it happens so effortlessly, you take it for granted. Shouldn't ALL healing be so effortless?

Although results can be startlingly rapid, natural methods do take time. If you need to feel the impact of treatment and lack the patience to allow natural healing to progress, our approach may not be for you.

"Nature does not hurry, yet everything is accomplished."

Lao Tzu

## **BE YOUR BEST YOU!**

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### **ABOUT US**

Dr. Stevan Walton, D.C., F.I.C.C. Dr. Dianna Walton, D.C., R.N. Dr. Amanda Burns, D.C.

Have owned and operated the LAHAINA HEALTH CENTER for more than 20 years. We are the longest-established Chiropractic Clinic in West Maui. Sometimes long clinical experience means antiquated methods, but not at the Lahaina Health Center. We have invested in cutting-edge technology to apply our clinical experience in the most effective way possible.



180 Dickenson Street, Suite 204 Lahaina, Maui 96761 (808) 667-6268

Come and feel the difference that long experience combined with sophisticated technology can make for you.

For more information visit:

www.lahainahealthcenter.com

# AWAKEN YOUR SIXTH SENSE



# Optimum NeuroMatrix Expression

# Lahaina CHIROPRACTIC

## (808) 667-6268

Adjusts Both Spine and Brain To Build Health From The Inside-Out

### Sixth Sense System

Proprioception is your sixth sense. It means "self-perception." It is both conscious and subconscious. It is the intersection between body and mind. We can't conceive of "mind" without a sense of "self", or a "sense of self" without "self-perception / proprioception."

*Sixth Sense Adjusting* uses applied neuroscience to remove fixations in the spine and brain that interfere with proprioception and distort the NeuroMatrix. The process enhances physical and mental performance and overall health and well-being.

The Sixth Sense System is a powerful combination of two high-tech systems: the PulStar Spinal Analysis and Adjusting Instrument and the NeurOptimal Innate Brain Training system. Each system has a synergistic effect on the other to produce maximum benefit in minimum time.

**A Three-Step Process:** 

**1.** The PulStar accurately locates and Adjusts Spinal Fixations to remove proprioceptive distortion.

2. Your proprioceptive neuromuscular information system is actively engaged, while...

3. Innate Brain Training's *facilitated recovery* training Resolves Mental Fixations to improve your NeuroMatrix's image, resilience and flexibility.

For more information about each system see their respective brochures.

### NeuroMatrix Optimization

Your *NeuroMatrix* is your brain's neural image of you. How can it be improved? The answer is simple: by providing it with better information and removing barriers to its full expression.

#### **FIXATION AND ADAPTATION**

Mental, Physical and Spiritual Adaptability is Intelligence, Health and Well-being. Adaptation is change. Fixations prevent change.



Remove spinal fixations with the PulStar, and Remove mental fixations with <u>Innate Brain Training.</u> Then, when your Brain and Spine are Dynamic and Adaptive, you are poised for *optimal physical and mental performance!* 

#### **Peak Performance:** Beyond Wellness

Technologically enhanced mindfulness and spinal flexibility sounds almost like Techno-Yoga!

The Sixth Sense System provides many of the same benefits, but it's more of a complement to than a substitute for a disciplined practice. It will objectively evaluate and accelerate the health benefits of any disciplined physical or mental practice.

#### Flexible Mind / Flexible Spine

The sequencing of Hi-Tech spinal core optimization with Hi-Tech mindfulness brain training is safe, effective, and so non-invasive you'll wonder if anything is "really happening"... until you and others around you notice the improvements. While the *process* can be described as "underwhelming," the *results* can be profound.

A new paradigm of mental, physical and spiritual adaptability is taking hold. Your nervous system mediates adaptability. Train it to be more flexible and resilient. Your brain's innate intelligence sets the pace, so seamless transformation effortlessly takes place.

**Optimal neural function is our goal.** 

*IMPROVE YOUR NERVOUS SYSTEM, IMPROVE YOUR LIFE!*