

Eltham Eagles Football Club - COVID-19 Risk Assessment

ASSESSMENT DETAILS			
Name of Assessor	Helder Ribeiro	Role	Chairperson
Date of Assessment	3rd September 2020	Signed	Signed copy scanned and held digitally by the club.

SCOPE OF ASSESSMENT	
Description of activities covered under the scope of this risk assessment:	<p>This risk assessment covers all football activity under the authorisation and jurisdiction of Eltham Eagles FC. These such activities are:</p> <ul style="list-style-type: none"> • Training Sessions carried out with restrictions caused by the COVID-19 (Coronavirus) Pandemic. • Matches carried out with restrictions caused by the COVID-19 (Coronavirus) Pandemic.
People who might be harmed under the activities covered under the scope of this risk assessment:	Players, coaches, helpers, committee members.
Frequency of activities undertaken covered under the scope of this risk assessment:	At least once a week for training and at least once a week for matches
Exclusions:	<p>The following activities are not covered by this risk assessment and shall be covered by a separate assessment where required:</p> <ul style="list-style-type: none"> - Activities (including football) that are not authorised nor fall under the jurisdiction of Eltham Eagles FC. - Social events (even if they are exclusive to members of Eltham Eagles FC).

IDENTIFICATION OF RISKS AND HAZARDS					
Identify the the hazard or risk during activities covered by the scope of this assessment			Spread of COVID-19 (Coronavirus) during an activity.		
Affected Persons			Players, Coaches, Helpers, Committee Members, Referees		
Likelihood without mitigation measures in place	Severity without mitigation measures in place	Risk Rating without mitigation measures in place	Likelihood with mitigation measures in place	Severity with mitigation measures in place	Risk Rating with mitigation measures in place
4	3	12	2	2	6
					Is the risk rating acceptable and sufficient
					Yes

What measures and actions are on place to mitigate the risk	
Communication of Activities and Safety Measures	<ul style="list-style-type: none"> Coaches shall brief players the requirements, guidelines and rules. The club will keep records of every authorised training session and/or match including the date, time and location as well as a list of attendees should the need arise for this information to be used for the purpose of contact tracing (NHS Test and Trace). For matches, COVID-19 Risk Assessment shall be shared with opposition teams and the referee beforehand. Likewise, coaches should request the Risk Assessment(s) from opposition teams, read them and make any necessary adjustments that may be required. All participants shall be aware of the COVID-19 Self Assessment Check in order to carry out a self assessment prior to every training session and/or match. All matches shall only be played against FA affiliated teams who have affiliated for the 2020-21 season who have in place suitable Club Liability Insurance and Personal Accident Insurance. Coaches must take a register of ALL participants for each session and must submit this information to the club to aid NHS Test and Trace.
Participant Safety Risk Awareness and Consent	<ul style="list-style-type: none"> All participants must complete the self-check form before attending any session Failure to complete the self-check form will mean the participant will be unable to take part in any session. Participants shall read the FA and Government Guidelines and Rules to ensure they are familiar with them and able to comply. <ul style="list-style-type: none"> FA Guidelines: http://www.thefa.com/news/2020/jul/17/grassroots-guidance-for-competitive-football-restart-in-england-170720 Government Guidelines: https://www.gov.uk/coronavirus The club will communicate all risk assessments, rules and guidance to participants and coaches. Participants accept and understand the risks and challenges of the COVID-19 pandemic; and shall implement and adopt all safety protocols required to significantly minimise the contraction or spread of the virus, however cannot for certain ensure that the risk of contracting the virus is completely eliminated.
COVID-19 Self Assessment/Check	<ul style="list-style-type: none"> Prior to any training session or match, participants shall perform a COVID-19 Self Assessment/Check. If a participant has any symptoms or fail any of the checks below then they MUST NOT attend: <ul style="list-style-type: none"> A high temperature (above 37.8C). A new continuous cough. Shortness of breath. A sore throat. Loss of or a change of normal sense of taste and smell. Feeling generally unwell. Persistent tiredness. Been in close contact/living with somebody who is suspected or has tested positive for COVID-19. Been to a country that requires a quarantine period upon return to the UK within the last two weeks. Coaches must remind and communicate to players the need to conduct a COVID-19 Self Assessment/Check before every training session and/or match.
Training Session Planning	<ul style="list-style-type: none"> Coaches/session organiser must plan all sessions such that they can be carried to adhere to FA and Government rules and guidelines AT ALL TIMES. A group shall not consist of more than 30 people which includes all coaches. There should be sufficient space between groups/teams - crowding of multiple teams in one place should be avoided. Coaches shall start and finish their sessions promptly and avoid hanging around.

