

# THE GUIDING LIGHT

January 2023

"Celebrating God as We Serve Others"

## From Our Pastor

### Lent- Spring Cleaning for the Soul

Dear Sisters and Brothers in Christ,  
As we anticipate a time of reflection during the Lenten season, we prepare our hearts for a time of reflection, repentance and a so-called "Spring Cleaning for the Soul." We will enjoy Shrove Tuesday together as a way of indulgence and reminder of the many blessings we enjoy in abundance, and then we will move into Ash Wednesday. And on the first day of Lent, Ash Wednesday, hundreds of millions of Christians receive ashes on their foreheads in churches all over the world.

The Monthly Newsletter of  
Zion Evangelical Lutheran Church  
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#### Pastor Scott's Contact Information

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Office Hours: Monday, Wednesday &  
Thursday – 9am – 12 noon

Why ashes? Since Old Testament times, ashes have been used as a symbol of mortality. When ashes are placed on our foreheads we hear the words: "Remember that you are dust and to dust you shall return." It's a reminder that the world, that often seems so important to us at this moment is passing and we need to give more thought to what comes at the end of our earthly life, which is: eternal life.

Ashes are also a sign of our need for repentance and a heartfelt acknowledgment that we are sinners and fall short of the glory of God. To many in the modern world, the very concept of sin seems old-fashioned. Yet, sin is part of our human nature, brokenness is our human condition and we NEED Jesus. We need to repent and trust the Triune God (Father, Son and Holy Spirit) will show up for us again and again.

If you intentionally hurt a good friend, whether you are religious or not, something deep inside of you tells you that you need to say you're sorry. What's more, whether you say it out loud to your friend, or just think it to yourself, you'll resolve not to hurt them again. But chances are good that someday you will. And that is similar to the all-too-human cycle of sin and sorrow and sinning again.

As the Church points out, we are all sinners and we all need repentance. We all need to confess our sin and sinfulness and ask for God's forgiveness. And as people of the resurrection, we trust and lean into God's gift of abundant grace. Lent gives us an intentional time of the year to do just that (although our prayer is that we practice confession/repentance year-round).

The word "Lent" comes from an old English word for springtime. Think of it as a form of spring cleaning for the soul. In the early years of the Church it was confined to a few days before Easter. But by the fourth century it was extended to forty days before Easter, a period associated with the forty days and nights that Jesus spent in the desert, tempted in the wilderness, just after his baptism (Matthew 4:1-11). "Forty days before Easter" may be somewhat misleading. The Church doesn't count Sundays among the forty days, so the period of Lent, lasting from Ash Wednesday through Holy Saturday, actually covers 46 days. Whether 40 days or 46 days, in the great scope of things Lent is a momentary pause to rethink the fundamental purpose of our lives. But it can also be the occasion of a momentous transformation; a first step on the path, at the crossroads, of becoming the people God has called us to be. I'll see you at the crossroads of this journey.

*"You are my righteousness, I am your sin In Christ we can become what we were not. Amen! Lord Jesus, You are my righteousness, I am your sin. You took on you what was mine; yet set on me what was yours. You became what you were not, that I might become what I was not."*

- Lent Prayer- Martin Luther

Pastor Scott

## Worship Services at Zion

### January

Sunday Mornings at 10:00am with Sunday School

Wednesday January 11 10:30pm Midweek Morning Worship

Wednesday January 25 10:30pm Midweek Morning Worship

Sunday January 22 12:00pm Living Stones Worship Service

Healing Service Sunday January 22 10:00am

### February

Sunday Mornings at 10:00am with Sunday School

Wednesday February 15 10:30pm Midweek Morning Worship

Sunday February 19 12:00pm Living Stones Worship Service

Tuesday February 21 6:00pm Shrove Tuesday

Wednesday February 22 7pm Ash Wednesday Service

**All Sunday Morning Services are available on Cogeco TV on Sunday mornings as well as our Youtube Page and after the service on the Facebook page.**

