ZION EVANGELICAL LUTHERAN CHURCH PEMBROKE THE TWENTY-FIRST SUNDAY AFTER PENTECOST SUNDAY OCTOBER 13 2024 - THANKSGIVING SUNDAY SETTING 3

PRELUDE ANNOUNCEMENTS

CONFESSION AND FORGIVENESS (ELW p. 94)

Blessed be the holy Trinity, \pm one God, who forgives all our sin, whose mercy endures forever.

Amen.

God of all mercy and consolation, come to the help of your people, turning us from our sin to live for you alone. Give us the power of your Holy Spirit that we may confess our sin, receive your forgiveness, and grow into the fullness of Jesus Christ, our Savior and Lord.

Amen.

Let us confess our sin in the presence of God and of one another.

Most merciful God,

we confess that we are captive to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen.

God, who is rich in mercy, loved us even when we were dead in sin, and made us alive together with Christ. By grace you have been saved. In the name of \pm Jesus Christ, your sins are forgiven. Almighty God strengthen you with power through the Holy Spirit, that Christ may live in your hearts through faith. **Amen.**

GATHERING SONG Come, Ye Thankful People, Come (ELW 693)

1 Come, ye thankful people, come; raise the song of harvest home.
All be safely gathered in ere the winter storms begin.
God, our maker, doth provide for our wants to be supplied.
Come to God's own temple, come, raise the song of harvest home.

2 All the world is God's own field, fruit unto his praise to yield; wheat and tares together sown, unto joy or sorrow grown. First the blade, and then the ear, then the full corn shall appear. Lord of harvest, grant that we wholesome grain and pure may be. Text: Henry Alford, 1810-1871, alt. Text: Public Domain

3 For the Lord our God shall come and shall take his harvest home; from his field shall in that day all offenses purge away; give his angels charge at last in the fire the tares to cast, but the fruitful ears to store in his garner evermore.

4 Even so, Lord, quickly come to thy final harvest home.
Gather then thy people in, free from sorrow, free from sin, there, forever purified, in thy garner to abide.
Come, with all thine angels, come, raise the glorious harvest home!

GREETING (ELW p. 138)

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

And also with you.





For this holy house, and for all who offer here their worship and praise,





CANTICLE OF PRAISE (ELW p. 140)



PRAYER OF THE DAY (ELW p. 142)

Let us pray.

Almighty and ever-living God, increase in us your gift of faith, that, forsaking what lies behind and reaching out to what lies ahead, we may follow the way of your commandments and receive the crown of everlasting joy, through Jesus Christ, our Savior and Lord.

Amen.

MIXED CHOIR - 'All Good Gifts' by Natalie Sleeth

FIRST READING: Job 23:1-9, 16-17

A reading from Job.

¹Job answered [his friend:]

²"Today also my complaint is bitter; [God's] hand is heavy despite my groaning.

³Oh, that I knew where I might find him, that I might come even to his dwelling!

⁴I would lay my case before him, and fill my mouth with arguments.

⁵I would learn what he would answer me, and understand what he would say to me.

⁶Would he contend with me in the greatness of his power? No; but he would give heed to me.

⁷There an upright person could reason with him, and I should be acquitted forever by my judge.

8"If I go forward, he is not there;

or backward, I cannot perceive him;

⁹on the left he hides, and I cannot behold him;

I turn to the right, but I cannot see him.

¹⁶God has made my heart faint; the Almighty has terrified me;

¹⁷If only I could vanish in darkness, and thick darkness would cover my face!"

Word of God, word of life.

Thanks be to God.

PSALM: Psalm 22:1-15

- ¹My God, my God, why have you forsaken me? Why so far from saving me, so far from the words of my groaning?
- ²My God, I cry out by day, but you do not answer; by night, but I find no rest.
- ³Yet you are the Holy One, enthroned on the praises of Israel.
- ⁴Our ancestors put their trust in you, they trusted, and you rescued them.
- ⁵They cried out to you and were delivered; they trusted in you and were not put to shame.
- ⁶But as for me, I am a worm and not human scorned by all and despised I by the people.
- ⁷All who see me laugh me to scorn; they curl their lips; they shake their head.
- ⁸"Trust in the Lord; let the Lord deliver; let God rescue him if God so delights in him."
- ⁹Yet you are the one who drew me forth from the womb, and kept me safe on my mother's breast.
- ¹⁰I have been entrusted to you ever since I was born; you were my God when I was still in my mother's womb.
- ¹¹Be not far from me, for trouble is near, and there is none to help.
- ¹²Many young bulls encircle me; strong bulls of Ba shan surround me.
- ¹³They open wide their jaws at me, like a slashing and roaring lion.
- ¹⁴I am poured out like water; all my bones are out of joint; my heart within my breast is melting wax.
- ¹⁵My strength is dried up like a potsherd; my tongue sticks to the roof of my mouth; and you have laid me in the dust of death.

