

The Guiding Light

Celebrating God As We Serve Others July 2021



The Monthly Newsletter of
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From Our Pastor

Lost, Found, or Moving Along?

It has been one month since I answered the call to serve as Pastor of Zion. After two funerals in the first ten days, life slowed down, I have gotten settled in the office working with a couple of committees, and Jean our secretary and Blaine our musician. It has been interesting working with the multi-media, remembering I am always on camera, and preaching to an empty church. Thank goodness we are back to in-person worship once more.

I also have been living at Camp Lutherlyn during this time as Pastor Sue and I do not take possession of our new house until July 15. I feel a little unsettled because everything is in storage. So, a few weeks ago when we were able to slip up to our cottage on Stoney Lake where I could find everything, it was very calming.

Our simple cottage is on waterfront. Whenever I get a chance to, I take the canoe out. On that Saturday a few weeks ago, I decided to go out on the calm lake

with Sophie my lab for a nice paddle. I decided that I would paddle around five islands that are close together. Sophie scouted the front end enjoying the view as we travelled. I was having a wonderful time until I realized I had no clue where I was. I kept paddling figuring I'd eventually find our bay. Eventually I came to Dunford's Landing a marina that is a twenty-minute drive down the road from the cottage. I knew I was in trouble then. I turned around and started back and came to the Church on the Rock. A church on an island it was at the other end of the lake. Then I headed in another direction and tried to wave down some boaters. They were quite friendly waving back and leaving a wake behind. It wasn't until I was able to wave down a small pontoon boat that a young woman told me to go around the bend and you will be home. She spoke the truth. As Sophie and I pulled into dock, she jumped out of the boat and I could barely slide onto the dock. My legs were as dead as was I.

When you are out on the lake surrounded by water you sure think a lot. I realized in those couple of hours that I am currently paddling through a sea of unknowns at Zion. There will be times when I feel misguided. There will be times when we all might feel that way. Yet we are in this together. There is only one person steering the boat. God will guide us on our journey and show us where to go. I trust that on this journey we will experience new life, new hope, and new opportunities. We have only Just begun.

Happy summer!

Pastor Scott





Minutes

Zion Evangelical Lutheran Church
454 Miller Street
Pembroke, Ontario

Church Council Meeting Minutes
May 10, 2021

Present: Chair Susan Dupuis, Pastor Leena Jensen (interim pastor).

Members: Karen Gauthier (secretary), Jill Kellough, Kathy Nieman, Denise Schizkoske, Gerry Vandersleen (treasurer), Diana Wegner, Patricia Wegner.

Excused: Rick Gerundin, Scott Lange.

Opening: The meeting was opened at 7:05pm (via Zoom) by Susan Dupuis. Opening devotions were given by Pastor Leena.

Approval of Agenda: The agenda was reviewed. Additions/changes: coffee bar; request from cemetery committee.

Motion to approve agenda: Karen Gauthier.

Seconded: Jill Kellough.

Approval of Minutes: The previous council meeting minutes of April 13,,2021 were reviewed. Minor revisions were made.

Motion to approve minutes: Kathy Nieman.

Seconded: Patti Wegner.

Finance Report: Gerry Vandersleen gave the finance report. Income statement: regular offerings are the same. Total revenue is down (one of the reasons being there have been no parish hall rentals). Food bank donations are down this year to date, although some funds went to the food bank from the endowment fund. The church has officially changed to a local insurance carrier (The Cooperators). Communication with the local insurance rep is very good. Our cost is down slightly from AON Reed Stenhouse. They were also extremely difficult to communicate with. Operating expenses are down, salary, payroll, and benefit expenses are down. The church is in a surplus situation at present but only because of an absence of a fulltime pastor.

Pastor's Report: Our interim pastor, Leena Jensen, gave the following report... We continue in the current lock down by having services recorded and uploaded to the internet and to Cogeco TV community. Funerals and Interments

1. -May 2 Graveside funeral held for Leona Hein, at Boundary Rd. Cemetery
-May 13- Interment and Graveside funeral for Joyce Scheunemann to be held with Pastor Goos presiding.
-May 12 Interment for Harold Hampel to be held at Zion Cemetery on TV Stn. Rd.
2. Confirmation of the current Youth has been scheduled for the fall time, in hope that we will be back to in person worship with better numbers. It would be unfair for the youth and their families to be restricted in attendance for this special occasion. The provincial government is also extending the Stay at Home order to June 2.
3. Our last schedule confirmation class for May 16 via Zoom, which will be a kind of wrap up with review of their lessons. What I will do is provide Pastor Scott with a summary of their classes that Pastor Stephen and I have had with the Youth. I have encouraged youth to get to know Pastor Scott and I am sure he will gather with them before confirmation.
4. Worship Services for the month of May had been scheduled prior to the shut down. I replaced Rev Reble on May 2 and also Rev Adam Snook on May 23, Pastor Jim Goos for May 9 and 16th and Deacon Pamela Harrington for May 30.
5. This month brings me to the end of my Interim position. It has been a pleasure serving Zion Church during these past 5 months. I look forward to a continued relationship with Zion and Pastor Scott. With really not knowing what the future holds in way of how churches will continue and survive, it would be nice to see Pembroke and area churches taking on projects together, whether in social justice or Youth. I believe there is potential for different ways of coming together as a Lutheran church body in unity.