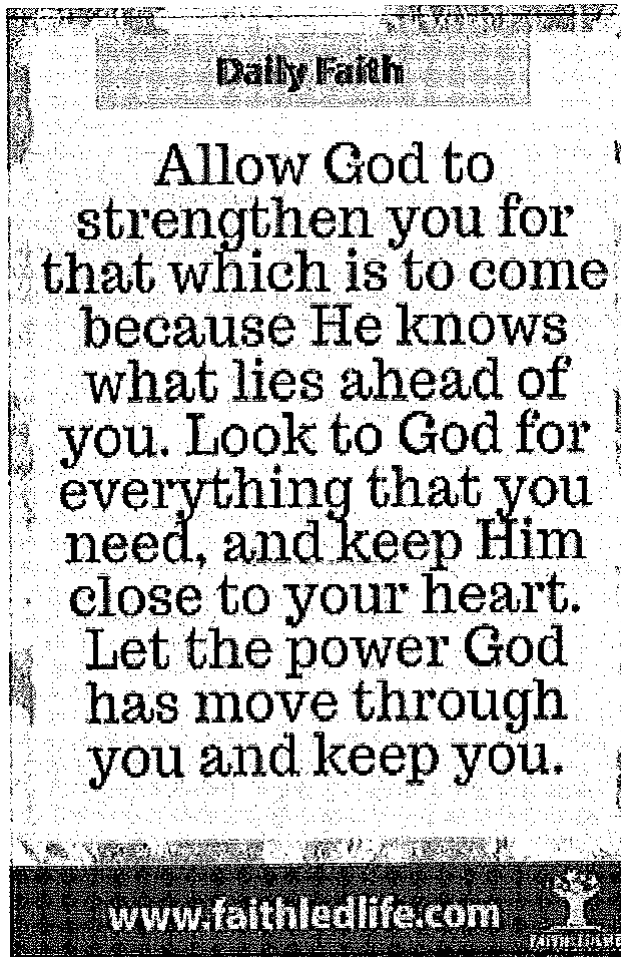
**Youtube (livestreamed): Zion Lutheran Pembroke**

**Facebook: Zion Lutheran Church Pembroke, ON**

**Cogeco: Community Channel and broadcasts previous week's service**

# RECORDING OF SERVICES TO LIVE STREAM/YOU TUBE/COGECO VIEWING

Our recording team has been working diligently bringing our worship services into the homes of our people for the past couple of years. It is a growing ministry and was very helpful especially during covid. The average views on You Tube in the past 6 weeks has been 109. This means a minimum of 109 people, couples could be watching together, some people may also watch a certain part of the service over which would also be counted as a view. The service is also played on Cogeco and this is not included in the count. We thought that you may like to know this statistic in this changing world dynamic. This is a valuable ministry reaching many people with the love and hope God brings



Most of us spend years chasing things in this world that we think will make us feel loved. But everything this world has to offer is temporary. Everything. The kind of love our souls crave is lasting, eternal. And only God can fUllup our hearts with that kind of love,

Lysa rerK tlr\$!

# CONGREGATIONAL TABLE TALKS

## Table talk

JOIN US AFTER WORSHIP ON  
JANUARY 8 2023 TO SHARE YOUR  
IDEAS FOR ZION AND TO LISTEN TO  
OTHERS.



From Your Treasurer,

Zion's Income and Expenses as of Dec.15,2022

The weekly amount of \$5,590.20 is needed to cover our budgeted costs. Of this weekly amount \$4,394.23 comes from PAR and regular offerings and \$1,195.97 comes from hall rent, general reserve, house rentals, solar panels and other revenue

Offerings	212,870.72
Missions and Outreach	4,522.00
Other Donations	4,213.86
Solar Income	13,195.98
Other Earned Income	14,626.76
Fundraised for general use	0.00
Total Income to Dec.15	249,429.32
Benevolence Expense	16,000.00
Directed Gifts Expense	3,480.00
Committees Expense	4,701.31
Utilities Expense	21,216.90
Church Insurance	19,631.16
Property Maintenance	13,853.83
Other Operating Expense	37,672.97
Net Payroll	92,648.72
Benefits Expense	43,405.89
Expense Total to Dec.15	252,610.78
<b>Net as of Dec.15, 2022</b>	<b>(-3,181.46)</b>