SECOND READING: Hebrews 4:12-16

A reading from Hebrews.

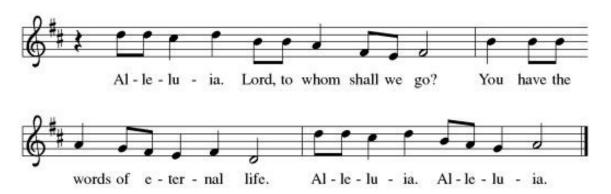
- ¹²Indeed, the word of God is living and active, sharper than any two-edged sword, piercing until it divides soul from spirit, joints from marrow; it is able to judge the thoughts and intentions of the heart. ¹³And before him no creature is hidden, but all are naked and laid bare to the eyes of the one to whom we must render an account.
- ¹⁴Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. ¹⁵For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. ¹⁶Let us

therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need.

Word of God, word of life.

Thanks be to God.

GOSPEL ACCLAMATION (ELW p. 142)



GOSPEL: Mark 10:17-31

The holy gospel according to Mark.

Glory to you, O Lord.

¹⁷As [Jesus] was setting out on a journey, a man ran up and knelt before him, and asked him, "Good Teacher, what must I do to inherit eternal life?" ¹⁸Jesus said to him, "Why do you call me good? No one is good but God alone. ¹⁹You know the commandments: 'You shall not murder; You shall not commit adultery; You shall not steal; You shall not bear false witness; You shall not defraud; Honor your father and mother.' " ²⁰He said to him, "Teacher, I have kept all these since my youth." ²¹Jesus, looking at him, loved him and said, "You lack one thing; go, sell what you own, and give the money to the poor, and you will have treasure in heaven; then come, follow me." ²²When he heard this, he was shocked and went away grieving, for he had many possessions.

²³Then Jesus looked around and said to his disciples, "How hard it will be for those who have wealth to enter the kingdom of God!" ²⁴And the disciples were perplexed at these words. But Jesus said to them again, "Children, how hard it is to enter the kingdom of God! ²⁵It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God." ²⁶They were greatly astounded and said to one another, "Then who can be saved?" ²⁷Jesus looked at them and said, "For mortals it is impossible, but not for God; for God all things are possible."

²⁸Peter began to say to him, "Look, we have left everything and followed you." ²⁹Jesus said, "Truly I tell you, there is no one who has left house or brothers or sisters or mother or father or children or fields, for my sake and for the sake of the good news, ³⁰who will not receive a hundredfold now in this age—houses, brothers and sisters, mothers and children, and fields, with persecutions—and in the age to come eternal life. ³¹But many who are first will be last, and the last will be first."

The gospel of the Lord.

Praise to you, O Christ.

SERMON (ELW p. 143)

HYMN OF THE DAY We Plow the Fields and Scatter (ELW 681)

1 We plow the fields and scatter the good seed on the land, but it is fed and watered by God's almighty hand, who sends the snow in winter, the warmth to swell the grain, the breezes and the sunshine, and soft refreshing rain.

Refrain

All good gifts around us are sent from heav'n above. We thank you, Lord, we thank you, Lord, for all your love.

2 You only are the maker of all things near and far. You paint the wayside flower, you light the evening star. The winds and waves obey you, by you the birds are fed; much more to us, your children, you give our daily bread. Refrain

3 We thank you, our creator, for all things bright and good, the seedtime and the harvest, our life, our health, our food. No gifts have we to offer for all your love imparts, but what you most would treasure-our humble, thankful hearts. Refrain

Text: Matthias Claudius, 1740-1815; tr. Jane M. Campbell, 1817-1878, alt. Text: Public Domain.

APOSTLES' CREED (ELW p. 104)

Let us confess our faith using the Apostles' Creed.

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.* On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body.

PRAYERS OF INTERCESSION

and the life everlasting. Amen.

Challenged by God's Word in Christ, let us pray for the church, the world, and the whole creation.

Compassionate God, embolden the church to seek all who are lost, clothe those who are naked, and mend what is broken. May we be generous bearers of your eternal love. God of grace,

hear our prayer.