	<ul style="list-style-type: none"> Coaches/session organisers shall wipe down any equipment after each session with PPE equipment provided by the club. Coaches/session organisers must minimise the touching of equipment when planning drills/exercises. Where a participant will be touching equipment regularly (e.g. goalkeeper focused session) then they should wear gloves and/or the coach shall regularly sanitise the equipment. Coaches/session organisers should ensure that all planned exercises/drills conform to the FA rules and requirements. Coaches/session organisers should consider the necessary arrival protocols and communicate this with participants. Warm-ups and cool-downs shall adhere to social distancing. Minimise the amount of time players are in close proximity to each other for extended periods of time (e.g. marking on corner/free kick training). Coaches shall plan regular hygiene breaks within the session to sanitise hands and equipment. Coaches shall ensure social distancing (2 metres) is adhered to when conducting training team talks - consider the use of cones/markers to enforce this. Learn from previous sessions - apply any changes necessary to improve the safety of the session based on previous feedback and experience.
	<ul style="list-style-type: none"> Coaches must ensure all matches adhere to FA and Government rules and guidelines AT ALL TIMES. Ensure that opposition teams are correctly affiliated with the FA and have suitable Club Liability and Personal Accident Insurance in place. Ensure that the referee is correctly registered with the FA and has suitable Liability Insurance. In the event of a non-qualified referee being used, this must be a club official who is registered with the club and thus covered by the club insurance policies. Coaches shall plan for arrival and departure of players to ensure they adhere to social distancing measures. Car sharing to travel to and from games should be minimised. If car sharing must occur, ensure suitable PPE is used and disinfect vehicles where necessary after use. Players are encouraged to walk, cycle or run to games where reasonably possible. Changing rooms should be used following the rules/risk assessment at the venue. (exceptions to be made in certain circumstances as outlined in the FA guidelines - in this situation, the changing rooms shall be used in strict adherence to Government guidelines). Players should shower/wash at home. Toilet facilities to be available (sites which have them). Additional hygiene measures to be utilised including aggressive hand washing, use of hand sanitiser and limits of numbers at any one time. Warm ups and cool downs shall adhere to social distancing (2 metres). Team talks shall adhere to social distancing - cones/markers are recommended to enforce this. Substitutes, coaches and assistants shall ensure they adhere to social distancing on the sideline - cones/markers are recommended to enforce this. No handshakes pre or post match. Players must sanitise hands immediately prior to commencing a match and after too
Match Planning	
Spectators	<ul style="list-style-type: none"> Spectators shall adhere to social distancing (2 metres or 1 metre plus) at all times. Spectators shall not congregate in groups of more than 6 people. Spectators should stand the opposite side of the pitch to the coaches.
Hygiene Measures	<ul style="list-style-type: none"> Participants shall ensure they adopt aggressive hygiene measures including: <ul style="list-style-type: none"> Frequent hand washing using soap or hand sanitiser for at least 20 seconds.

