

Which Health Funds Cover Hypnotherapy?

As a Graduate Member of the Australian Hypnotherapist's Association (AHA), it means that I am required to constantly upgrade my knowledge, skills and training by undergoing Workshops and Supervision throughout the year. This ensures that I maintain a high quality of professionalism and practice.

The AHA was founded in 1949. It is a National Peak Body who only accredits qualified Therapists who have undergone a strict criterion in order to join and maintain their qualifications.

My **AHA membership number is GM2022831**. This is to be used as my Provider number for some funds. The following Health Funds now offer rebates for Hypnotherapy:

- **Australian Health Management (AHM)** – is owned by Medibank Private. I have a provider number for this health fund.
- **AHM** only cover **stop smoking** with AHA registered hypnotherapists. Your receipt must say Quit smoking for Hypnotherapy.
- **CBHS Health Fund**
My AHA membership number covers this health fund.
- **CUA Health Fund**
Clients must have a doctor's letter/referral advising that they are having hypnotherapy for stress management, weight loss or quit smoking.
- **Grand United Health**
My AHA membership number covers this health fund.
- **HBF (WA)**
They will only deal directly with the AHA Registered Hypnotherapist. As they like to verify that the Therapist is on the current AHA monthly list and you must apply and fill in the necessary paperwork with them directly.
<https://www.hbf.com.au/about-hbf/for-providers/registration-information>
- **Health Care Insurance Limited**
They will only deal with the AHA association They cover **Quit Smoking and Weight Loss programs only** and they only provide a benefit of up to \$150 per year. They will verify that the Therapist is on the current AHA monthly list.
- **Health.com.au** NOTE: have merged with Frank.
They will only deal with AHA.
Health Partners
They will only deal with the AHA association they will check to verify that your Hypnotherapist is on the current AHA monthly list
- **Medibank Private**
Yes, I am A recognised provider and as such I have a provider number which is given to you on receipt of payment.
- **Navy Health Fund**
They will check to verify that the Hypnotherapist is on the AHA monthly list.
- **NRMA Health Insurances** (East Coast & Tasmania)
They will only deal with AHA and check the verification of the hypnotherapist.
- **Phoenix Health Fund**
They will verify that your Hypnotherapist is on the monthly AHA health report.

- **Queensland Country Health**
They will only deal with the AHA. Will only cover hypnotherapy for **weight loss or quit smoking** under their healthy living benefit on the Extras cover.
- **rtHealth Fund** (Formerly Railway and Transport Health Fund Ltd)
They will only deal with the AHA.
- **Reserve Bank Health Society**
They will only deal with the AHA.
- **Teachers Federation Health**
They will only deal with the AHA.
- **SGIC Health Insurance** (SA and NT)
They will only deal with the AHA.
- **SGIO Health Insurance** (WA)
They will only deal with the AHA.

AHA Contact Details

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