

What's on in Sefton

Summer 2 Half Term 2024



ADDvanced Solutions
Community Network
Supporting you to find the answers



We are ADDvanced Solutions Community Network

ADDvanced Solutions Community Network support the emotional health and wellbeing of children, young people and their families who have needs that may be associated with neurodiversity. We equip and empower them with improved understanding and practical strategies to better manage the challenges that they are facing.

Community Network Groups

Delivered weekly during term time, an informal, open access learning opportunity to seek advice and support around challenges you may be facing at all stages of your journey. Drop in, no need to book, to meet the team and visiting professionals.

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Neurodevelopmental Conditions Learning Programme

Six-session learning programme for parents and carers to increase understanding of neurodevelopmental conditions and build skills and confidence to better support their child or young person's presenting needs.

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Online Learning Workshops

Autism with a Demand Avoidant Profile: Autistic children and young people may have a degree of demand-avoidance due to their levels of anxiety. Find out more about the presenting behaviours and identify appropriate strategies.

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Professionals Neurodevelopmental Conditions Awareness Raising Training

Funded training for professionals to increase understanding of neurodevelopmental conditions and the impact on children, young people and their families.

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Autism Learning Programme

Designed to support and empower parents and carers, following their child's diagnosis, in their understanding of how autism is experienced by children and young people, providing learning, guidance and strategies to better support you and your family.

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What is a Community Network Group?

Community Network Groups, delivered weekly during term time, offer an informal learning opportunity to seek advice and support around any challenges you may be facing at all stages of your journey - no referral or diagnosis needed. Drop in, no need to book, to meet the team and visiting professionals, for learning and strategies to better support your child or young person.

Sefton Community Network Group

Where?

Thornton Family Wellbeing Centre, Stanny Field Drive, Thornton, Liverpool, L23 1TY.

There is on-site parking available, and the centre is reachable by bus via the 47 from Formby, 133 from Maghull, 63 from Seaforth and 52/52A from Bootle/Litherland.



[Get directions](#)

When?	Topic
Wednesday 5th June 12:30pm-2:30pm	Encouraging Independence: Discussing what independence may look like for neurodivergent children and young people, and practical strategies to support.
Wednesday 12th June 12:30pm-2:30pm	Tourette's Syndrome: Understanding the characteristics of Tourette's Syndrome and discussing strategies to support the everyday challenges they may face.
Wednesday 19th June 12:30pm-2:30pm	Exploring Social Stories™: Helping your child or young person to better understand social situations, equipping them with strategies to reduce social anxiety.
Wednesday 26th June 12:30pm-2:30pm	Developmental Delay: Exploring different types of developmental delay - including speech and language, cognitive, motor and emotional - and how to support.
Wednesday 3rd July 12:30pm-2:30pm	Introduction to ADHD: Discussing the characteristics of hyperactivity, impulsivity and inattention and how they can impact on education and home life.
Wednesday 10th July 12:30pm-2:30pm	Preparing for the Summer Holidays: Strategies to support neurodivergent children and young people to transition into the summer holidays.

Monday All Area Online Community Network Group

[Please join us online by clicking here to register your details.](#)

Only one registration is required to join any of the topics listed below and you will receive a reminder each week, which includes the link to join. Our online offer is delivered via Zoom for Healthcare.

When?	Topic
Monday 3rd June 9:30am-11:00am	Introduction to ADHD: Discussing the characteristics of hyperactivity, impulsivity and inattention and how they can impact on education and home life.
Monday 10th June 9:30am-11:00am	Exploring Social Stories™: Helping your child or young person to better understand social situations, equipping them with strategies to reduce social anxiety.
Monday 17th June 9:30am-11:00am	Specific Learning Difficulties: Providing learning and strategies to support dyslexia, dyspraxia, dyscalculia and dysgraphia - the four major specific learning difficulties.
Monday 24th June 9:30am-11:00am	Managing Stress: Exploring types of stress and identifying strategies we can use in stressful situations for our children and ourselves as parents and carers.
Monday 1st July 9:30am-11:00am	Understanding and Supporting Behaviours that Challenge: Recognising underlying causes of behaviours that challenge and identifying strategies to support.
Monday 8th July 9:30am-11:00am	Preparing for the Summer Holidays: Strategies to support neurodivergent children and young people to transition into the summer holidays.