Sustaining God, as we approach harvest time, we pray for farmers, field workers, and those who process crops. Keep us mindful of environmental threats to the nourishing food that feeds the world. God of grace,

hear our prayer.

Steadfast God, inspire world leaders to share resources and work collectively to end global poverty, starvation, and preventable disease. Direct us to seek justice and equity, that all may live in peace. God of grace,

hear our prayer.

^{*}Or, "he descended into hell," another translation of this text in widespread use.

Loving God, we pray for those who are afflicted, tormented, grieving, oppressed, and lonely (especially Jason, Martha, Ella, Rhonda, Heather, Anneliese, Joan, Judy, Larry, Garnet, Betty, Lily, Karl, Ingrid, Elva, Clarence, Eva, Barbara, Inga, Marcella, Marlene, Patricia, Amy, Wally). Deliver the strength of your love and compassion to all who need it today. God of grace,

hear our prayer.

Generous God, we give thanks for the first nations and tribes who inhabited this land (local Indigenous tribes or settlements may be named). We lament the harm done by colonization. Call us to deeper appreciation and care for the languages, rituals, and history of all Indigenous people. God of grace,

hear our prayer.

Ever-living God, we rejoice to be heirs of the eternal life made real in Jesus' death and resurrection. We give thanks for saints of all times and places, first and last, who still inspire us to faithful living. God of grace,

hear our prayer.

Into your hands, O God, we commend all for whom we pray, trusting in the saving grace you freely give, both now and forever.

Amen.

PEACE (ELW p. 143)

The peace of Christ be with you always.

And also with you.

OFFERING We Praise You, O God (ELW 870 verses 1 and 3)

1 We praise you, O God, our redeemer, creator; in grateful devotion our tribute we bring. We lay it before you; we kneel and adore you; we bless your holy name; glad praises we sing.

3 With voices united our praises we offer and gladly our songs of thanksgiving we raise. With you, Lord, beside us, your strong arm will guide us.

To you, our great redeemer, forever be praise!

Text: Julia C. Cory, 1882-1963. Text: Public Domain.

OFFERING PRAYER (ELW p. 144)

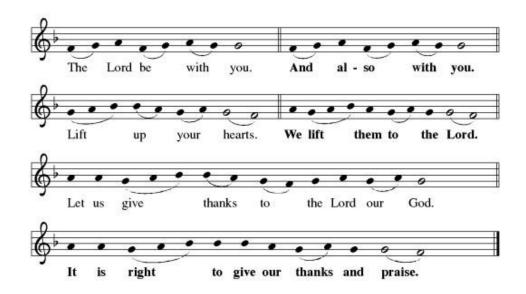
Let us pray.

God of all creation, all you have made is good, and your love endures forever. You bring forth bread from the earth and fruit from the vine. Nourish us with these gifts, that we might be for the world signs of your gracious presence in Jesus Christ, our Savior and Lord.

Amen.

GREAT THANKSGIVING

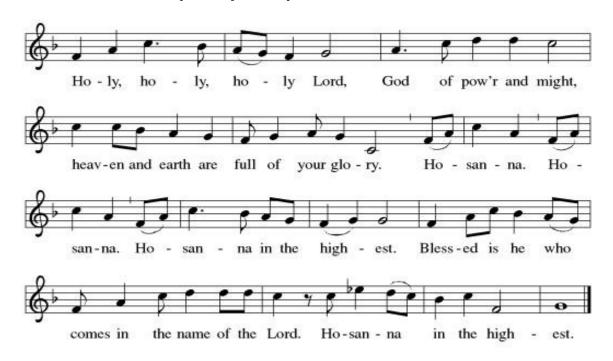
DIALOGUE (ELW p. 144)



PREFACE (ELW p. 144)

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ; who on this day overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

HOLY, HOLY, HOLY (ELW p. 144)



THANKSGIVING AT THE TABLE (ELW p. 145)

Holy God, mighty Lord, gracious Father: Endless is your mercy and eternal your reign. You have filled all creation with light and life; heaven and earth are full of your glory.

We praise you for the grace shown to your people in every age: the promise to Israel, the rescue from Egypt, the gift of the promised land, the words of the prophets; and, at this end of all the ages, the gift of your Son, who proclaimed the good news in word and deed and was obedient to your will, even to giving his life.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me. Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying:
This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin.
Do this for the remembrance of me.

For as often as we eat of this bread and drink from this cup, we proclaim the Lord's death until he comes.

