

Child's Name

Class

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option A	Oven Baked Sausage, Mashed Potatoes, Peas & Onion Gravy	Chicken Curry, Basmati Rice & Naan Bread	Roast Gammon or (V) Quorn Fillet, Veg, Roast Potatoes & Gravy	Pasta King, Variety of Flavours	Fishy Friday, Chipped Potatoes & Peas
Option B	(V) Quorn Bolognese & Homemade Garlic Bread	(V) Cheese and Potato Pie & Baked Beans	(V) Baked Cherry Tomato Frittata, Potato Wedges & Side Salad	(V) Quorn Nuggets, Veg, Rice, Sweet & Sour Or Curry Sauce	(V) Pasta Bake, Crispy Green Salad
Jackets	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Sandwich	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Desserts	Oat Cookies	(V) Choc Chip Muffin	Fruit Jelly	Iced Fairy Cake	Shortbread Finger
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option A	Meatballs in Gravy, mixed Veg & Seasoned Wedges	Sausage and Bean filled Yorkshire Pudding with Mashed Potatoes	Roast Turkey, Carrot & Sweetcorn, Gravy & Roast Potatoes	Chicken Tikka Masala Yellow Rice & Naan Bread	Fishy Friday Chipped Potatoes Peas & Sweetcorn
Option B	(V) Cooks Choice Pizza, Mixed Salad & Seasoned Wedges	(V) Pasta Bake topped with Mozzarella Cheese & Garlic Bread	(V) Baked Quorn Fillet & Gravy, Carrots & Sweetcorn & Roast Potatoes	(V) Cheese & Potato Puff with Baked Beans	(V) Cheese & Red Onion Quiche Chipped Potatoes Peas & Sweetcorn
Jackets	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Sandwich	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Desserts	Homemade Biscuit	Jam & Coconut Sponge	Frozen Yogurt Pot	Fresh Fruit or Cheese & Crackers	Choc & Banana Muffin
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option A	Sausage Roll & Baked Beans with Mini Potato Waffles	Spaghetti Bolognaise with Crusty Bread	Roast Chicken & Gravy, Vegetables & Roast Potatoes	Cottage Pie With Diced Carrots	Fishy Friday Peas & Skinny Fries
Option B	(V) Quorn Curry & Rice with Naan Bread	(V) Cheese (or Pepperoni) Pizza Slice, Coleslaw & Jacket Potato	(V) Quorn Mince & Veg Pie with Roast Potatoes	(V) Pasta King Variety of Flavours	(V) Vegetable Burrito & Salad, Tomato and Sweetcorn Salsa
Jackets	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Sandwich	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Desserts	Cherry Shortbread	Jam Tart & Custard	Fruit Jelly & Cream	Apple & Raisin Flapjack	Lemon Drizzle Cake

Available daily: semi skimmed milk, juice, fresh water, low fat yogurt & fresh fruit