Correspondence: No correspondence.

Committee Reports:

- **Property-** Gerry Vandersleen presented a property update. Gerry and Wilmer Verch met with the food bank group and discussed possibilities with our property regarding future locations for the food bank. The church parking lot will be swept. New lights have been purchased for balcony but will need to be installed. The water hydrant for our community garden will be hooked up soon.
- **W & M-** Blaine had indicated that the tuning of the piano will be done on a

Tuesday when no one else is present at the church.

Ongoing Business:

- **Request from Camp Lutherlyn** - a letter was received from Camp Lutherlyn extending thanks for Zion's financial assistance in 2020. As Zion is the supporter of Cabin 8, help will be required in the summer for some maintenance on the cabin. Some underbrush and small trees will need to be cleared, along with removal of sand around the cabin. Last year, Ingrid Trautrim and Diane Hammel painted the outside of Cabin 8 and started some of the inside painting.
- **Update on Membership List**- some people have indicated they would like to remain on the membership list and start attending services again when services resume. The next step is to update our active membership list.
- **Coffee bar**-some of our members have been volunteering at the Covid vaccination clinics. Various agencies and individuals have donated snacks, lunch, drinks. Kathy Godin of Smittys Home Hardware has donated a coffee maker and Susan and Debbie Wegner have purchased coffee supplies on behalf of the church for the volunteers. Susan indicates they have enough supplies to last until July, at which time further donations of coffee supplies would be appreciated.
- **Request from the cemetery committee**- Zion requires another volunteer on the cemetery committee. Anyone who is interested can contact Susan for further information.
- Denise added that Mrs.Metzger donated *Our Daily Bread* devotionals to our shut-in members this past month.
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Adjournment: *The meeting adjourned at 7:55pm. Motion to adjourn: Denise Schizkoske. Seconded: Diana Wegner.*

The next Church Council Meeting is scheduled for Monday June 14, 2021 at 7:00 pm.

Devotions will be given by: Jill Kellough.



W & M Meeting Minutes - Monday, June 7, 2021
Celebrating God As We Serve Others

Present: Gayle Seegmiller, Pastor Scott, Emma Rabishaw, Debbie Wegner, Blaine Sack, Koit Rull, Carol Boldt, Ellen Vandersleen, Joan Lehman

Absent: Scott Lange

Welcome and Opening Devotions: Gayle welcomed Pastor Scott and the committee. opened the meeting with a prayer.

Approval of Agenda: Approved

Approval of Previous Month's Minutes: Completed online

Committee reports:

Blaine Sack: Church Musician

- The grand piano was tuned on May 11th by Ottawa Piano. The cost for tuning was very reasonable. The committee recommended that we continue using the same tuners in the future.
- A log book, similar to the one used for the organ, will be used for the grand piano. Maintaining a constant temperature is essential to ensure both the piano and organ are working well.
- Blaine has contacted Casavant to schedule a date and time for the organ to be tuned.
- He has resumed in person organ and piano lessons
- Blaine registered for the Summer Institute of Church Music Conference. This year the event will take place virtually from July 5th - 8th. The cost for registration is \$300.00 which includes access to a recording of the event.

Pastor Scott:

- Pastor Scott expressed his thanks to those involved with worship and music on Sunday.
- He is impressed with Zion's recording equipment and looks forward to live streaming worship.
- Facebook and Webpage are both tools that are important to the life of the church. He shared his thoughts on how these tools should be used and would like to take on the responsibility of looking after these sites. Gayle and Pastor Scott will meet to discuss how best this can be done. These tools are a great way to reach people from around the

world!

- Live streaming is coming! It will have a big impact by allowing a wider sense of community as people can view the church service in real time.
- He and Blaine are talking about using other settings from the ELW and WOV in the future.
- He expressed interest in worshipping at Camp Lutherlyn or other outdoor spaces.
- He received a request for a children's message. He shared several ideas and will try to make something happen.
- He expressed his views on communion and believes it should be celebrated in community with one another. He does not believe virtual communion is something that should be done. While we wait for the church to reopen, we can fast. Then, when we celebrate the Lord's meal together again, it will be more fulfilling.
- Pastor Scott shared he is very approachable and open to doing creative things in worship. He will be honest about your ideas and is willing to work together to possibly make them happen.

