

Child's Name .....

Class .....

<b>Week 1</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Option A	Tuna & Vegetable Pasta Crispy Green Salad	Cottage Pie with Garden Peas & Sweetcorn	Roast Chicken & Gravy Baton Carrots & Roast Potatoes	Deep Filled Meat & Potato Pie & Greens	Fishy Friday Peas & Sweetcorn Chipped Potatoes
Option B	(V) Veggie Meatball Sub with Tomato Relish & Crispy Lettuce Chipped Potatoes	(V) Veggie Sausages, Yorkshire Pudding, Peas & Mashed Potatoes	(V) Vegetable Lasagna Crispy Salad Crusty Bread	(V) Chunky Vegetable Curry with 50/50 Rice Naan Bread	(V) Cheese & Tomato Quiche, Vegetable & ½ Jacket Potato
Jackets	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Sandwich	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Desserts	Mini Orange Biscuit & Fruit Slices	Fruity Flapjacks	Chocolate Sponge & Chocolate Sauce	Frozen Yogurt or Fresh Fruit	Lemon Drizzle Cake
<b>Week 2</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Option A	Cooks Choice Pizza Coleslaw, Mixed Salad ½ Jacket Potato	Chicken Curry Boiled Rice & Naan Bread	Honey Glazed Gammon Veg, Gravy & Paprika Roast Potatoes	Mince Mashed Potato Seasonal Vegetables	Fishy Friday Mushy Peas Chipped Potatoes
Option B	(V) Veggie Chilli & Boiled Rice	(V) Herby Cheese & Potato Puff Pastry & Baked Beans	(V) Sliced Quorn Fillet & Gravy, Veg & Roast Potatoes	(V) Tuna Pasta	(V) Roasted Vegetable Pesto Pasta & Crispy Salad
Jackets	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Sandwich	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Desserts	Shortbread Biscuit & Sliced Fruit	Ice Cream Pot	Rice Pudding & Jam Sauce	Fresh Fruit Salad	Fairy Cake
<b>Week 3</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Option A	(V) Quorn Bolognaise & Spaghetti Wholemeal Bread	Chicken Tikka Curry Boiled Rice Naan Bread	Roast Pork & Gravy, Sweetcorn Green Beans & Paprika Potatoes	The Big Breakfast Sausage, Beans & Egg Toast or Bread	Fishy Friday Garden Peas Chipped Potatoes
Option B	(V) Veggie Enchilada Crispy Salad	(V) Meatballs in Gravy, Garden Peas & Mashed Potato	(V) Quorn Fillet, Gravy, Vegetables & Roast Potatoes	Salmon & Broccoli Quiche, Peas & Potato Wedges	(V) Tomato & Basil Pasta with Roasted Veg Crispy Salad / Bread
Jackets	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Sandwich	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Desserts	Iced Muffin	Chocolate & Banana Muffin	Jam Sponge & Custard	Fruit Jelly & Cream	Mini Cookie & Sliced Fruit

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