

# TAKE THIS AND EAT

*Based on Matthew 26:26-29, Luke 22:14-20*

## Chorus

**“Take this and eat; this is my Body.  
Take this and drink; this is my Blood.  
This is my life, given for you.  
Do this in memory of me.”**

## Verse 1

Jesus and the Twelve gathered for the feast.  
He looked at them with love and said, “Eat with me.  
This is the Passover; when we were set free,  
My sacrifice will be God’s covenant anew.”

## Verse 2

“Gather in my name and remember me.  
Share this meal together, and united we will be.  
Nourished by my Body, nourished by my Blood,  
I am with you always. I come that you may live!”

## Verse 3

God invites us to a Holy Meal.  
The sacrifice of his life, that we might be healed.  
His presence within us strengthens us to love.  
We are sent into the world to serve in his name.

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