Christ has died.

Christ is risen.

Christ will come again.

Therefore, O God, with this bread and cup we remember the life our Lord offered for us. And, believing the witness of his resurrection, we await his coming in power to share with us the great and promised feast.

Amen. Come, Lord Jesus.

Send now, we pray, your Holy Spirit, that we who share in Christ's body and blood may live to the praise of your glory and receive our inheritance with all your saints in light.

Amen. Come, Holy Spirit.

Join our prayers with those of your servants of every time and every place, and unite them with the ceaseless petitions of our great high priest until he comes as victorious Lord of all.

Through him, with him, in him, in the unity of the Holy Spirit, all glory and honor is yours, almighty Father, now and forever.

Amen.

LORD'S PRAYER (ELW p. 145)

Gathered into one by the Holy Spirit, let us pray as Jesus taught us.

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

INVITATION TO COMMUNION (ELW p. 146)

Come to the banquet, for all is now ready.

COMMUNION (ELW p. 146)

The body of Christ, given for you. The blood of Christ, shed for you. Amen.

COMMUNION SONG (ELW p. 146)

Lamb of God, you take away the sin of the world; have mercy on us. Lamb of God, you take away the sin of the world; have mercy on us. Lamb of God, you take away the sin of the world; grant us peace.

SONG DURING COMMUNION Praise and Thanksgiving (ELW 689)

1 Praise and thanksgiving, God, we would offer for all things living, you have made good: harvest of sown fields, fruits of the orchard, hay from the mown fields, blossom and wood.

2 God, bless the labor we bring to serve you, that with our neighbor we may be fed. Sowing or tilling, we would work with you, harvesting, milling for daily bread.

3 Father, providing food for your children, by Wisdom's guiding teach us to share one with another, so that, rejoicing with us, all others may know your care.

4 Then will your blessing reach ev'ry people, freely confessing your gracious hand. Where you are reigning, no one will hunger; your love sustaining showers the land.

Text: Albert F. Bayly, 1901-1984, alt. Text © Oxford University Press (New York). All rights reserved. Used by permission. One License #A-728050.

SONG DURING COMMUNION Sent Forth by God's Blessing (ELW 547)

1 Sent forth by God's blessing,

our true faith confessing,

the people of God from this dwelling take leave.

The supper is ended.

Oh, now be extended

the fruits of this service in all who believe.

The seed of Christ's teaching,

receptive souls reaching,

shall blossom in action for God and for all.

Your grace shall incite us,

your love shall unite us

to work for your kingdom and answer your call.

2 With praise and thanksgiving

to God ever-living,

the tasks of our ev'ryday life we will face--

our faith ever sharing,

in love ever caring,

embracing God's children, the whole human race.

With your feast you feed us,

with your light now lead us;

unite us as one in this life that we share.

Then may all the living

with praise and thanksgiving

give honor to Christ and his name that we bear.

 $Text: Omer \ Westendorf, 1916-1997, alt. \ Text \\ @ 1964 \ World \ Library \ Publications. \ All \ rights \ reserved. \ Used \ by \ permission. \ One \ License \\ \#A-72805.$

POST-COMMUNION BLESSING

PRAYER AFTER COMMUNION (ELW p. 146)

Let us pray.

God of abundance, with this bread of life and cup of salvation you have united us with Christ, making us one with all your people. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue forever in the risen life of Jesus Christ, our Lord.

Amen.

BLESSING (ELW p. 146)

The Lord bless you and keep you. The Lord's face shine on you with grace and mercy. The Lord look upon you with favor and \oplus give you peace. **Amen.**

SENDING SONG Now Thank We All Our God (isometric) (ELW 840)

1 Now thank we all our God with hearts and hands and voices, who wondrous things has done, in whom this world rejoices; who, from our mothers' arms, has blest us on our way with countless gifts of love, and still is ours today.

2 Oh, may this bounteous God through all our life be near us, with ever joyful hearts and blessed peace to cheer us, and keep us all in grace, and guide us when perplexed, and free us from all harm in this world and the next.

3 All praise and thanks to God the Father now be given, the Son, and Spirit blest, who reign in highest heaven, the one eternal God, whom earth and heav'n adore; for thus it was, is now, and shall be evermore.

Text: Martin Rinkhart, 1586-1649; tr. Catherine Winkworth, 1827-1878. Text: Public Domain.

DISMISSAL (ELW p. 146)

Go in peace. Remember the poor.

Thanks be to God.

