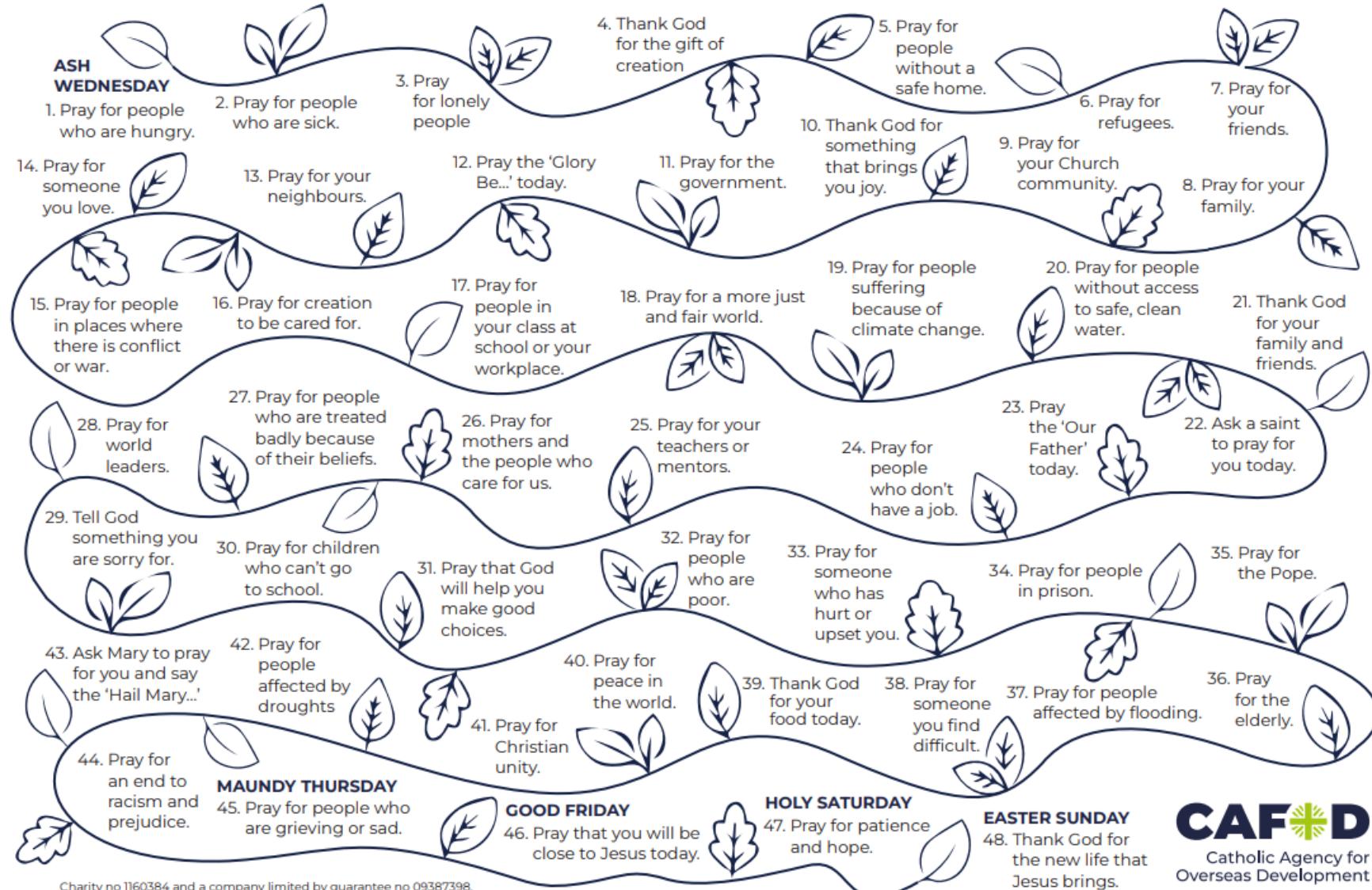


CAFOD Lent Prayer Intentions

Lent prayer intentions

Use our Lent prayer intentions, and colour in each leaf, as a family everyday from Ash Wednesday to Easter Sunday.



Children's University February Half Term Challenge 2026

Links are on our website – Our Learning > Children's University page <https://greatcrosbycatholicprimary.com/childrens-university>



Complete all 15 challenges on our 'Year of Reading' Bingo and receive 5 bonus credits at the end of the year! 3 new challenges each half term!

February Half Term Challenge 2026

Activity 1
Valentines Fun
Saturday 14th February is Valentines day. Why not treat someone you love by creating something fabulous for them? Here are some ideas
[30 Valentine's Day Activities for Kids \(with Printable List!\)](#)

Activity 2
Chinese New Year
17th February marks the start of the Chinese New year celebrations. 2026 is the year of the horse. Find out 5 facts about Chinese New Year, including which animal you are! Here is a link for some ideas [Chinese New Year: 2026—Year of the Horse \(Lunar New Year\)](#)

Activity 3
Pancake Day
17th February is Pancake Day! With the help of an adult, have a go at making pancakes. You could choose different toppings, savoury or sweet! We would love to see your recipe as well as a photo of your best pancake!
[Pancake Day recipes - BBC Food](#)

Activity 4
National Year of Reading Bingo
2026 is the National year of reading so each half term we will set 3 new reading challenges!
1. Read a book that you borrowed or swapped
2. Recommend something you have enjoyed reading
3. Read a book that makes you laugh
Send a picture & record your answers

Activity 5
Heart month 2026
February is heart month, so set yourself a challenge to raise your heart rate each day of half term
* Check your pulse at rest for 1 minute
* Check again after a few minutes exercise (eg walking, skipping, running, dancing, boxing)
* Make a chart to record your resting heart rate versus after exercise, don't forget to record the type of exercise you do each day!

Activity 6
Still life drawing
Why not collect items from around your home and arrange them together ready to create a still life drawing/painting? You can choose a vase, plant, fruit...anything that doesn't move! You will need paper and pencils/paints/crayons. Get some ideas here! [Still Life - BBC Bitesize](#)

Activity 7
Fun Science experiments
If science is your thing, why not try out one of these experiments? You might choose 'Brush, brush', 'Floating fish', 'Sticky Ice' or 'Invisible Ink'! Record what you did and include a photo! [45 Best Science Experiments for Kids to Do at Home or In School](#)



Collect extra Children's University credits during the February half term by completing these challenges. Each activity is worth 1 credit when you send evidence to your local Children's University. This could be a photograph, video, a work sheet, or writing! Send it to SeftonCU@elevate-ebp.co.uk

Dissertation Request

Our former pupil, Megan Bellamy, is a third-year student studying Early Childhood at Liverpool Hope University. For her dissertation, she is conducting a study on the impacts of birth order and how sibling position affects children's intellectual, social, and emotional development. She is looking for parents with multiple children under the age of 11 to fill out a short, **anonymous** survey to support her research. All relevant information is attached to the survey. <https://app.onlinesurveys.jisc.ac.uk/s/lhubos/the-birth-order-effect-cognitive-emotional-and-social-developme> Many thanks for your contribution.

The Effects of BIRTH ORDER Survey for Parents

**I am looking for
parents with
multiple children
under the age of 11
to take part in this
short, anonymous
survey!**

**This study aims to
investigate the impact of
sibling birth order on
development,
personality, academic
skills, behaviour and
confidence in children.
Your participation would
be greatly appreciated!**



Liverpool Hope University - Megan Bellamy - 23012122@hope.ac.uk