

# TRANSFORM YOUR OFFICE



**Enhance Fitness, Wellness & Recovery for Your Teams!**

## Our First Responders Deserve the Best

First responders face unique physical and mental challenges every day. Maintaining peak physical condition, mental health, and quick recovery is crucial for your performance and well-being.

### REDUCE

- Time off
- Overtime
- Medical visits
- Pain & Stress



**Physical Demands:** Long hours, heavy lifting, and high-stress situations, over weight, injuries



**Mental Health:** Reduced focus, overwhelming stress, anxiety, and PTSD



**Recovery Needs:** Rehab injuries, alleviate pain, reduce inflammation, increase circulation

## CREATE THE SPACE

### INTRODUCING A COMPREHENSIVE HOLISTIC APPROACH TO WELLNESS AREAS

Creating a dedicated fitness and wellness area in your office can lead to improved job performance, reduced sick days, and higher morale. And more!

#### SUCCESS TOOLS

- RED LIGHT THERAPY
- FIR RELAX SAUNA
- B3 BFR BANDS
- VIBRATION PLATE
- HYDRATION
- SUPER PATCH

1

#### PERFORMANCE

2

#### WELLNESS

3

#### RECOVERY

#### BENEFITS

- REDUCE PAIN
- REDUCE STRESS
- INCREASE FOCUS
- INCREASE HGH/NO
- IMPROVE HYDRATION
- DRUG-FREE TECH

# CREATE THE SPACE



**DISCOUNT CODE:**  
**PWR100**

## RELAX SAUNA PRO



The Relax sauna emits the highest level of pure far infrared energy of any sauna on the market. This energy increases circulation, activates mitochondrial energy production and releases heavy metals that are stored in the body's fat cells. It burns calories too! This portable sauna heats up quickly, allowing you to enjoy a therapeutic session in just a few minutes. Regular use helps to improve circulation, reduce stress, alleviate pain, and support overall wellness.



## B3 BFR BANDS



Enhance Law Enforcement Performance with B3 BFR Bands: A Proven Solution for Strength, Endurance, and Recovery. Supported by rigorous safety studies, these bands offer a secure and effective approach to improving strength, endurance, and injury recovery. Their easy-to-use design and cost-effective pricing make B3 BFR Bands accessible for all, proving to be an essential asset for boosting physical fitness and operational readiness on the job.



**DISCOUNT CODE:**  
**PWR20OFF**

## RED LIGHT PRO DEVICE



The Red Light Pro Device is designed to provide comprehensive light therapy for pain relief and healing. These target various areas of the body, helping to reduce inflammation, alleviate pain, and accelerate recovery from injuries. The red and near-infrared light penetrates deeply into tissues, promoting natural healing processes. Perfect for those with chronic pain or high physical demands, this set offers a non-invasive, effective solution for pain management.



## RUMBLEX PLUS



Whole body vibration (WBV) is a powerful tool for enhancing fitness, recovery, and relaxation. By standing or exercising on a vibrating platform, you stimulate muscle contractions, which can improve strength, flexibility, and circulation. This innovative method also aids in reducing muscle soreness, accelerating recovery, and relieving stress, making it an excellent addition to any office setting. Incorporating WBV sessions into your work routine can help combat the negative effects of prolonged sitting, boost energy levels, and promote overall well-being.



**ASK ABOUT A  
FREE SAMPLE**

## TRUE HYDRATION



Truly Essential hydration products stand out with their advanced formulation designed for superior hydration and health benefits. Unlike typical hydration solutions, they combine essential nutrients and electrolytes to enhance cellular hydration, improve energy levels, and support overall wellness. Their unique blend ensures optimal absorption and replenishment, making them crucial for maintaining hydration balance, boosting performance, and aiding recovery. With Truly Essential, you get a higher quality, more effective hydration experience tailored for peak health. Zero Sugar. Zero Sodium



**25% FIRST ONLINE  
ORDER**

## THE SUPER PATCH



The "Less Stress, More Focus" add-on features the Peace and Focus Super Patch, designed to help you manage stress and enhance mental clarity. The Peace Super Patch utilizes neurotech technology to promote a sense of calm and reduce anxiety, making it easier to handle high-pressure situations. The Focus Super Patch sharpens concentration and improves cognitive function, ensuring you stay alert and efficient throughout your shift. These patches are easy to apply, discreet, and provide continuous support

## ENHANCING EMPLOYEE WELL-BEING: A STRATEGIC INVESTMENT IN WORKPLACE WELLNESS



**POPPINS-PWR.COM**

Offering tools such as the Relax Sauna, B3 BFR Bands, True Hydration, BIOLYTE, IV in a Bottle, Red Light Therapy, and Super Patch to employees is a powerful investment in workplace wellness. These wellness products not only promote physical health by improving circulation, hydration, and overall well-being but also enhance mental clarity and reduce stress. Employees benefit from increased energy, improved focus, and a greater sense of relaxation, leading to higher productivity and job satisfaction. For employers, this translates to reduced absenteeism, lower healthcare costs, and a more motivated, resilient workforce. By prioritizing employee health, companies cultivate a positive work environment that attracts and retains top talent, ultimately driving business success.