

Count Down 100
10 Months



**ROAR
Newsletter**

**4.26.2023
Edition**

Chartered February 18, 1924

**2022-2023
OFFICERS
& BOARD**

PRESIDENT

MELINDA FREEMAN

1ST VP

STAR RANSONET

2ND VP

GERALD GARDNER

SECRETARY

JOE MCCORMICK

TREASURER

SUZETTE DUHE

**COMMUNICATION/
IT/MARKETING**

GREG CRAPO

LION TAMER

WAYNE ROSS

ROAR EDITOR

PENNY EDWARDS

MEMBERSHIP

CINDY BAMBURG

TAIL TWISTER

GLENN QUAVE

1 YR DIRECTORS

JAYE BRICE
LESLIE JOHNSON

2 YR DIRECTORS

MARGOT SWETMAN
JERRY DODGE

3 YR DIRECTORS

AUSTIN KNUE
MIRIAM MITCHELL

PAST PRESIDENT

ELIJAH MITCHELL

**CONGRATULATIONS TO THE BILOXI LIONS CLUB
2023-2024 ELECTED OFFICERS AND BOARD OF DIRECTORS**

The following Biloxi Lions were elected at the April 26, 2023 regular meeting. They will be installed at the Annual Installation and Awards Banquet/Program on Wednesday, June 21, 2023. This will be an evening program, no noon meeting. Additional information on the program will be published as soon as it is received.

President: Gerald (Jerry) Gardner

1st Vice President: Tadd Gabrielson

2nd Vice President: Austin Knue

Secretary: Joe McCormick

Treasurer: Greg Crapo

Communications/IT: Wayne Ross

Lion Tamer: Carl Nehlig

Tail Twister: Glenn Quave

ROAR Editor: Penny Edwards

Membership: Dorothy Nehlig

3rd Year Director:

Cindy Bamburg

Brandy Gunter

Incoming Biloxi Officers...here's your 1st opportunity to get training

There will be **Officer Training** at the Lions of MS State Convention in Columbus, on **Friday, May 5th beginning at noon.**

The training is for **Presidents, Secretaries, Treasurers, and Zone Chairmen.** You do not need to let us know you will be attending; just be there!

UPCOMING DATES, EVENTS AND PROGRAMS

MAY 3	Megan Tomsik, Optometrist
MAY 5-6	Lions of MS State Convention, Columbus, MS
MAY 10	Biloxi Lions Mother of the Year Award Ceremony
MAY 11	Biloxi Lions Board Mtg, Cadence Bank, 2nd floor, noon, BYOL
MAY 17	Brett Montague, <i>EndItForGood</i> , Ending Drug Abuse in America
MAY 17	Deadline for Biloxi Lions Club Hall of Fame Nominations
MAY 19-21	MS Lions Sea and Sun Visually Impaired Camp, Camp Wilkes
JUN 8	Biloxi Lions Board Mtg, Cadence Bank, 2nd floor, noon, BYOL
JUN 14	Father of the Year Award Ceremony
JUN 21	Biloxi Lions Club Installation and Awards Dinner
JUN 28	The Honorable Mike Ezell, Rep. 4th Congressional District of MS

4.26.2023 Meeting Recap

Opening: Pres. Melinda Freeman called the meeting to order at 12:05pm; The BLC Choir led us in God Bless America; Lion Penny led the Pledge of Allegiance; and Lion Darrell offered the prayer

Guest(s): none **Zoom:** Lion Austin

50/50 drawing: \$20 was won by Lion Penny; **King of Clubs Progressive:** Lion Austin (via zoom) drew the Queen of Hearts; \$1216 to the winner if King of Clubs card drawn today

Auction Item: none

Club Business and Announcements:

1. Lion Pres. Melinda:

a) thanked Lion Penny for providing dessert; Dessert sign-up sheet on table

b) the final reading of Slate of 2023-2024 Officers/Board nominations. Vote taken and the results on front page

c) the Lions of MS State convention is May 5-6 in Columbus, **registration form on page 4. Remember we have 2 Biloxi Lions, Lions Elijah and Penny, nominated for 1st & 2nd Vice District Governors, respectively, for District 30 S**

2. Lion Elijah announce MOY is Lion Leslie Johnson. Award program is May 10th at noon. He asked that the MOY committee please stay a few minutes after today's Club meeting for a brief meeting

3. Lion Margot said the vision screening at Fatima's SpringFest on May 12&13th. A sign up sheet will be passed around for volunteers

6. Lion Penny reminded members the need of silent auction items for the State Convention. If you are not attending please give your item to her, or any person attending the convention. Last day for collection at the May 3rd meeting. All proceeds from the silent auction go to White Cane

6. **Program:** Lion Cindy introduced today's guest speaker, Loree Gilman, RN, Merit Health Chest Pain and Stroke Coordinator. Photo below

Loree Gilman RN, Merit Health Chest Pain and Stroke Coordinator

As many of you already know, Lion Cindy Bamberg is entering a new chapter of her life...she is retiring from Merit Health System on April 28, 2023. However, one last thing on her check off list before retiring was to invite Merit Health's chest Pain and Stroke Coordinator, Loree Gilman, to be our speaker on April 26th.

