

### Discharge and initiation instructions for UreaPro:

#### About Hyponatremia:

Hyponatremia or low sodium, is a condition that occurs when the level of sodium in your blood is abnormally low relative to the amount of water in your blood.

Sodium is an electrolyte. One role of sodium in the body is to help regulate the amount of water that is in and around your cells.

In hyponatremia, one or more factors cause you to have too much water relative to sodium in your body. When this happens cells in your brain can swell.

This brain swelling can cause many health problems from minor to moderate to life threatening.

Typical symptoms of hyponatremia are:

- Confusion or brain fog
- Balance issues
- Problems walking
- Abnormal tiredness

There is a short video on the home page of www.ureapro.com that explains how ure-Na and UreaPro treat hyponatremia.

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You may have been given ure-Na in the hospital. Ure-Na is used in America's hospitals to treat low sodium or hyponatremia.

UreaPro is a lower cost treatment option than ure-Na. UreaPro has the same active ingredient as ure-Na, it isn't as convenient to take, but is cost savings.

Ure-Na is flavor masked, dose packed, stabilized synthetically derived urea (lemon-lime flavored).

UreaPro is bulk packed synthetically derived urea that has been stabilized to avoid clumping. A bag of UreaPro has thirty 15 gram doses and a scoop that offers 15 grams of urea.

UreaPro is very bitter and will need to be flavored. Flavoring recipes can be found at ureapro.com

#### Getting UreaPro

UreaPro is available to order from any Good Neighbor, Walgreens, Rite Aide and Health Mart Pharmacies. These pharmacies can order UreaPro from their wholesaler and have it the next business day. Most pharmacies will require a prescription and adding the NDC # to the prescription will make ordering easier.

UreaPro NDC or National Drug Code #: 62530-0000-17

UreaPro is also available to order at ureapro.com.

See the *Buy UreaPro* section of ureapro.com for detailed instructions on how to get UreaPro.

# Dose of UreaPro:

# Follow up instructions: