

2023-2027 Bulletin #439

May 5, 2026

Asian Heritage Month 2026

May is officially recognized as Asian Heritage Month in Canada. This month offers us an opportunity to learn more about the history of our fellow Canadians of Asian heritage and to celebrate the many contributions of people of Asian origin to our society.

Canadians of Asian origin represent nearly 20 per cent of the Canadian population, and members of Asian heritage play a vital role in strengthening the work, solidarity, and diversity in our Union.

Asian Heritage Month invites us to deepen our understanding of the diverse cultures and histories of Asian communities in Canada, while acknowledging the many achievements and contributions that have helped shape our country.

Although Asian Heritage Month has been celebrated since the 1990s, it was officially recognized in December 2001 when the Senate of Canada adopted a motion designating May as Asian Heritage Month. In May 2002, the Government of Canada signed the official declaration to announce May as Asian Heritage Month.

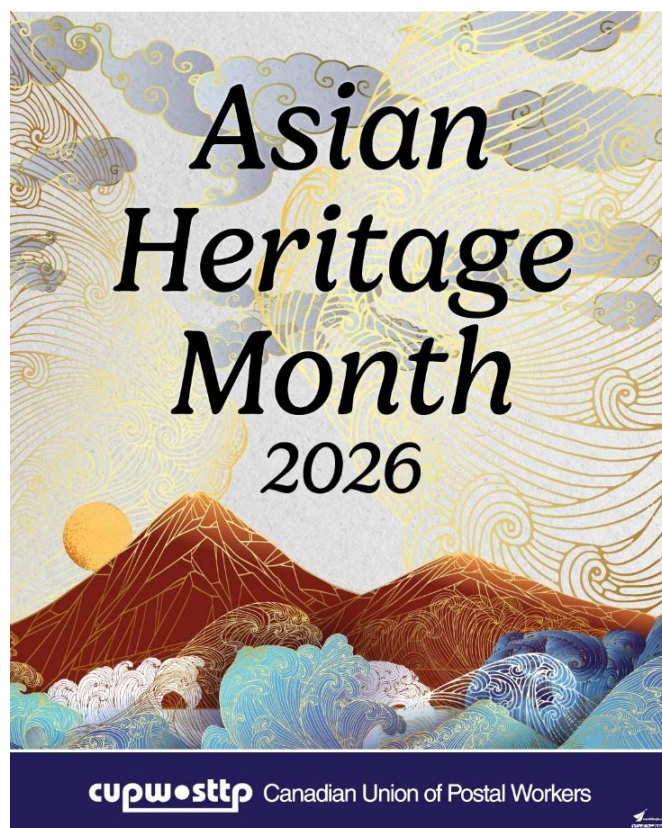
Over the last two centuries, immigrants have journeyed to Canada from East Asia, Southern Asia, Western, Central and Southeast Asia, bringing with them a rich cultural heritage that reflects a wide diversity of languages, ethnicities and religious traditions.

These vibrant and growing communities have contributed to every aspect of life in Canada, from the arts and sciences to sports, business

and government. Their contributions continue to enrich our workplaces, our Union, and our communities.

Asian Heritage Month offers everyone in Canada an opportunity to learn more about the history of people of Asian origin and to celebrate their role in the growth and prosperity of our society.

CUPW encourages all members to take time this month to **learn, reflect, and engage**. We also invite you to explore available resources to better understand the history and contributions of Canadians of Asian heritage.



In Solidarity,

A handwritten signature in blue ink that reads "Jan Simpson".

Jan Simpson
National President

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