

Child's Name

Class

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|---|---|--|---|---|
| Option A | Oven Baked Sausage, Mashed Potatoes, Peas & Onion Gravy | Chicken Curry, Basmati Rice & Naan Bread | Roast Gammon or (V) Quorn Fillet, Veg, Roast Potatoes & Gravy | Pasta King, Variety of Flavours | Fishy Friday, Chipped Potatoes & Peas |
| Option B | (V) Quorn Bolognese & Homemade Garlic Bread | (V) Cheese and Potato Pie & Baked Beans | (V) Baked Cherry Tomato Frittata, Potato Wedges & Side Salad | (V) Quorn Nuggets, Veg, Rice, Sweet & Sour Or Curry Sauce | (V) Pasta Bake, Crispy Green Salad |
| Jackets | Various Fillings | Various Fillings | Various Fillings | Various Fillings | Various Fillings |
| Sandwich | Various Fillings | Various Fillings | Various Fillings | Various Fillings | Various Fillings |
| Desserts | Oat Cookies | (V) Choc Chip Muffin | Fruit Jelly | Iced Fairy Cake | Shortbread Finger |
| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Option A | Meatballs in Gravy, mixed Veg & Seasoned Wedges | Sausage and Bean filled Yorkshire Pudding with Mashed Potatoes | Roast Turkey, Carrot & Sweetcorn, Gravy & Roast Potatoes | Chicken Tikka Masala Yellow Rice & Naan Bread | Fishy Friday Chipped Potatoes Peas & Sweetcorn |
| Option B | (V) Cooks Choice Pizza, Mixed Salad & Seasoned Wedges | (V) Pasta Bake topped with Mozzarella Cheese & Garlic Bread | (V) Baked Quorn Fillet & Gravy, Carrots & Sweetcorn & Roast Potatoes | (V) Cheese & Potato Puff with Baked Beans | (V) Cheese & Red Onion Quiche Chipped Potatoes Peas & Sweetcorn |
| Jackets | Various Fillings | Various Fillings | Various Fillings | Various Fillings | Various Fillings |
| Sandwich | Various Fillings | Various Fillings | Various Fillings | Various Fillings | Various Fillings |
| Desserts | Homemade Biscuit | Jam & Coconut Sponge | Frozen Yogurt Pot | Fresh Fruit or Cheese & Crackers | Choc & Banana Muffin |
| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Option A | Sausage Roll & Baked Beans with Mini Potato Waffles | Spaghetti Bolognese with Crusty Bread | Roast Chicken & Gravy, Vegetables & Roast Potatoes | Cottage Pie With Diced Carrots | Fishy Friday Peas & Skinny Fries |
| Option B | (V) Quorn Curry & Rice with Naan Bread | (V) Cheese (or Pepperoni) Pizza Slice, Coleslaw & Jacket Potato | (V) Quorn Mince & Veg Pie with Roast Potatoes | (V) Pasta King Variety of Flavours | (V) Vegetable Burrito & Salad, Tomato and Sweetcorn Salsa |
| Jackets | Various Fillings | Various Fillings | Various Fillings | Various Fillings | Various Fillings |
| Sandwich | Various Fillings | Various Fillings | Various Fillings | Various Fillings | Various Fillings |
| Desserts | Cherry Shortbread | Jam Tart & Custard | Fruit Jelly & Cream | Apple & Raisin Flapjack | Lemon Drizzle Cake |

Available daily: semi skimmed milk, juice, fresh water, low fat yogurt & fresh fruit