

Dialogue Practices in Group

Thinking together: Does the experience of finding shared meaning in the group dialogue lead to the sense of a collective thought process, in which emerge generative and innovative options for resolution?

Check-In
Topic/Issue

Take a moment to share:
“What is moving within you at this time?”

Listen deeply to others vs planning a response; Allow others’ words to resonate before speaking; Listen also to Self, the Group, and to the Silence; Listen for the deeper shared meaning that emerges.

Listening

Suspend personal judgments. Replace Certainty with Curiosity. Let go of “the need to...”; Be willing to disclose your own guiding assumptions

Suspending

Find your **Inner Voice** vs intellectual voice; Can you trust the “voice” that is called to speak without knowing what you will say? Less is More; Speak to the center of the “circle”.

Voicing

Acknowledge the Humanity in others and self; Accept that what affects you in others, may be also in you; *Sawu Bona* -- “I See You”

Respecting