	<ul style="list-style-type: none"> Wiping and cleaning of their own personal items and equipment, or surfaces they will be touching. Not share any personal items (e.g. water bottle) with members outside of their own household. Keeping the amount of objects and surfaces they touch to a minimum (particularly surfaces/objects frequently touched by other people). <ul style="list-style-type: none"> Coaches shall: <ul style="list-style-type: none"> Adopt regular hygiene breaks to allow players to sanitise hands and/or disinfect equipment. Ensure they have the necessary equipment to sanitise hands and disinfect equipment. Carry a suitably equipped first aid kit. The sharing of water bottles or other personal items other than those within their own household is prohibited. Bottles should be named to avoid the risk of accidentally being used by someone else. Paper towels and tissues used to disinfect equipment shall be suitably disposed of using a sealed bag upon disposal. Do not litter or leave hanging around on playing fields. <ul style="list-style-type: none"> The club shall provide the following PPE to all teams as a minimum: - <ul style="list-style-type: none"> Hand Sanitiser Disinfectant Spray Paper Towels/Wipes Face mask for coach to administer first aid if required.
Attendance Registers for Test and Trace	<ul style="list-style-type: none"> Coaches MUST ensure they keep a record of ALL participants for every training session or match. Attendance registers for each session to be submitted to the Club no later than 12 hours after the session/match. All players must be correctly registered to the club using the Whole Game system Attendance register data shall be held for a minimum 21 days but not longer than the period detailed in our Club Data Privacy Notice. Players must inform the Club if they become symptomatic and test positive after recently attending a session. A qualified first-aider must be present for all training sessions and/or matches and a suitably equipped first aid kit must be available. In the event of a serious medical emergency or medical issue, coaches/session organiser shall administer the necessary first aid whilst taking any precautions where they can to minimise risk of contracting COVID-19. Coaches are to read and familiarise themselves with the the FA guidance on administering first aid during COVID-19 found here: http://www.thefa.com/~/media/thefa.com/newfiles/get-involved/2020/06/ubs-and-coaches---covid-19-first-aid-guidance-for-returning-to-competitive-grassroots-football.aspx The club shall provide teams with the following PPE: <ul style="list-style-type: none"> Hand Sanitiser Disinfectant Spray Paper Towel Face Mask Continual monitoring of PPE requirements shall occur, with low stock replenished and/or additional PPE items added if required.
First Aid, Safeguarding and Emergencies	<ul style="list-style-type: none"> Any participant or their household must not participate or turn up to a training session if they are symptomatic. They must self isolate in accordance with Government guidelines and must not return until the period of self isolation has expired, or they have taken a Government administered/approved test which has returned back as negative. Any participants who are in an at risk group should continue to exercise caution and return to training and matches when they feel comfortable. In the event that participants become ill with COVID-19 symptoms, then they must inform the club as soon as possible. The club shall keep an attendance record of all training sessions and their participants to aid with contact tracing (NHS Test and Trace) should the need arise.
Symptomatic Participants, Households and Vulnerable People	<ul style="list-style-type: none"> Payments shall be via electronic method where reasonably possible. Participants should pay via contactless using the card machine as the preferred method. Only in exceptional circumstances shall cash payment be accepted. Where it is used as a payment method, coaches should sanitise their hands after handling cash and if possible, use disinfectant to clean cash payments. Match day paperwork should be kept to a minimum. Where absolutely necessary, the exchanging of team sheets between the referee and opposition shall be kept short and brief.
Payments and Matchday Paperwork	

Actions required to in the event of incident or occurrence or to stop an immediate risk.

- All participants complete the consent form. They are required to acknowledge that they have read FA and Government rules and guidelines, as well as this risk assessment.
- Participants agree to adhere to the FA and Government rules and guidelines at all times as well as this risk assessment.
- In the event that a coach/session organiser does not feel that a session can be carried out in compliance with FA and Government rules and guidelines or the risk assessment, then they should stop the session or match.
- Coaches/session organiser shall remove any participant who does not adhere to the FA and Government rules and guidelines of the risk assessment.
- The club reserves the right to suspend training for the entire club or specific teams without notice on the grounds of safety.

Action reporting or completion timeframe.

- Consent form must be completed before a participant takes part in an approved session.
- All training sessions and matches must be pre-planned with their details submitted to the club.
- Coaches/session organisers must take immediate and necessary action to reduce risk where a danger arises.
- All incidents and concerns must be reported to a club official within 12 hours, or earlier.