



National
Autistic
Society

EarlyBird
Licensed



EarlyBird Programme

Does your child have a diagnosis of Autism or on the pathway for a diagnosis. Join the National Autistic Society's EarlyBird programme for parents and carers of children aged under 6 years.

Our next programme will run for 6 consecutive Wednesdays starting 21st January 2026 (there will be no session during half term 18th February 2026) There will be sessions available AM and PM and confirmed once all applications have been received

The sessions will take place at Thomas Gray Primary School, Chestnut Grove, Bootle, L20 4LX

The six-session programme covers:

- understanding autism
- communication
- understanding autistic experiences
- supporting daily living
- health and wellbeing
- connections.

"This has made a real difference to me. In general, life-changing."
Parent



The EarlyBird programme aims to empower parents and supporting professionals to understand more about autism and discuss useful strategies on how to support autistic children.

For more information and an application pack please contact

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Applications to be submitted by Monday 01.12.25

