



To find out more visit: www.autism.org.uk/earlybird

## Has your child received an autism diagnosis or on the pathway for a diagnosis?

Join the National Autistic Society's EarlyBird programme to learn more about autism and how you can support your child.

EarlyBird programme

Meet other parents and share experiences on our 10 week face to face programme. Designed for families whose child is under five, we can help you understand autism and support your child, including:

- supporting interaction
- · understanding sensory differences
- developing play
- interpreting behaviour

"I will be forever grateful for the opportunity to go on EarlyBird when Daniel was young, because he's doing amazing now."

Parent

This is your local licensed EarlyBird group leader, trained by the National Autistic Society.

Contact them for more information

tina.galletly@sefton.gov.uk

lauren.wilding@sefton.gov.uk

## Information and support

This Earlybird programme will be held at Cambridge Family Wellbeing Centre, Bootle. The sessions are aimed at parents living in the south of the borough.

Our parent information session will be held at Cambridge Nursery School on Wednesday 27.9.23 at 11.00am

Please contact Tina or Lauren on the above emails to book a place

Get free resources and expert advice on a wide range of issues affecting autistic people and their families. Visit www.autism.org.uk