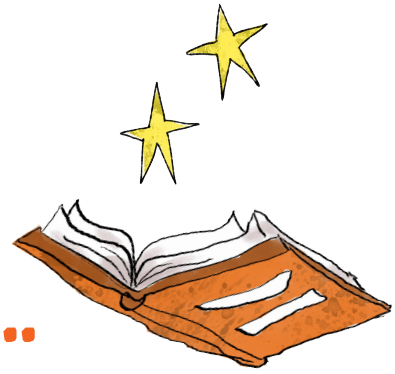


# Reading for fun at home...



During these strange and stressful times, reading and stories of all kinds can help to entertain your kids at home. While they are stuck inside, reading can help them to discover new worlds and adventures beyond their four walls.

Let them know that reading for fun is about taking time out; it's not school work, it's just for fun and just for them - no questions asked!

Let them choose what, when and where they'd like to read, and maybe do the same yourself - reading for just six minutes a day can help to relieve stress and improve mental well-being.

## Some tips to try:

- Find a cosy, comfortable space - it could be your favourite spot on the sofa, your bed, the bath or even up a tree in your garden, as long as you like being there!
- Grab a drink and a healthy snack if you like - just as you would at the movies!
- Choose what you'd like to read or even listen to a story - anything goes!
- Not enjoying your reading choice? Try something different!
- Read for as long as you like, from 6 to 60 minutes...or more!
- Relax - this is time for you to forget about everything else, discover something new or just lose yourself in a different world completely.



# What is reading?

It doesn't matter what you read as long as you read what you like!



E-BOOKS



RECIPE BOOKS



SONG LYRICS



INSTRUCTIONS



COMICS



BLOGS



AUDIO-BOOKS



NEWS

Read for Good

readforgood.org



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# What's YOUR story?

Choosing what to read is a great chance to explore what you like - from funny facts to tall tales, football fixtures to best bakes, the only story your reading list should tell is YOURS!



- 1 A newspaper, magazine or comic**  
There'll be lots in your local library - pick one up that you've never tried before, it might surprise you!
- 2 Read with your ears!**  
Listen to a podcast, audiobook or ask your mum to read to you. You're never too old for a bedtime story!
- 3 Brilliant biographies!**  
Think of someone you admire and read their story. From Michelle Obama to David Attenborough - there's no shortage of inspiration!
- 4 Every song tells a story**  
Read the lyrics to your favourite song, then sing it!
- 5 Read it before you see it!**  
Check out upcoming film releases and challenge yourself to read the book first. It might bring out your inner Spielberg!
- 6 Going for gold!**  
Love sport? Read the sports pages of a newspaper or seek out the life story of your sporting hero.
- 7 An award-winner!**  
Take a look at the shortlists for a reading award like Oscar's Book Prize or the Carnegie Award - and see if you agree with the judges!
- 8 Poems, please!**  
If you're looking for a quick reading fix, why not try a poem or six!
- 9 Old favourites**  
Re-read a favourite book from your younger years. Ours include *The Gruffalo* by Julia Donaldson and *We're Going on a Bear Hunt* by Michael Rosen.
- 10 Top Trumps!**  
Challenge your best mate to a classic game of Top Trumps - you could even have a go at making your own!
- 11 And a classic is born...**  
Find a book published in the year you were born and give it a read.
- 12 A trip of a lifetime!**  
Where would you love to visit? Use travel brochures and guides, the internet and atlases to find out more about your dream destination.
- 13 It's the way you tell 'em!**  
Read a joke book and test out your favourites on friends and family.
- 14 Family favourites!**  
What did your parents or grandparents enjoy reading when they were your age? Maybe you could both read it at the same time.
- 15 Read it, then eat it!**  
Find a cookery book or look online and be inspired by the recipes. Bake it, and enjoy the results over another good book.
- 16 'To be or not to be?'**  
Read a playscript - from Shakespeare's *Taming of the Shrew* to J.K. Rowling's *Fantastic Beasts* original screenplay - it'll bring out the actor in you!
- 17 Truth is stranger than fiction**  
So said Mark Twain in 1897. Find fascinating facts in an encyclopaedia or wonder at weird record breakers.
- 18 Reading rules, ok!**  
No literally, try reading some rules - dig out the instructions to a game you've never played, and then give it a go!

And don't stop there... what's your next reading challenge!



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# Random reading challenges!

Tick the box when you have completed the challenge.

## Read...

- ...outdoors
- ...at night
- ...a magazine
- ...a cook book
- ...to your pet
- ...at breakfast
- ...during lunchtime
- ...about animals
- ...in a den
- ...about magic
- ...about facts
- ...to a friend
- ...something online
- ...a book you'd abandoned
- ...a non-fiction book
- ...about science
- ...a book you can finish in a day
- ...a book of poetry
- ...to an adult

Feel free to invent your own challenges too!



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# In a land far, far away...

Books can take you on adventures around the world, into space or even to fantastical lands. Where have the books you've read taken you?

Discworld

Sherwood Forest

Hogwarts

Fantastica

Avalon

Middle Earth

Narnia

Oz

Wonderland

