**Gratitude**

Circle everything that you have to be grateful for and add more to the bottom.

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| **Health** | **Family** | **Friends** | **Food** |
| **Shelter** | **Work Opportunities** | **Vehicle** | **Purpose** |
| **Jesus** | **Neighbors** | **Coworkers** | **Community** |
| **Safety** | **Savings** | **Intelligence** | **Creativity** |
| **Education** | **Cell Phone** | **The Internet** | **Books** |
| **YouTube** | **Google** | **Amazon** | **Nature** |
| **Past Successes** | **Past Failures to Learn From** | **TV** | **Movies** |
| **Sports** | **Music** | **Privacy** | **Quiet** |
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