



Munchkins

Primary Menu April 2022



Monday

Chicken Korma, 50/50 Rice and baked Naan Bread

✓ Cheese & Vegetable Quiche, Mixed Salad & ½ baked Potato

Chocolate & Banana Brownie

Tuesday

Cottage Pie with Carrots & Broccoli

✓ Meatball Marinara Baguette with Slaw & Oven Baked Wedges

Mini Cookie & Fruit Slices

Wednesday

Honey Glazed Gammon &, Cauliflower, Broccoli, Carrots, Paprika Roast Potatoes & Gravy

Filled Potato Skins
Cheese & Ham or ✓ Cheese with Beans

Mandarin Cheesecake

Thursday

Homemade Chicken & Veg Pie, Peas, Carrots, Mash & Gravy

✓ Sausage & Tomato Pasta Bake with Crusty Bread

Rice Pudding with Peaches or Sultanas

Friday

✓ Pizza Pockets or Salmon Fishcake, Chipped Potatoes, Salad Sticks or Coleslaw

Salmon & Vegetable Egg Fried Rice 50/50 rice
Jam & Cream Scones

Available daily:

Fresh sandwiches, jacket potatoes with fillings, salad and fresh bread

Also available daily:

Fat free yoghurt, fresh fruit, fresh fruit juice, semi skimmed milk and fresh water

✓ Suitable for vegetarians



Sefton Council
Sefton Catering Services