To all that attend Zion,

**AS YOUR TREASURER I WOULD ASK THAT YOU SUPPORT THE GENERAL FUND AT THIS TIME.**

I want to share with you that 2 members who have passed away in the past year remembered the church with a gift from their estate. Keith Schleen and Verner Meitz. They loved God and our church and were always there to help. In these trying times, it is important to remember the church in your last will and testament. The church is always there for us even though we may not always agree with everything and the direction it takes. It is God we serve and who we are supporting. I take a simple approach to the question Jesus would ask me: have you done all you can for the church? I would answer no, but I will keep trying. Sometimes we distance ourselves because of disagreements and feeling wronged by others. As Christians we need to forgive one another and not hold onto grudges. When our unity erodes, everything that we know and love within the church will also disappear. Remember the church, *please*, so that we can continue to serve the Lord and our community.

If you cannot attend, we have set up e-transfer to the church's office e-mail [zionoffice@nrtco.net](mailto:zionoffice@nrtco.net) for online donations. You can still mail your cheque or arrange to drop off at the office. Pre-Authorized Remittance (PAR) is another way to give weekly whether you're away or here. Contact the church office at 613-732-8792 for more information. Thank you for your prayers and continuing support. May God bless you and keep you safe,

Your treasurer, Gerry Vandersleen

# Living Stones Worship Services

**Second Sunday of the Month 12:00  
noon in the gym (January 15 and  
February 12)**

The Bible says we are

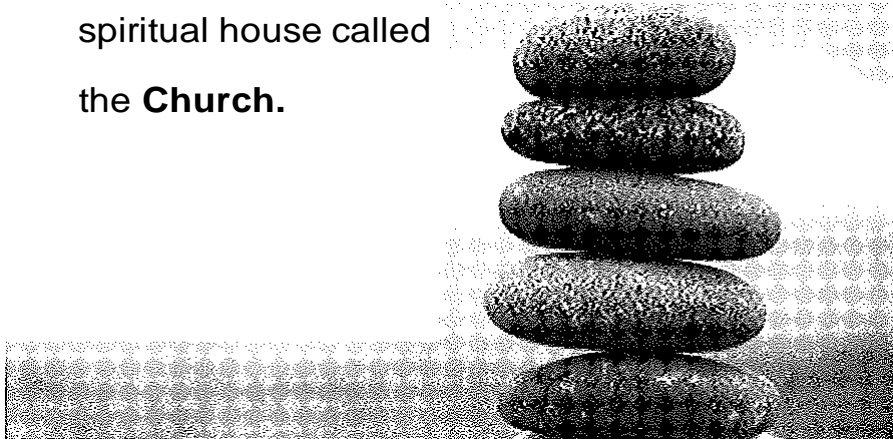
*"living stones"*

under construction,

being built into a

spiritual house called

the **Church**.



Join us for a different kind of worship service! This all ages, intergenerational gathering will meet in the gym and worship with music, prayer, stories, and active experiences. You are invited to bring a non-perishable item to share with the food bank as part of your offering.

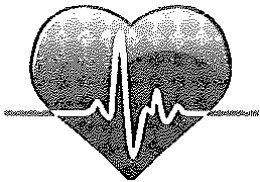


Food    Crafts    Story  
Games    Fun  
Free!

Join us  
Monday January 9 and Monday February 6 from  
530pm to 730pm  
for an evening of so much FUN!  
Bring a friend!

All ages from 1 month to 110 are welcome!

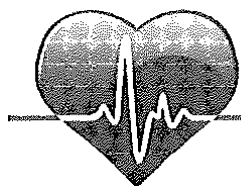
***PULSE MINISTRIES***



***ZION LUTHERAN CHURCH***  
***PEMBROKE***

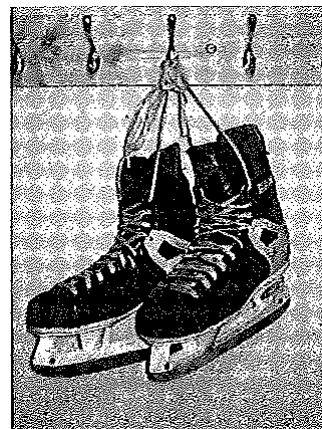


## Pulse Youth Group



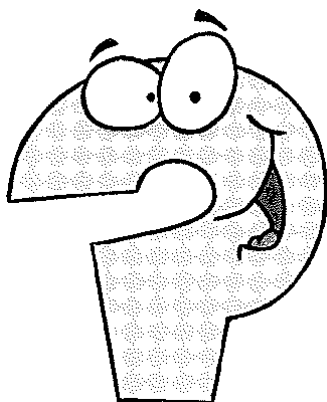
The youth group is for young people ages 11-17. Please join us for these activities in January and February.

