

#ANDYSMANCLUB

**SUICIDE IS THE BIGGEST
KILLER OF MEN UNDER 45
1 MAN EVERY 2 HOURS**

**ALL OUR GROUPS
MEET MONDAY 7PM**

**TO FIND YOUR NEAREST
GROUP VISIT OUR WEBSITE
WWW.ANDYSMANCLUB.CO.UK**

JOIN THE CONVERSATION

 info@andysmanclub.co.uk

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#ITSOKAYTOTALK

**We are a peer to peer support group for men.
Come have a brew and a chat!**

#ITSOKAYTOTALK