Wednesday All Area Online Community Network Group

[Please join us online by clicking here to register your details.](#)

Only one registration is required to join any of the topics listed below and you will receive a reminder each week, which includes the link to join. Our online offer is delivered via Zoom for Healthcare.

When?	Topic
Wednesday 5th June 5:00pm-6:30pm	Introduction to SEND Support: Helping you to better understand the SEND processes and how to get SEND support in place for your child.
Wednesday 12th June 5:00pm-6:30pm	Introduction to ADHD: Discussing the characteristics of hyperactivity, impulsivity and inattention and how they can impact on education and home life.
Wednesday 19th June 5:00pm-6:30pm	Managing Stress: Exploring types of stress and identifying strategies we can use in stressful situations for our children and ourselves as parents and carers.
Wednesday 26th June 5:00pm-6:30pm	Developmental Delay: Exploring different types of developmental delay - including speech and language, cognitive, motor and emotional - and how to support.
Wednesday 3rd July 5:00pm-6:30pm	Exploring Social Stories™: Helping your child or young person to better understand social situations, equipping them with strategies to reduce social anxiety.
Wednesday 10th July 5:00pm-6:30pm	Preparing for the Summer Holidays: Strategies to support neurodivergent children and young people to transition into the summer holidays.

What is the Neurodevelopmental Conditions Learning Programme?

The Neurodevelopmental Conditions (ND) Learning Programme provides an opportunity for parents and carers to gain understanding of neurodevelopmental conditions, specific learning difficulties and associated mental health needs and gain strategies to support the difficulties that may present, including:

- **Neurodevelopmental Conditions - including Autism, ADHD, Sensory Processing Difficulties, Specific Learning Difficulties.**
- **Managing everyday challenges and behaviours - including sleep, toileting and eating difficulties.**
- **Your Local Offer, disability welfare rights and SEND, Early Help and Education Health Care Plans.**

Face to Face Neurodevelopmental Conditions Learning Programme

Please contact us to book your free place in advance

call our office on **0151 486 1788** or email us on **info@advancedsolutions.co.uk**

No referral or diagnosis is needed.

Where?

Professionals Development Centre, 225 Park Road, Formby, L37 6EW. The centre is based a 10 minute walk from Formby train station.

[Get directions](#)



Sessions 1 & 2	Session 3 & 4	Sessions 5 & 6
Tuesday 25th June 9.30am - 2.45pm	Tuesday 2nd July 9.30am - 2.45pm	Tuesday 9th July 9.30am - 2.45pm

Online Neurodevelopmental Conditions Learning Programme

If you are unable to join us face to face,

Please join us online by clicking here to register your details.

Our ND Learning Programme will be delivered online, once a week, over six weeks - only one registration is required to attend all of the six sessions and you will receive a reminder for each session.

Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
Tuesday 4th June 6.30pm - 8.30pm	Tuesday 11th June 6.30pm - 8.30pm	Tuesday 18th June 6.30pm - 8.30pm	Tuesday 25th June 6.30pm - 8.30pm	Tuesday 2nd July 6.30pm - 8.30pm	Tuesday 9th July 6.30pm - 8.30pm

What is a Online Learning Workshop

Online learning workshops provide parents and carers with an understanding of a particular topic around neurodevelopmental conditions. The workshop provides strategies to support children and young people at home and in school, with an opportunity to interact with our team via the chat and Q&A function.

Autism with a Demand Avoidant Profile

Autistic children and young people will have a degree of demand-avoidance due to their levels of anxiety. Behaviour associated with autism with a demand avoidant profile can be challenging and requires a non-confrontational approach. We will discuss how to adopt to better understand and support your child.

When?	Where?
Friday 28th June 9.30am - 12.00pm	<u>Please join us online by clicking here to register your details.</u>

Our online offer is delivered via Zoom for Healthcare, and you will receive a reminder with the link before the session via your email.

What is the Professionals Neurodevelopmental Conditions Awareness Raising Training?