**Skating Party at Rotary Park- Wed. January 18** all young people and parents are invited. Hot Chocolate and goodies will be served at Pastor Scott and Pastor Sue's (524 Mary St.) afterwards. Begins at 615pm. There are plenty of parking spots on Mary St.



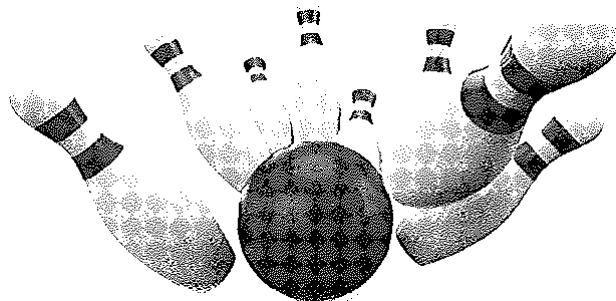
### **Mystery Night at the Church - Friday January 27**

**6:30-9:00pm-** Bring a friend for a night of the unknown. Will there be a discussion? Will there be games? Will there be music? Will there be a movie? Will there be karaoke? Will there be sports? Will there be snacks? Of course, there will be snacks. Everyone bring your favorite snacks and your favorite friend!



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**Youth Group Bowling Friday February 17 - 6:30-9:30pm-**Youth are invited to come bowling at the Bowling Opeongo Bowldrome in Renfrew. We will leave from church at 6:30pm. Cost is \$5.50/per game and \$2 shoe rental. Bring \$20. Need notice if you are coming to book a lane.





# ***Zion Lutheran Women***

*Please join us on*

***Wed. February 1, 2023***

*At 2:00 pm*

*Valentine Tea*

*Games & Love Songs*

*Coffee and snacks to follow!*



Lent begins on February 22 with an  
**Ash Wednesday service at 7pm.**

Each week following on Wednesday evenings  
until March 29 there will be a **worship Service**  
**at 7pm.**

**Soup and Sandwich Suppers** will

take place prior to worship  
beginning at 6pm.



Volunteers will be needed. Six  
people will be needed to prepare.

Three people will prepare soup and three  
people sandwiches. No desserts are required.

# Finding Jesus in the Psalms

## A Lenten Bible Study by Barb Roose



**A meaningful encounter with Jesus and the Psalms through the season of Lent with Barb Roose.** Barb Roose guides the reader through a meaningful encounter with the Psalms through the season of Lent. Combining an interpretation of the psalms with real life stories, the study moves through the familiar words of Psalm 23 toward the painful cries of Psalm 22 uttered by Jesus on the cross. The study includes reflections on the life of King David and the original context of the writings, along with connections between the psalms and the life and death of Jesus the Messiah." The Psalms provide a perfect framework for experiencing Lent through the verses that were Jesus's own scriptures, offering both him and us strength and wisdom in a painful and redemptive season. The Book of Psalms hums with the heartbeat of our humanity with divinely inspired words that find purchase in the tenderest places in our hearts when our human words or wisdom fails us." Barb Roose

**When: Weekly on Thursdays at 1000am  
February 23 to March 30.**

**Cost for the Study Guide \$20**

**Please let Pastor Scott know if you would like a study guide by  
Feb 6.**

# What is your Lenten Discipline?

Lent is a time of fasting and repentance. During this time many abide by the practice is to "give up something" for the 40 days of lent. What are you going to give up?

Consider this:

During 40 days of Lent collect one canned item of food each day for the St. Joseph's Community Foodbank.

Grains - Cereal, rice, pasta, oats, granola bars, and flour

Proteins - Canned fish and meat, fresh meat and poultry, eggs, beans and legumes, and peanut butter

Fruit and vegetables - Fresh and canned fruits and vegetables, and children's snacks

Special diet foods - Diet-specific food (e.g. low-sugar, gluten-free, dairy-free, etc.), culturally appropriate food (e.g. halal, kosher, etc.), vegan and vegetarian options

Pantry staples - Soup, pasta sauce, stews, chili, and prepared meals

Household and hygiene items - Toilet paper, cleaning products, toothpaste, deodorant, tampons, etc.