POSTLUDE

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ACTIVITIES THIS WEEK: October 14 – 22			TODAY'S WORSHIP VOLUNTEERS	
Monday:	Thanksgiving			
	8:30 am	Pickle Ball	Presiding Minister:	Pastor Scott
	1:00 am	Senior Exercise Class		Schellenberger
	5:30 pm	Messy Church	Worship Assistant:	Paul Merredew
	6:30 am	Pickle Ball	Wording Hodistant.	1 dai Wicifede W
	7:00 pm	Healing Vets	Music Director:	Blaine Sack
Tuesday:	9:30 am	Tai Chi Beginners	Sexton:	David Lehman
	6:30 pm Tai Chi 7:00 pm Mixed Choir		Projector Operator:	Ellen Vandersleen
		Video Recorder:	Ryan Schmidt	
Wednesday:	12:00 pm	Staff Mtg.	Cound On anoton	Noah Schmidt
	1:00 pm	Senior Exercise Class	Sound Operator:	Noan Schilliat
	6:15 pm	Confirmation Class	Counters:	Kevin & Jean Rutz,
	7:00 pm	Men's Choir		Gerry Vandersleen
Thursday:	9:30 am	Tai Chi Intermediate	Altar Care:	Jean Rutz
	6:00 pm	ALPHA Program	T.T.,1,	C4 0 D-1-1-1-
	7:00 pm	Healing Vets	Ushers:	Stan & Debbie Sitkiewicz
Friday:	1:00 pm	Senior Exercise Class	Coffee Hour:	Denise & Barry
	6:30 pm	Pulse Youth Group Halloween Party	Confee Hour.	Schizkoske
Sunday:	10:00 am	Living Stones Service		
J	6:30 pm	Pints (or Pop) With Pastor		

ATTENDANCE: Sunday, October 6, 2024:80

NEWS & ANNOUNCEMENTS

Please pray for those who are ill, in hospital, or requested special prayers: Jason Godin, Martha Kodrzynski, Ella Lehman, Rhonda Mau, Heather Miller, Anneliese Trautrim, Joan Lehman, Judy and Larry Blais, Garnet Miller, Betty Kuehl, Lily Kubiseski, Karl Hausser, Ingrid Trautrim, Elva & Clarence Gagne, Eva Hagenah, Barbara Schoof, Inga Latiok, Marcella Kuehl, Marlene Schleen, Patricia Zohr, Amy Markus-Burgess, Wally Cochrane.

DONATIONS

A donation has been made to the Food Bank in memory of our Father, Grandfather and Great Grandfather, Fred Gorr, who passed away 30 years ago October 11 1994 by Cheryl Sack and family.

⁴God who is rich in mercy, out of the great love with which he loved us ⁵even when we were dead through our trespasses, made us alive together in Christ ^aby grace we have been saved ⁶and raised us up with him and seated us with him in the heavenly places in Christ Jesus. Bible verse Ephesians 2:4,5a-6

\$\Pi\A donation has been made to the Food Bank in thankfulness to God for the safe birth of Jackson Johnson, a healthy Great-grandson for June Popke, on Monday October 7.

HYMN SING There will be a hymn sing prior to the service on **Sunday October 20th**.

CONFIRMATION CLASS will be meeting on October on Wednesday, October 16th at 6:15pm - 7:15pm.

ALPHA PROGRAM will meet on **Thursday October 17**th from **6-8 pm**. Please contact Pastor Scott or the church office if you are interested in attending.

PULSE YOUTH GROUP We are having a Halloween Party! Friday October 18th from 6:30 - 8:30 pm. Cost \$5, all youth are welcome to attend.

PINTS (OR POP) WITH PASTORS

Pints (or pop) with the Pastors on Sunday October 22nd 6:30 pm at Finnegans.

ETERNITY FOR TODAY BOOKLETS have arrived. Please pick up your copy on the table at the church entrance.

ZION GARAGE SALE Zion Lutheran Church will be holding a Garage Sale on Friday and Saturday **October 25 – 26** at 454 Miller Street in the Parish Hall. Tools, housewares, toys, furniture and more- treasures for everyone. Come enjoy our café with baked goods sale, and we hope to see you there!

