



# Munchkins

**Week 1**

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Mash Baked Beans	Freshly Made Pizza Seasoned Wedges Coleslaw	Roast Turkey & Gravy Veg of the Day Roast Potatoes	Savoury Mince & Mash Yorkshire Pud Veg of the Day	Battered Fish Veg of the Day Chipped Potatoes
Or				
✓ Quorn Curry Rice	✓ Veggie roll Veg of the Day Seasoned Wedges	Salmon & Broccoli Quiche Mixed Salad Jacket Potato	Tuna & Sweetcorn Pasta Crusty Bread	✓ Lasagne Mixed Salad
Also available: Freshly prepared salad bar & fresh bread				
Jacket Potato with Various Fillings Fresh Sandwiches with Various Fillings	Jacket Potato with Baked Beans Fresh Sandwiches with Various Fillings	Jacket Potato with Various Fillings Fresh Sandwiches with Various Fillings	Jacket Potato with Baked Beans Fresh Sandwiches with Various Fillings	Jacket Potato with Various Fillings Fresh Sandwiches with Various Fillings
Dessert				
Shortbread Finger	Cherry Sponge & Custard	Fruit Jelly	Fresh Fruit Medley	Chocolate & Banana Cake

**Week 2**

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Fillet Savoury Rice Curry Sauce	Pasta Bolognaise Garlic Bread	All Day Breakfast	Chicken Pie Veg of the Day Mashed Potatoes	Jumbo Fish Finger Veg of Day Chipped Potatoes
Or				
✓ Veggie Burger Potato Wedges Sweetcorn	✓ Cheese Puff Baked Beans	✓ Veggie Chilli Boiled Rice	✓ Macaroni Cheese Broccoli Florets	✓ Quorn Sausage & Onions on a Roll Chipped Potatoes
Also available: Freshly prepared salad bar & fresh bread				
Jacket Potato with Various Fillings Fresh Sandwiches with Various Fillings	Jacket Potato with Baked Beans Fresh Sandwiches with Various Fillings	Jacket Potato with Various Fillings Fresh Sandwiches with Various Fillings	Jacket Potato with Baked Beans Fresh Sandwiches with Various Fillings	Jacket Potato with Various Fillings Fresh Sandwiches with Various Fillings
Dessert				
Homemade Biscuit	Lemon Drizzle Sponge	Frozen Yoghurt	Fairy Cake	Oat Crunch Cookie

**Week 3**

Monday	Tuesday	Wednesday	Thursday	Friday
Meatballs in Creamy Tomato Sauce with Pasta Twirls	Minced Beef & Onion Pie Veg of the Day Boiled Potatoes	Roast Gammon Veg of the Day Roast Potatoes	Chicken Curry Rice Naan Bread	Battered Fish Veg of the Day Chipped Potatoes
Or				
✓ Roast Vegetable Frittata Potato Rosti Sweetcorn	✓ Veggie Curry Basmati Rice Naan Bread	✓ Mixed Wraps Potato Salad Cucumber/Carrot Sticks	✓ Vegetable Nuggets Veg of the Day Potato Wedges	✓ Cheese & Tomato Pasta Garlic Bread
Also available: Freshly prepared salad bar & fresh bread				
Jacket Potato with Various Fillings Fresh Sandwiches with Various Fillings	Jacket Potato with Baked Beans Fresh Sandwiches with Various Fillings	Jacket Potato with Various Fillings Fresh Sandwiches with Various Fillings	Jacket Potato with Baked Beans Fresh Sandwiches with Various Fillings	Jacket Potato with Various Fillings Fresh Sandwiches with Various Fillings
Dessert				
Flapjack	Fresh Fruit Medley	Chocolate Brownie	Ice-Cream Pot	Marble Sponge & Custard

Also available: Fat free yoghurts, fresh fruit, fresh water, semi skimmed milk or fruit juice • ✓ Suitable for Vegetarians