

WINMARLEIGH

WEDNESDAY 25TH FEB-FRIDAY 27TH FEB

WINMARLEIGH

**Winmarleigh Hall adventure centre is located in
woodland near the Forest of Bowland.**

It is approximately 1 hour drive from Crosby

Trusted site and company



WHY WINMARLEIGH ?



What's it all about?

Teachers and Leaders - more information



PARENTS' CONCERNS

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Primary Schools | Secondary Schools | Resources | Contact Us | Why PGL

PGL » School Trips » Resources » Parent Guide » Accommodation

Accommodation

Parent Guide



Parent Guide

- ▶ Accommodation
- ▶ Checklist
- ▶ Education
- ▶ Company history
- ▶ Food
- ▶ Peace of mind
- ▶ Further Questions

Find out more

Take a look at our centres and courses for your child's PGL trip. Choose from

What is the accommodation like?

We are proud to offer some of the best standards of accommodation for school groups in the industry. Accommodation varies from tents to en suite wooden lodges, or dormitories in mansion houses. We also use hotel accommodation which is carefully selected for suitability to school group requirements.

Are your centres and hotels inspected?

Yes, health and safety is our number one priority and all our centres and activities are subject to inspection by the relevant authorities.

- ▶ Our memberships and affiliations
- ▶ Take a look at our Code of Practice, Safety Management and Safeguarding Policies

Get in Touch

- ▶ Request a quote
- ▶ Request a callback
- ▶ Newsletter sign-up

Call us on **0333 321 2116**

Shortcuts

- ▶ Teacher Guide
- ▶ Learnlink™
- ▶ Memberships and affiliations
- ▶ Free teacher preview weekends

STAFFING

Staff from Great Crosby staff will escort the children.

Team is experienced – any concerns please speak to your class teacher

RISK ASSESSMENT



Risk Assessment - Winmarleigh Hall

	Inherent Risk Present						Control Measures In Place				
	Drowning	Falling	Entrapment Entanglement	Getting Lost	Hypothermia	Specific Other	Swimming Ability Check	Instructor Competence (see note 1)	Standard Procedures	Activity on PGL Site	Protective Equipment
Activities											
Abselling	no	yes	yes	no	no	no					
All Aboard	no	yes	yes	no	no	no					
Archery	no	no	no	no	no	being struck					
Canoeing	yes	no	yes	no	yes	being struck					
Challenge Course	no	yes	yes	no	no	slips & trips					
Climbing	no	yes	yes	no	no	no					
Fencing	no	no	no	no	no	being struck					
Giant Swing	no	yes	no	no	no	no					
High Ropes Course	no	yes	yes	no	no	no					
Jacob's Ladder	no	yes	yes	no	no	no					
Low Level Ropes Course	no	yes	no	no	no	slips & trips					
Orienteering	no	no	no	yes	no	slips & trips					
Problem Solving	no	no	no	no	no	slips & trips					
Quad Biking	no	no	no	no	no	no					
Raft Building	yes	no	yes	no	yes	being struck					
Sensory Trail	no	yes	no	no	no	slips & trips					
Survivor	no	no	no	no	no	being struck					
Trapeze	no	yes	no	no	no	no					
Vertical Challenge	no	yes	yes	no	no	no					
Zip Wire	no	yes	yes	no	no	slips & trips					

Note 1: Please see Code of Practice for further details on instructor competence.

	Residual Risk Level (low, med or high)	Activities			Activities cont.		
		Residual Risk Explanation	Specific Control Measure		Residual Risk Level (low, med or high)	Residual Risk Explanation	Specific Control Measure
Abselling	low	n/a		Sensory Trail	low	n/a	
All Aboard	low	n/a		Survivor	low	n/a	
Archery	low	n/a		Trapeze	low	n/a	
Canoeing	low	n/a		Vertical Challenge	low	n/a	
Challenge Course	low	n/a		Zip Wire	low	n/a	
Climbing	low	n/a					
Fencing	low	n/a					
Giant Swing	low	n/a					
High Ropes Course	low	n/a					
Jacob's Ladder	low	n/a					
Low Level Ropes Course	low	n/a					
Orienteering	low	n/a					
Problem Solving	low	n/a					
Quad Biking	low	n/a					
Raft Building	low	n/a					