Or consider this:

During the 40 days of Lent remove one item of clothing from your closet or dresser and donate 40 items to a shelter.



# Notes and News

## **Request from Church Office**

I have a small request to make of everyone who donates (or has family members who donate) to the church through e-transfer. With the increase of e-transfers to the church (especially, when someone dies), the job of getting income tax receipts to these individuals is getting increasingly more difficult. Please, when you or a family member or friend makes a donation to Zion, please include your mailing address in the message area (if we do not already have it on file). This way, an income tax receipt can be easily mailed to the donor.

## **Used Postage Stamps Wanted**

Used postage stamps to support "On Eagles Wings" who are volunteer Bible Camp teams who fly north from Yellowknife, NWT to the far reaches of the Mackenzie Delta and teach the Inuvialuit people and children about Jesus. Please leave the used stamps in the "Used Postage Stamp" box located at the front entrance of the church.

## **Gifts From The Heart**

Give Gifts from the Heart this Christmas. Canadian Lutheran World Relief's new "Gifts from the Heart" catalogue has something to inspire and delight anyone on your list this year. It's full of meaningful, tangible gifts that will touch your loved ones and share God's love with the world! Copies are available to be picked up in the sanctuary, by emailing [clwr@clwr.org](mailto:clwr@clwr.org) or you can shop online at [clwr.org/GFTH](http://clwr.org/GFTH).

## **Confirmation Classes**

During the month of January, Confirmation Classes will run on the 11<sup>th</sup>, 18<sup>th</sup> and 25 at 6:15pm every Wednesday at the church.  
During the month of February, Confirmation Classes will run on 1<sup>st</sup>, 15<sup>th</sup> and 22<sup>nd</sup> at 6:15pm

## **Congregational Table Talks**

Please join us after Worship on January 8<sup>th</sup> 2023. Bring your ideas and listen to others for Zion

## **Shrove Tuesday Pancake Dinner**

A Shrove Tuesday Pancake Dinner will be on Tues February 21 2023 @ 5:30-6pm.  
Come Feast before the Fast!

## **Ash Wednesday Service and More**

Ash Wednesday Service will be held on Wed February 22 2023 @ 7pm.  
Midweek Lenten Services will be on following Wednesdays @ 7pm, starting on Wed  
March 1 2023  
Lenten Soup and Sandwich Suppers will be held on Wednesdays beginning Wed  
March 1 2023 @ 6pm

## **Lenten Bible Study**

Lenten Bible Study will be starting on Thurs February 23 and every Thursday until  
March 30 @ 10am

## **Messy Church**

Messy Church is another alternative, in addition to Sunday School (not in place of),  
that is held in the evening once a month. It includes Food, Crafts, Games, Faith Talk,  
and Fun! It is for all individuals young and old. The next events are January 9<sup>th</sup> and  
February 6 at 5:30pm.

## **Youth Group**

Wed January 18<sup>th</sup> 2023 @ 6:15pm - Skating Party@ Rotary Park - Hot Chocolate  
and goodies afterwards at Pastor Scott and Pastor Sue's house.  
Fri January 20<sup>th</sup> 2023 @ 6:30-8pm - Mystery Night at the Church. Bring a friend!  
Fri February 17 2023 @ 6:30-9:30pm - Bowling at the Bowling Opeoongo  
Bowldrome in Renfrew

## **Living Stones Worship**

The "Living Stones" worship will be on January 15<sup>th</sup> @ 12pm and February 19 @  
12pm. You are invited to bring a non-perishable item to share with the food bank as  
part of your offering