Designed to improve professionals' understanding of neurodevelopmental conditions (NDCs), how they may present and how one condition may overlap with another. Professionals attending this training will develop knowledge, skills and confidence to better support neurodiverse children, young people and their families:

- **Understand the differences between ADHD, Autism, and other NDCs**
- **Recognise the typical behaviours of ADHD, Autism and other NDCs**
- **Recognise the impact that unsupported and unmanaged characteristics of NDCs can have on an individual and their family**
- **Understand the impact that sensory processing difficulties can have on children and young people**
- **Identify local support available for professionals, children, young people and their families.**



ADDvanced Solutions Community Network is commissioned to deliver a limited number of Neurodevelopmental Conditions Professional Awareness Raising Training. If you are interested in this full day's training, please call the office on 0151 486 1788 or email info@addvancedsolutions.co.uk.

What is the Autism Learning Programme?

The Autism Learning Programme has been designed to support and empower parents and carers in their understanding of how autism is experienced by children and young people, providing learning, guidance and strategies to better support your child/young person. The programme is for Liverpool and Sefton parents/ carers whose children and young people have received a diagnosis of autism (ASD). This offer is in partnership with Alder Hey NHS Trust, commissioned by NHS Cheshire & Merseyside.

Please select the appropriate programme specific to the age of your child/young person:

3-8 years; 9-13 years or 14-19 years.

Autism Learning Programme: 3-8 years

Please contact us to book your free place in advance

call our office on **0151 486 1788** or email us on **info@advancedsolutions.co.uk**

Where?

Salvation Army Walton, Cavendish Drive, Liverpool L9 1NB. Situated off Rice Lane, the building is located a short walk from Sainsburys.



[Get directions](#)

Autism Learning Programme - 3-8 Years

Sessions 1 & 2	Session 3 & 4	Sessions 5 & 6
Monday 24th June 9.30am - 2.45pm	Monday 1st July 9.30am - 2.45pm	Monday 8th July 9.30am - 2.45pm

Autism Learning Programme: 9-13 years

Delivered online this half term

Please join us online by clicking here to register your details.

Our Autism Learning Programme 9 - 13 years will be delivered once a week, on-line, over six weeks - only one registration is required to attend all of the six sessions and you will receive a reminder for each session.

Autism Learning Programme - 9-13 Years

Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
Tuesday 4th June 6.00pm - 8.30pm	Tuesday 11th June 6.00pm - 8.30pm	Tuesday 18th June 6.00pm - 8.30pm	Tuesday 25th June 6.00pm - 8.30pm	Tuesday 2nd July 6.00pm - 8.30pm	Tuesday 9th July 6.00pm - 8.30pm

Autism Learning Programme: 14-19 years

Please contact us to book your free place in advance

call our office on **0151 486 1788** or email us on **info@advancedsolutions.co.uk**

Where?

Sefton Corporate Learning Centre, Sandringham Road, Ainsdale, Merseyside, PR8 2PJ. The centre is based a 10 minute walk from Ainsdale train station and has on-site parking available.



[Get directions](#)

Autism Learning Programme - 14-19 Years

Sessions 1 & 2	Session 3 & 4	Sessions 5 & 6
Wednesday 26th June 9.30am - 2.45pm	Wednesday 3rd July 9.30am - 2.45pm	Wednesday 10th July 9.30am - 2.45pm

Coffee Mornings, Afternoons and Engagement Events

Our team are happy to attend any face-to-face coffee mornings and/or online sessions to explain our offer for families and professionals. Please email us at **info@advancedsolutions.co.uk** for further information.

Seeking Crisis Support?



ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, we have listed the local area crisis contact details on our urgent support page, which you can find on our website: **www.advancedsolutions.co.uk** under the 'Contact' menu option.

You will also find links to national organisations that can offer support.

Online offer:

Our online offer is delivered using Zoom for Healthcare. The details we request are kept securely and used in line with our privacy policy: **www.advancedsolutions.co.uk/policies/privacy-policy.html**

If you are using a phone, you will need to download the Zoom app beforehand.

Please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.

Get in touch with us