Prior to Loree entering the medical field she served in the United States Navy. She received her RN Degree at the University of Southern Mississippi in 2016 and was hired by Merit Health in Biloxi. Her current position is the Chest Pain and Stroke Coordinator. No, she doesn't coordinate when you will have the 'big one Elizabeth' but she does help people to understand what symptoms are and how they may appear to you individually. Today she distributed a RED Folder (RED for the heart) which contained Pamphlets like *UNDERSTANDING STROKE RISK* and other vital informational data sheets such as *CARDIAC RISK INDEX QUIZ* and *PERCEIVED STRESS SCALE* questionnaire.

She asked the Biloxi Club members one important question "what do you do if you think you may be having a heart attack or stroke?" **RIGHT, you call 911!!! Get an ambulance to you as soon as possible!** Do Not Wait for Someone to Drive You to the Emergency Department, AND in NO Way Do You Drive Yourself. The minutes do count in case if a heart attack or stroke. The First Responders/EMTs will have the life saving treatment/medications and will already be in contact with the ED folk at the local hospital. Besides, you not only put yourself at risk by driving but you also put others in harms way should your condition worsen on the way to seek medical attention.

Another area Loree discussed was the accepted way to now perform CPR. Most people learned CPR with chest compressions and mouth-to-mouth resuscitation. However, evidence is showing that bystander cardiopulmonary resuscitation is most effective when only chest compressions are used, so mouth-to-mouth is no longer recommended. Start chest compressions and call for emergency services as soon as possible.

Loree wears many hats as Mom and she is also the Vice President of Elijah's Closet in Gulfport. This nonprofit's mission is to get new to gently used furniture, clothing, personal hygiene, diapers and like items for foster families or for families with children susceptible to going into foster care. To donate to Elijah's Closet go to their website Elijahscloset.org for more information.



Loree Gilman, RN, receives a Lions Pen from Lion Cindy Bamberg

Don't forget you can ZOOM a meeting if unable to attend in person. Please contact Lion Greg in advance if you plan to attend via ZOOM.

Direct Access to the Biloxi Lions Club weekly meeting is available on our website www.biloxilions.org just by clicking the ZOOM HERE button.

Or, by the following information below

<https://us02web.zoom.us/j/89166624322?pwd=V25tWXJMRkRXdGRWTTIHSJJsMEZWUT09>

Or, Dial by your location

+1 312 626 6799 US (Chicago)

Meeting ID 891 6662 4322 Passcode: 996230

Log on a few minutes prior to our 12 noon meeting to assure your connection

***Issues Logging on...Please call or text Lion Greg at 228.760.0239 for help**



Dessert Pledges

April—June

MAY

3rd Cindy Bamburg

10th Mother of the Year

17th Margot Swetman

24th open

31st open

JUNE

7th Cindy Bamburg

14 Father of the Year

21 Installation Banquet

28 George Azar

The only two dates left are May 24 & 31. If you enjoy a dessert with your meal... please sign up.

The month of June has pledges so we are set until the end of our physical year ending June 30th. Dessert pledges are posted in the ROAR in case you forget your date.



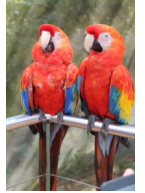
APRIL LIONS

Ronnie Cochran Elijah Mitchell

Bo Roberts

Jack and Jill...

Is planning to make a quick tour of the Lions of MS State Convention in Columbus, especially with 2 Biloxi Lions nominated for 1st & 2nd Vice District Governors for District 30S.



You probably won't even know we are in the area...so be on your best behavior. Remember, we share photos...



Upcoming Lions of MS Camps
May 19-21: the Lions Sea and Sun Camp for Visually Impaired Children. Keep a weathered eye out for us Me Mateys!



Dates to Save

May 5-6, 2023

Lions of MS State Convention, Columbus, MS

May 17-19, 2023

Lions of MS Sea and Sun Camp, Camp Wilkes, Biloxi

July 7-11, 2023

International Convention, Boston, MA

JUST IN...

The Biloxi Lions Club Hall of Fame Committee will meet briefly following the Club meeting on Wednesday, May 3rd. Committee members, please make all effort to attend so that important business can be discussed.

Lions Club of Biloxi
P.O. Box 196 Biloxi, MS 39533
228.424.7840

<http://www.biloxilions.org>
<http://m.facebook.com/BiloxiLions>

To enjoy back editions of the Biloxi Lions ROAR newsletter please visit our website.

It is not too late to register for the Lions of MS State Convention, May 5-6, 2023, in Columbus.

LIONS OF MISSISSIPPI



2023 STATE CONVENTION

Registration

May 5-6, 2023

Columbus, MS

Name _____ Phone _____

Spouse _____ Club _____

Total Cost

Registrants (For each attendee over 12) _____ at \$25 each _____

Hall of Fame Fiesta (Friday) _____ at \$30 each _____

District Governors Banquet (Saturday) _____ at \$30 each _____

Total Remittance _____

For credit card payment:

Card # _____ Exp Dt _____

_____ Code _____

Authorized Signature

No refunds after April 15th

Make checks payable to Lions of MS and return registration to:

Lions State Office
431 Katherine Dr
Flowood MS 39232

HOTEL INFO - Make reservations by April 5th!!!

Courtyard by Marriott *	Fairfield Inn	Hampton Inn	Holiday Inn Express
\$114/night + tax	\$104/night + tax	\$124/night + tax	\$109/night + tax
662-245-1540	662-241-1990	662-245-1085	662-245-6133

* *Headquarter Hotel*