Cogeco

- Susan Dupuis will contact Cogeco to discuss having worship services broadcasted at consistent times. Once the times are known they will be put in the bulletin. Please note: services are aired from the previous week's service.

Confirmation:

- Due to Covid restrictions confirmation did not happen as planned
- Pastor Scott will meet with Pastor Leena to arrange a confirmation date for the fall

Reopening of the Church:

- The church can reopen at 15% capacity
- The opening date for Zion will be June 20th.
- Debbie and Gayle will work with City Hall to determine capacity
- During this reopening phase, registration will be required. Please contact the church before noon on Thursdays to register.
- If registrations exceed capacity, it may be necessary to ask people to alternate Sundays. The committee thanks everyone for their understanding and willingness to accommodate others while we move through the reopening phases.

Next Meeting:

- **Tuesday, September 7, 2021 @ 7:00 p.m.**

Notes & News

Website Update

It's time to update our pictures for the website....our church family during the pandemic please email them to Jan.scheidt21@gmail.com or call 613-732-8792 so that we can make arrangements to come take your picture! Thank you!

Used Postage Stamps Wanted

Used postage stamps to support "On Eagles Wings" who are volunteer Bible Camp teams who fly north from Yellowknife, NWT to the far reaches of the Mackenzie Delta and teach the Inuvialuit people and children about Jesus. Please leave the used stamps in the "Used Postage Stamp" box located at the front entrance of the church.

September Rally Day at Camp Lutherlyn!

On Sunday September 12 we will be holding worship and hopefully a picnic at the Camp. Tell your family and stay tuned for more info.

Council Retreat September 10-11 Camp Lutherlyn

The council will be retreating Sept 10-11 to refocus our commitment to ministry as we come out of Covid. We have all been on "sabbatical" and are itching to get active again. Council can't wait to set the vision for us all.

Visits with Pastor Scott

Pastor Scott is more than happy to visit in-person with you. In the short-term until restrictions loosen he would prefer to meet in open spaces like your backyard.

Pastor Scott on holidays July 12-18 so that he and Pastor Sue can move into their new house!

Upcoming Baptisms

July 25 - Wieland Baptism

August 1 - Daley Baptism

Upcoming Weddings

August 21 – Harrigan – Renaud

August 28 – Rutz – McGregor

September 10 – Nagora - Heisler 4:00pm

Confirmation service -tbd- probably Oct 31 Reformation Sunday.

Pastor Metzger celebrated 65th Anniversary of his Ordination June 6 2021

Pastor Metzger was ordained at the age of 25 on June 6 1956. Congratulations Pastor!

Pastor Scott – The Invisible Side – A Life With Epilepsy

One of the first things that I do no matter what parish I have served is to share with others my story of living with epilepsy. Most importantly I do this to assure people that my seizures are generally controlled with medication. I want to help people to understand me and what to do if I have a seizure.

I have lived with epilepsy since I have been ten years old. It is part of my life and I don't remember life without it. Growing up and still today I did everything any other normal child did. And now am pastor of one of the biggest churches in the Eastern Synod.

I would be mistaken if I was not mindful of the limitations that I must honour. Most troublesome for many: I do not have a license. I do not drink with exception of communion wine. I must be smart about keeping a good schedule, getting enough sleep, practice ways to reduce stress and take good care of myself.

Types of seizures and what to do

Now that you know some things about me let me explain the seizures that I experience. There are several types of seizures but for clarity sake I will only share the two types I am familiar with. They are focal absence seizures (formerly called petit mal) and tonic clonic (formerly grand mal) seizures where one goes into convulsions. I experience primarily the focal absence seizures. In fact, it has been so long since my last tonic clonic seizure I cannot recall when it was. The medication works.

Here is a summary of what happens when these seizures happen:

Focal Onset Seizures – most common for me. Most people will never know that I am having these seizures. I appear fine physically. Perhaps I may be dazed staring into space. Often I am disoriented and anxious because I am unfamiliar with my whereabouts. I can carry on full conversations with people most likely not making any sense. I can carry on in a meeting and it may seem that I am simply losing my train of thought. I can fake things really well.

Tonic Clonic Seizures – least common for me. Most visible of all seizures includes twitching, muscle tightening, lack of control of body and complete unawareness of what is happening. Can include foaming of the mouth and loss of control of bladder.