# January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>   	<b>2</b>	<b>3</b> 9:30am Tai Chi <b>7pm Narcotics Anonymous</b>	<b>4</b> 12:30pm Staff Mtg. <b>2pm ZLW Mtg.</b> 6pm Confirmation Class <b>7pm Men's Choir</b>	<b>5</b> 9:30am Tai Chi <b>7pm Mixed Choir</b> 7pm Music Healing Vets	<b>6</b>	<b>7</b>
<b>8</b> 10am Worship Service with Holy Communion & Sunday School <b>11am Table Talks</b>	<b>9</b> <b>5:30pm Messy Church</b> 7:30pm Worship & Music	<b>10</b> 9:30am Tai Chi <b>7pm Worship &amp; Music Cte. Mtg.</b> 7pm Narcotics Anonymous	<b>11</b> 10:30am Midweek Worship <b>2pm Social Ministry Mtg</b> 6:15 – Confirmation Class <b>7pm Men's Choir</b>	<b>12</b> 9:30am Tai Chi <b>7pm Mixed Choir</b> 7pm Music Healing Vets	<b>13</b>	<b>14</b>
<b>15</b> 10am Worship Service with Holy Communion & Sunday School <b>12 pm Living Stones Worship Service</b>	<b>16</b>	<b>17</b> 9:30am Tai Chi <b>7pm Council Mtg.</b> 7pm Narcotics Anonymous	<b>18</b> <b>12:30 Staff Mtg.</b> 6:15pm Skating Party Rotary Park <b>7pm Men's Choir</b>	<b>19</b> 9:30am Tai Chi <b>7pm Mixed Choir</b> 7pm Music Healing Vets	<b>20</b> <b>Guiding Light Deadline</b>	<b>21</b>
<b>22</b> <b>10am Healing Service</b> <b>12pm Living Stones Worship Service</b> 2pm Service @ Riverview Heights	<b>23</b>	<b>24</b> 9:30am Tai Chi <b>7pm Narcotics Anonymous</b>	<b>25</b> 10:30 Midweek Worship. 7pm Men's Choir	<b>26</b> 9:30am Tai Chi <b>7pm Mixed Choir</b> 7pm Music Healing Vets	<b>27</b> <b>6:30-8pm Youth Group – Mystery Night at the Church</b>	<b>28</b>
<b>29</b> 10am Worship Service with Holy Communion & Sunday School	<b>30</b>	<b>31</b> 9:30am Tai Chi <b>7pm Narcotics Anonymous</b>			 	



# January 2023

## **Worship Assistants**

Jan 1 - Lorraine MacKenzie  
Jan 8 - Pastor Sue  
Jan 15 - Ellen Vandersleen  
Jan 22 - Wayne Kirk  
Jan 29 - Pastor Sue

## **Sexton**

Jan 1 - Koit Rull  
Jan 8 - Karen Gauthier  
Jan 15 - David Lehman  
Jan 22 - Diane Hammel  
Jan 29 - Don Boldt

## **Counters**

Jan 1 - Susan Dupuis  
Jan 8 - Susan Dupuis  
Jan 15 - Susan Dupuis  
Jan 22 - Susan Dupuis  
Jan 29 - Susan Dupuis

## **Ushers**

Jan 1 - Allen Rose & Cheryl Sack  
Jan 8 - Doug & Pauline Malliff  
Jan 15 - Pastor Sue & Amanda Campbell  
Jan 22 - Peter & Patti Wegner  
Jan 29 - Stan & Debbie Sitkiewicz

## **Projector Operators**

Jan 1 - Diane Hammel  
Jan 8 - Gerry Vandersleen  
Jan 15 - Zach Phannenhour  
Jan 22 - Rick Gerundin  
Jan 29 - Krista Grosskleg

## **Video Recorders**

Jan 1 - Daniel Reid  
Jan 8 - Ellen Vandersleen  
Jan 15 - Ty Phannenhour  
Jan 22 - Alex Hammel  
Jan 29 - Daniel Reid

## **Sound Operators**

Jan 1 -  
Jan 8 - Gerry Vandersleen  
Jan 15 - Todd Phannenhour  
Jan 22 - Krista Hammel  
Jan 29 -

## **Coffee Hour**

Jan 8 - Patti & Peter Wegner  
Jan 15 - Debbie Sitkiewicz & Pam  
Duplessis  
Jan 22 - No Coffee Hour  
Jan 29 - Denise & Barry Schizkoske

## **Altar Care**

Jan 1 - Sandra Graham  
Jan 8 - Sandra Graham  
Jan 15 - Wendy Schutt  
Jan 22 - Kathy Godin  
Jan 29 - Carol Boldt