YARD SALE DONATIONS

We are looking for donations of baked goods for the yard sale cafe. We package these delicious bites onto small plates which are then sold. This is a popular stop for our yard sale purchasers. We have not had success selling muffins in the past so we now focus on squares or tarts. If you can help us by supplying a pan of baked goods they can be dropped off to the kitchen on Thurs. Oct 24 in the morning. This allows us to cut and package them. Thanking you in advance for your support of this fundraiser. This year 50% of the money will go to the Good

Shepherding account and 50% will go to St. Vincent Du Paul. We are also still accepting donations for our yard sale. All items can be placed on the stage. Thank you for your support.

ATTENTION COMMITTEE MEMBERS

- 1. Please submit your committee budgets no later than Thursday, October 31 2024.
- 2. All committee members please submit your ballots with endowment budget suggestions at your convenience to the office.
- **3.** Please submit an up-to-date member listing for your committee to the office so it can be posted on the church information boards.

MIXED & MEN'S CHOIRS Mixed Choir will meet on Tuesday's at 7:00 pm and Men's Choir will meet on Wednesday's at 7:00 pm.

SENIORS EXERCISE CLASSES Join us every Monday, Wednesday & Friday at 1:00 pm in the Parish Hall. Be Sure to Bring a Friend!

ALPHA RETREAT If you are interested in attending the ALPHA Retreat **Friday November 1- Saturday November 2**, please use the sign-up sheet on the table as you enter the Parish Hall.

ALL SAINTS CANDLES If you have a family member who has died since November 1 2023 and would like to remember them by lighting a candle on November 3rd, please speak with Pastor Scott.

JAM JAR FUNDRAISER The Social Ministry Committee is organizing the annual jam jar fundraiser. The proceeds will be directed to the Good Shepherding Fund this year which helps people in need in our congregation. The campaign starts Thanksgiving Sunday and will conclude on All Saints Sunday and wrap up with a soup and sandwich luncheon with free will offering following worship **November 3**. Please take a jar and return by All Saints Sunday. Cash or cheque is welcome. E-transfer is also available, just note **Jam Jar** in the memo. Please remember to put your name and envelope number in the jar if it is cash so we can add it to your offerings. Thank you for your unwavering support.

NEW EASTERN SYNOD BISHOP CARLA BLAKELY TO VISIT!

On Sunday November 17th at the 10:00 am service Bishop Carla will join us for our blended worship.

ORGAN RE-DEDICATION

The organ re-dedication is scheduled during our 10:00 am worship service on Sunday, November 24th.

PLEASE NOTE THE FOLLOWING CHANGES:

*The Red-Hot Reformation Night Dinner & Fellowship has been changed to Sunday October 27 2024 at 6:00pm.

* The ALPHA Program group will not be meeting on Thursday October 31 2024.

Please remember to submit your November Guiding Light submissions no later than Friday October 16 to the office.

FOOD BANK UPDATE By Debbie

This is the produce collected from our community garden with the vegetables going to the St. Joseph Food Bank: *62 lbs green beans *24 zucchinis *79 cucumbers *14 beets *25 lbs carrots *104 lbs tomatoes *85 lbs potatoes

The clients of St. Joseph's were so pleased to be getting these fresh vegetables. Wilmer Verch also provided me with potatoes, beans, and celery. Thank you Wilmer. Thank you for people who help me with donations of clothes, food, and other things. They are so very appreciated. The congregation of Zion gives me such joy when I am in need of things. Also, milk bags, grocery bags and bottles are always needed.

Thank you so much! *Debbie Sitkiewicz*

A MESSAGE FROM THE FOOD BANK The ZLW is asking Zion members to support the St. Joseph's Food Bank as we approach the season of Thanksgiving. The food bank will accept all food items, except ones that the 'Best Before' Date has passed. Food donations have not been sufficient enough since Covid. We rely heavily on monetary donations so that our buyers can purchase items that are not donated to make up decent hampers for the clients. Our Food budget for this year is \$292,000.00. Our community is very generous to the food bank and we do receive substantial funds from local stores, local organizations, and local food drives. Food Items that are always needed include: For kids lunches: juice boxes, pudding cups, *granola bars (*peanut free), snacks (Bear Paws, Rice Krispie squares, apple sauce cup, etc.) For families: Canned Soup, Cereal - low sugar, Jam, Cheese Whiz, Potatoes, Instant Coffee or Regular coffee, Kraft Dinner, macaroni / spaghetti, Wieners. Things we buy in bulk from donations and will gladly accept any of these as well: canned and fresh veggies, hamburger, milk, eggs, bread, butter, margarine, tuna, Flakes of Ham, canned fruit, canned protein - beef stew, Irish stew, chili.



CONTACT INFORMATION

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