Procedure to help Pastor Scott during seizure

During petit mal seizures

1. Keep calm. If petit mal seizure (focal/disorientated) sit me on a chair safely and someone stay with me until I recover.
2. If in worship when this happens remove me from worship and carry on. Again, someone stay with me.
3. **DO NOT CALL AN AMBULANCE UNLESS I HAVE HURT MYSELF SEVERELY.**

During grand mal seizures (lose muscle control and fall to the ground and spasm)

1. Keep calm. Keep me safe. Clear everything out of the way.
2. **DO NOT** try to hold me down.
3. Loosen clothing around neck.
4. Turn him on my side to prevent me from choking.
5. Place something under my head to prevent me from hurting himself.
6. **DO NOT** stick anything in my mouth.
7. **DO NOT CALL AN AMBULANCE UNLESS THE SEIZURE LASTS FOR LONGER THAN 5 MINUTES OR TWO SEIZURES HAPPEN ONE AFTER ANOTHER.**
8. Find a place for me to rest and lay down as I will be very tired.
9. Someone stay with me until conscious. Keep calm.

No matter the situation when there is seizure activity call Pastor Sue at 905-441-3283.

Discovery At Residential School Heartbreaking

Submitted by Wayne Kirk

One of the greatest deeds we can do in our religious life is to forgive. This story may require a little extra effort. I'm sure our Lord and Creator shows his great empathy towards those who may not yet be Christians in the timeline of this story. How do you explain the disappearance of 215 children and the discovery of their bodies on school property, a place where Indigenous children were supposed to be cared for and educated? Such non-Christian cruel and unforgivable acts. Is this the tip of the iceberg, with many more still somewhere deeply hidden? Maybe not for long. The realization and suffering must be most difficult to accept and understand. What could children do to deserve such a terrible end to their short lives? To change the lifestyles of so many, only to eventually snuff out their existence and any hope for the future. Shame on the cold, unfeeling supposedly responsible caretakers of the nation's young. Will there be exhumations, investigations or explanations as to why? Were they that much of an embarrassment and shame to our white society? Most think these acts only take place in faraway countries. Every society no matter how educated or modern, is capable of such horrific acts. Thank God we have rebounded over the years to help instead of destroy. Not much consolation to those lost young souls in the ground. The next major step should be a collective effort to identify these individuals and establish how the end to their precious lives came about. At 74 how many more terrible surprises will I have to endure? If not already, may they find their rightful place in God's Kingdom. (AMEN.)

July Volunteers

Worship Assistants

July 4 – Wayne Kirk
 July 11 –
 July 18 –
 July 25 -

Projector Operators

July 4 – Krista Grosskleg
 July 11 – Rick Gerundin
 July 18 – Ellen Vandersleen
 July 25 – Diane Hammel

Video Recorders

July 4 – Ellen Vandersleen
 July 11 – Ellen Vandersleen
 July 18 – Ty Phannhour
 July 25 – Alex Hammel

Sound Operators

July 4 – Gerry Vandersleen
 July 11 – Murray Sell
 July 18 – Todd Phannhour
 July 25 – Krista Hammel



Sexton

July 4 – David Lehman
 July 11 – Don Boldt
 July 18 – Diane Hammel
 July 25 – Koit Rull

Ushers

July 4 – Doug & Pauline Malliff
 July 11 – Cindy Thrasher, Debra Wegner
 July 18 – Sonya Grife, Cheryl Sack
 July 25 – Allen Rose, Peter Wegner

Counters

July 4 – Gayle & Larry Seegmiller, Des Schrie
 July 11/18 – Lisa Campitelli, Karen Gauthier,
 David Lehman
 July 25 – Gerry Vandersleen, Wayne & Linda
 Reiche





July 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Read 2 Corinthians 12:2-10	2 Read Psalm 123	3 Read Mark 6:1-13
4 Pentecost 6 10am Worship Service with Holy Communion	5 Kevin & Jean on Holidays Until July 11th	6 7pm Narcotics Anonymous	7 Read Amos 7:7-15	8 Read Ephesians 1:3-14	9 Read Psalm 85:8-13	10 Read Mark 6:14-29
11 Pentecost 7 10am Worship Service with Holy Communion	12 Pastor Scott on Holidays Until July 18th 7pm Council Mtg.	13 7pm Narcotics Anonymous	14 Read Jeremiah 23:1-6	15 Read Ephesians 2:11-2	16 Read Psalm 23	17 Read Mark 6:30-34, 53- 56
18 Pentecost 8 10am Worship Service with Holy Communion	19 <i>Now may the Lord of peace Himself give you peace always in every way. 2 Thessalonians 3:16</i>	20 7pm Narcotics Anonymous	21 Read 2 Kings 4:42-44	22 Read Ephesians 3:14-21	23 Read Psalm 145:10-18	24 Read John 6:1-21
25 Pentecost 9 10am Worship Service with Holy Communion	26 <i>Cast all your burdens on the Lord, and He shall sustain you. Psalm 55:22</i>	27 7pm Narcotics Anonymous	28 Read Exodus 16:2-4, 9-15	29 Read Ephesians 4:1-16	30 Read Psalm 78:23-29	31 Read John 6:24-35