

Primary Menu September 2024		Child's Name _____		Class _____	
WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option A	BBQ Chicken with Sunshine Vegetable Rice	Big Breakfast	Chicken & Vegetable Pie, Carrots & Peas, Mashed Potatoes	Beef Lasagne & Garlic Bread with Side Salad	Fishy Friday Peas & Sweetcorn, Chipped Potatoes
Option B	(V) Mac & Cheese With Mixed Green Salad	Tuna Pasta Bake & Crispy Salad	(V) Quorn & Bean Chilli with Boiled Rice	(V) Quorn Curry, Vegetable Rice	(V) Broccoli & Cauli. Cheesy Pasta Bake
Jackets, Sandwiches Rolls & Wraps	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Desserts	Shortbread Biscuit	Oat, Apple & Honey Slice	Fruit Jelly & Cream	Fruit Sponge & Custard	Chocolate & Banana Brownie
WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option A	Cook's Choice Pizza, Coleslaw, Mixed Salad, ½ Jacket Potato	Oven Baked Sausage, Mashed Potato & Garden Peas	Honey Glazed Gammon, Vegetables & Gravy with Paprika Roasted Potatoes	Chicken Korma Curry With 50/50 Rice, Naan Bread	Fishy Friday Mushy Peas, Chipped Potatoes
Option B	(V) Tomato, Basil & Roasted Vegetable Pasta With Crispy Salad	(V) Veggie Curry with Rice & Naan Bread	(V) Sliced Quorn Fillet, Vegetable, Roast Potatoes & Gravy	(V) Cheese & Potato Swirl, Baked Beans	(V) Veggie Fajitas With Mixed Salad, Chipped Potatoes
Jackets, Sandwiches Rolls & Wraps	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Desserts	Peach & Pineapple Flapjack	Homemade Mini Biscuit & Fresh Fruit Slice	Jam Sponge & Custard	Ice Cream Pot	Lemon Drizzle Cake
WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option A	Sausage & Tomato Pasta with Mixed Salad	Chicken Tikka Curry With Boiled Rice & Naan Bread	Roast Turkey & Gravy, Sweetcorn & Green Beans, Paprika Potatoes	Quorn Bolognese	Fishy Friday Peas & Sweetcorn, Chipped Potatoes
Option B	(V) Veggie Cottage Pie & Greens	(V) Pizza Baguette With Salad Sticks, Potato Wedges	(V) Vegetable Pasta	Cheese & Onion Quiche (V) with Jacket Potato & Salad	(V) Vegan Sausage Roll & Chipped Potatoes
Jackets, Sandwiches, Rolls & Wraps	Various Fillings	Various Fillings	Various Fillings	Various Fillings	Various Fillings
Desserts	Fruity Oat Cookie	Vanilla Cup Cake	Marble Cake	Frozen Yoghurt Pot	Fruit Cookie
Available daily: semi skimmed milk, juice, fresh water, low fat yoghurt & fresh fruit					