CAFETERIA



FOOD



the dining room

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas	Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas	Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas	Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas	Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas	Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas	Choice of Cereals Natural & Fruit Yoghurts White & Brown Toast with Preserves Porridge Oats with Cinnamon, Brown Sugar & Sultanas
Pork Sausages (M) Quorn Sausages Scrambled Egg Mushrooms	Bacon (M) Vegetable Sausages Baked Beans Tomatoes	Pork Sausages (M) Quorn Sausages Hash Browns Spaghetti in Tomato Sauce	Bacon (M) Vegetable Sausages Omelette Baked Beans	Pork Sausages (M) Quorn Sausages Hash Browns Baked Beans	Pork Sausages (M) Quorn Sausages Scrambled Egg Mushrooms	Bacon (M) Vegetable Sausages Hash Browns Spaghetti in Tomato Sauce
Seasonal Fresh Fruit Hot & Cold Drinks	Seasonal Fresh Fruit Hot & Cold Drinks	Seasonal Fresh Fruit Hot & Cold Drinks	Seasonal Fresh Fruit Hot & Cold Drinks			
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads			
Pizza with a Choice of Meat or Vegetarian Toppings Potato Wedges	Baguette or Wrap Choice of Meat & Vegetarian Fillings	Jacket Potato Choice of Meat & Vegetarian Toppings	Pasta Bar Choice of Meat or Vegetarian Dish Garlic Bread	Build a Burger Meat or Vegetarian Burger with Choice of Relishes Fried Onions Chips	Jacket Potato Choice of Meat & Vegetarian Toppings Chips	Giant Sausage Roll (M) Roasted Mediterranean Vegetable Quiche Chips and Baked Beans
Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks		Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day			
Cottage Pie with Onion Gravy Fish Fingers (M) Vegetable Nuggets Chips Broccoli & Baked Beans	Beef Bolognese Slow-Cooked Pork Casserole (M) Mushroom Stroganoff Pasta or Rice Green Beans & Sweetcorn	Oven-Baked Chicken Nuggets Beef Lasagne (M) Feta Cheese & Mediterranean Vegetable Lattice Chips Peas & Carrots	Meatballs in Tomato Sauce Chicken & Vegetable Pie (M) Sweet Potato, Lentil & Vegetable Curry New Potatoes or Rice Cauliflower & Sweetcorn	Battered Fish Fillet with Lemon & Tartare Sauce Chicken & Vegetable Curry (M) Sun-Dried Tomato, Basil & Mozzarella Pasta Chips or Rice Green Beans & Mushy Peas	Coated Chicken Strips with Sweet Chilli Sauce Sweet & Sour Pork with Vegetables (M) Ricotta & Spinach Cannelloni Potato Wedges or Rice Sweetcorn Cobbles & Broccoli	Roast Beef and Vegetables with Yorkshire Pudding & Gravy (M) Macaroni Cheese Roast Potatoes Braised Savoy Cabbage & Carrots
Seasonal Fresh Fruit & Salad Bar Doughnuts Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Jam Sponge with Custard Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Angel Delight Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Apple Crumble with Custard Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Chocolate Crispy Cake Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Lemon Drizzle Cake Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Chocolate Sponge with Chocolate Sauce Hot & Cold Drinks

MEDICAL FORM

Send into school as soon as possible

Must be completed with emergency telephone numbers and medical details.

Please ensure that any medicines mentioned on the medical form are sent into school on the day of the trip along with the administering medicines form found on the school website and both handed to the class teacher

MEDICINES

On the morning of the trip -

Labelled with children's names and clear instructions written down. When? How much? Forms can be found on the school website

Children should not have any medicines in their cases.

Inhalers (labelled)should stay with children at all times and spares handed in.

Travel sickness tablets for homeward journey to be handed in

SWEETS

No sweets or snacks



VALUABLES

No mobile phones/smart watches

No ipads/ipods

No digital cameras-only disposable camera

ACCOMODATION-LIST OF FRIENDS



EMERGENCY

In case of an emergency please contact school via email and school will contact staff at Winmarleigh

PACKING

Children need to be able to carry/pull along their bags/cases.

Please use the clothing list to help pack.

Please encourage the children to pack so they know what is theirs! If possible please label the children's clothes



WHAT TO BRING

Please ensure that all items are named.

CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.

- Tops & jackets
 - T-shirts
 - Long sleeved shirt/T-shirts
 - Waterproof jacket
 - Fleece/jumpers
- Trousers or leggings but not jeans as they get heavy and cold when wet.
- Underwear & socks
 - 1 or 2 sets of clothes for the evening
 - Suitable nightwear



What to wear

We have included some guidance on what to wear and what not to wear for activities we are most often asked about. Please note, activities vary at each centre and final activity itineraries are planned by each centre.

- Disposable camera to take some pictures

Water-based activities

- Old trainers/water shoes
- Warm clothing
- Layers
- Old clothes
- NO Jeans
- No flip flops etc

Rope sessions

- Sturdy shoes/trainers
- Tops to cover shoulders
- Long trousers
- No flip flops etc
- No jeans

Muddy activities

- Old trainers
- Long trousers
- Layers
- Waterproof coat
- No flip flops
- No jeans/shorts

FOOTWEAR

- 2 pairs of trainers
 - 1 for activities
 - 1 old pair for watersports
- 1 pair of dry Slippers /sliders for indoors

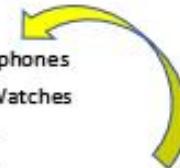


OTHER ITEMS

- 2 towels
 - 1 for showering
 - 1 old one for activities
- Reusable drinks bottle
- Small rucksack/bag
- Labelled bin bag for wet and dirty clothing
- Washbag including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)



- Hair ties for long hair
- Torch
- No Mobile phones
- No Smart Watches
- No Money
- No Sweets
- No digital cameras



BEFORE THE DAY!

Send in final payments

Send in medical form

Please DO NOT BUY and new clothes- old clothes are ideal

ON THE DAY

Arrive school at normal time and take luggage into the classroom. Children should be dressed for activities

Children need a packed lunch

Hand all medicines to me/class teacher with instructions written down. These sheets are available on the website

ARRIVAL HOME

We will leave Winmarleigh at approximately 1:30pm so should be at school about 2.45pm- we will send texts out to advise

Children can be collected from the classroom or alternatively they can be dismissed at 3.15pm