

The Wellness Compass Journey Activity 21. Step 2.3: Final Action Plan
 Use to summarize key aspects of why and how you will accomplish your goal.

Problem Statement	
Key benefits	
Key resources People To buy To secure	
Key obstacle (s) and plan to overcome it	
My overall goal	
Measurable Objective 1 Measure(s)	
Specific activities I will do to accomplish this objective	
Measurable Objective 2 Measure(s)	
Specific activities I will do to accomplish this objective	