# February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 12:30 Staff Mtg 2pm ZLWMtg 6:15pm Confirmation Class 7pm Men's Choir	2 9:30 Tai Chi 7pm Mixed Choir 7pm Music Healing Vets	3	4
5 10am Worship Service with Holy Communion & Sunday School <b>Pastor Scott Bishop's Retreat</b>	6 5:30pm Messy Church <b>Pastor Scott Bishop's Retreat</b>	7 9:30am Tai Chi 7pm Worship & Music Cte. Mtg 7pm Narcotics Anonymous <b>Pastor Scott Bishop's Retreat</b>	8 <b>NO CONFIRMATION CLASS</b> 7pm Men's Choir <b>Pastor Scott Bishop's Retreat</b>	9 9:30 Tai Chi 7pm Mixed Choir 7pm Music Healing Vets	10	11
12 10am Worship Service with Holy Communion & Sunday School 12pm Living Stones. Service	13	14 9:30am Tai Chi 7:00pm Church Council Mtg 7pm Narcotics Anonymous	15 10:30am Midweek Worship 12pm Staff Mtg 6:15pm Confirmation Class 7pm Men's Choir	16 9:30 Tai Chi 7pm Mixed Choir 7pm Music Healing Vets	17 6:30-9:30 Youth Group Bowling Renfrew <b>Guiding Light Deadline</b>	18 6:15pm Youth Group Skating Party - Hot chocolate & Goodies afterwards
19 10am Worship Service with Holy Communion & Sunday School 12pm Living Stones Worship	20	21 9:30am Tai Chi 5:30-6pm SHROVE TUESDAY Pancake Dinner 6pm Shrove 7pm Narcotics Anonymous	22 6:15pm Confirmation Class 7pm ASH WEDNESDAY Worship 7pm Men's Choir	23 9:30 Tai Chi 10 am Lenten Bible Study 7pm Mixed Choir 7pm Music Healing Vets	24 6:30 Pulse Youth Group	25
26 10am Healing Service	27	28 9:30am Tai Chi 7pm Narcotics Anonymous	1 2pmZLW Mtg 6pm Lenten Soup Supper 7pm Lenten Worship	2	3	4

# February Volunteers

## **Worship Assistants**

Feb 5 - Wayne Kirk  
Feb 12 - Susan Dupuis  
Feb 19 - Lorraine MacKenzie  
Feb 26 - Michael Lange

## **Sexton**

Feb 5 - Koit Rull  
Feb 8 (mid week) - Diane Hammel  
Feb 12 - Don Boldt  
Feb 19 - David Lehman  
Feb 22 (mid week) - Koit Rull  
Feb 26 - Karen Gauthier

## **Counters**

Feb 5 - Kathy Godin  
Feb 12 - Kathy Godin  
Feb 19 - Gayle Seegmiller  
Feb 26 - Gayle Geegmiller

## **Ushers**

Feb 5 - Kevin & Jean Rutz  
Feb 12 - Denise Schizkoske & Cheryl Sack  
Feb 19 - Pam Duplessis & Cindy Thrasher  
Feb 26 - Stan & Debbie Sitkiewicz

## **Projector Operators**

Feb 5 - Diane Hammel  
Feb 12 - Rick Gerundin  
Feb 19 - Zach Phannenhour  
Feb 22 - Diane Hammel  
Feb 26 - Krista Grossleg

## **Video Recorders**

Feb 5 - Daniel Reid  
Feb 12 - Ellen Vandersleen  
Feb 19 - Ty Phannenhour  
Feb 26 - Krista Hammel

## **Sound Operators**

Feb 5 -  
Feb 12 - Gerry Vandersleen  
Feb 19 - Todd Phannenhour  
Feb 26 - Krista Hammel

## **Coffee Hour**

Feb 5 - Jill & Al Kellough  
Feb 12 - Kathy Hoffman  
Feb 19 - Patti & Peter Wegner  
Feb 26 - Debbie Sitkiewicz & Pam Duplessis

## **Altar Care**

Feb 5 - Sandra Graham  
Feb 12 - Sandra Graham  
Feb 19 - Wendy Schutt  
Feb 26 - Kathy Godin